

**The Presence of Other Worlds in  
the Psychotic Mind**

**– and lessons for the rest of us**

**An update of Dr. Wilson Van Dusen's**

**THE PRESENCE OF SPIRITS IN MADNESS**

**Jerry Marzinsky, M.Ed, CPC & Sherry Swiney**

**Update of Wilson Van Dusen's  
THE PRESENCE OF SPIRITS IN MADNESS,**

**A chapter in his book,  
"The Presence of Other Worlds"**

**By Jerry Marzinsky, M.Ed, CPC  
Contributing author: Sherry Swiney**

## **Dedication and Acknowledgments:**

I would like to dedicate this update of the memory to Wilson and to his wife Marjorie. I also thank Sherry, my partner in the struggle to reveal our findings to the world. Without her ceaseless work, dedication and encouragement this article and many others I've written would not exist. My other work may be found at Sherry's website [www.keyholejourney.com](http://www.keyholejourney.com) in the paranormal section.

I am indebted to Frank Rose, previous pastor of the Swedenborgian Church in Tucson, for putting me in touch with Dr. Van Dusen. Without Frank, I would not have received the confirmation required to write this paper.

I especially thank the [Swedenborg Foundation](#), namely the [Off The Left Eye](#) YouTube channel "Swedenborg and Life" hosted by Curtis Childs for interviewing me which has helped spread the information I have on this topic and has already helped a lot of people.

Special thanks to my wife, Maria. Her support throughout this project was invaluable to me.

## **About the author**

Jerry Marzinsky's formal academic training consists of a B.A. in Psychology from Temple University, a Master's Degree in Counseling from the University of Georgia and two years of study in a Ph.D. Psychology program. He is a licensed psychotherapist with over 35 years on the front lines with schizophrenic patients in state hospitals, state prisons, hospital emergency rooms.

In addition to writing articles and doing radio interviews, Jerry is writing a book to finish the one he and Wilson Van Dusen began before Wilson's death.

Jerry's focus has been in resolving the driving force behind paranoid schizophrenia.

Jerry's online radio interviews include:  
Curtis Childs of the Swedenborg Foundation  
James Bartley of Cosmic Switchboard  
Mark Windows of Windows on the World  
Freeman of Freeman TV  
Robert Stanley of Unicus Magazine

Jerry currently lives in Tucson, Arizona with his wife and son.

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**Wilson Dusen (1923-2005) - American Clinical Psychologist (Ph.D. in clinical psychology):**

"I was surprised to hear that there exists a tradition among the students of Swedenborg's religious writings, which says that Swedenborg is not a mystic. For a mystic is obvious; his works actually have been a major contribution to this literature, and mystics often referred to him as one of them. Swedenborg's spiritual works define mysticism in a way that Swedenborg inevitably is a mystic."

## **INTRODUCTION:**

I offer this essay to affirm and update Dr. Wilson Van Dusen's research on the voices schizophrenics hear which he presented in his chapter called **The Presence of Spirits in Madness** in his 1974 book "[The Presence of Other Worlds](#)". His book validates the work of the eighteenth-century Christian Mystic, scientist and philosopher, [Emanuel Swedenborg](#) who produced volumes of profound documentation as a result of reaching into the depths of his own mind and spiritual worlds beyond. Van Dusen's book inspired thousands to look more closely into Swedenborg's work.

In their combined works both Wilson Van Dusen and Emanuel Swedenborg acknowledged that these Voices are conscious spirit beings and not hallucinations or the result of brain malfunctions. My clinical findings corroborate their work. In the process I have discovered important new information about the voices schizophrenics hear and how to weaken and get rid of them. These findings contradict the commonly held belief that paranoid schizophrenics suffer from hallucinations which are a result of a brain misfiring due to a chemical imbalance.

It was decades later while searching for a means to rid my schizophrenic patients of their voices that dealing with these entities became very frightening. There was no one I could speak to about what I was seeing and experiencing for fear of being labeled psychotic myself. Attempts to talk to my wife only terrified her. Speaking with my colleagues was out of the question. There were times I feared I was going mad.

Year's prior while in graduate school I'd read Dr. Van Dusen's book "The Presence of Spirits in Madness" about the conversations he had with the voices of his schizophrenic patients. It was in this work where he saw the marked similarity between the voices his patient's were hearing and Swedenborg's descriptions of evil spirits which substantiated what I was seeing. The voices were not hallucinations. I didn't know if Dr. Van Dusen was still alive, but if he was, I had to find him.

My investigation into this area led me into strange territory for which I had no cognitive map nor did I know the rules. In hindsight, I do not think encountering these events was an accident.

I contacted Frank Rose, previous pastor of the Swedenborgian Church in Tucson who eventually put me in touch with Dr. Van Dusen.

We approached the investigation into the workings of these evil spirits from two different directions. Dr. Van Dusen's approach focused on befriending and speaking with the voices in order to learn more about them. In contrast, I viewed the voices as evil and destructive forces that must be eliminated from my patients quickly and had never considered befriending them.

For almost two years prior to Wilson's death, we utilized information gained by our respective approaches and fashioned different experiments to find out more about how these entities operated and how to interfere with their destruction of the schizophrenic patients they plagued.

## DR. WILSON VAN DUSEN'S LEGACY

Wilson was the first clinical psychologist to discover that the voices his schizophrenic patient's were hearing were indeed entities separate from the stricken individual. It was Dr. Van Dusen's last wish that a book be written to make the world aware of the existence of these entities and bring to public attention that they were the driving force behind paranoid schizophrenia. He was so adamant that the book we started be completed that I kept feeding him information I was gathering on the front lines while he continued writing until he was too weak to type.

For more than a decade since his death, I've continued with the work we started and I am pleased to be able to add critical updated data to the information he presented in his book, "The Presence of Spirits in Madness." We now know much more about the destructive voices which drive this mental disorder, how they operate and how to get rid of them.

It was Wilson Van Dusen who recognized that the voices his schizophrenic patients were hearing exactly matched the detailed descriptions Swedenborg gave for the evil spirits he encountered in his spiritual travels. Although he passed away before his theory about these voices could be proven, one of his final assertions was this: **"If the voices could be gotten rid of by any means, all symptoms of paranoid schizophrenia would follow suit."** Thirteen years after his death I can say we have repeatedly proven this true.

In honor of Wilson Van Dusen and the insights he provided into the unseen schizophrenic world, for his bravery in publishing his findings, and having had the pleasure of knowing and working with him I humbly offer this new information that will most likely never be put forth through mainstream media or the medical establishment for the benefit of all. It was Wilson's last wish that this be done. The information presented here will be anathema to mainstream psychology and psychiatry, which are loath to acknowledge spiritual influence upon human behavior. The material you will be reading here will give a never before seen view of what is actually going on within the psychotic mind and consequently, to different degrees, in the minds of all of us. Gathering this information took over 35 years on the battleground of working closely with potentially violent

criminally insane prisoners and some of the most volatile psychiatric institutions in the country. This includes over 10 years spent working in the emergency rooms of major hospitals as a psychiatric evaluator dealing with explosive psychotic patients being dragged in by the police.

You will not find the information here in any university text.

**For clinicians reading this:** The information presented here deals only with Paranoid Schizophrenia, which is one of the most prevalent within this class of disorders. This entire class of disorders has been pronounced one of the top ten health problems on the planet. For decades the medical establishment has not been able to provide any proof for the mythical chemical imbalance story they have fostered upon all of us. The fact is, they don't even know what the neuro-chemical balance of the brain is, nor do they have any means of measuring it.

## **INTRODUCING SHERRY SWINEY**

Sherry is helping me write this material. She brings a unique and important perspective to this work. While Wilson and I have intensely studied the voices pretty much from the outside looking in, Sherry has experienced them from an insider point of view, as did Swedenborg. As a young woman she struggled with these deadly psychotic voices for decades, at times holding onto sanity by a thread.

I met Sherry over 20 years ago while working in the psychology department in a large state prison. She had built one of the largest prison reform websites in the country. Her day job was working as a civil construction engineer managing multi-million dollar projects all across the country. We worked together on prison reform issues for ten years until one day I began talking about the bizarre behavior of my schizophrenic patients who had listened to their voices and got into trouble. Sherry replied that she knew all about the voices. She called them entities. As a young woman, she'd fought a horrific battle with the evil spirits and won. She did this without soliciting help from psychiatry or psychology and without taking any anti-psychotic drugs. With this revelation about her, our friendship took a different turn. Her story is fascinating and scattered throughout this paper.



During one of the lowest points in her life while undergoing constant attacks from these entities, Sherry tenaciously researched the literature for anything that could explain what was happening to her. At the same time she struggled to complete a college degree in business administration and was taking courses in civil engineering. Even though how the mind operates remains a scientific mystery, one thing was certain for Sherry: the entities attacking her mentally were not hallucinations.

## **TYING SCIENCE AND SPIRITUALITY TOGETHER**

At the age of fifty Swedenborg, one of the most accomplished scientists and scholars of his day abruptly terminated his prodigious study of physical science and mathematics with the realization that the sciences transitioned into the spiritual world. His efforts from that point on were directed toward understanding how the spiritual world operated and how those operations affected the minds of men. When science reaches the end of the material world, it has to go beyond if it is to continue searching for truth. Swedenborg's foray into the spiritual world shows a [remarkable harmony](#) with current discoveries in biology, physics and quantum science. For example:

**In quantum science**, the term nonlocal refers to phenomena taking place outside of the three dimensional realm. Dr. Joe Dispenza a noted neuroscientist brought forth the notion that: “nonlocal communication between systems suggests that the light [a frequency] emitted from our cells may carry information which transcends current mainstream thought about how our biological systems work.

**In spirituality**, nonlocal would refer to heaven or hell as found in one of Swedenborg's most famous works, “[Heaven and Hell – From Things Seen and Heard](#)” originally published in 1758 wherein Swedenborg discovered that God's Holy Word contains deeper levels of meaning, which allow it to convey inexhaustible knowledge. These deeper levels of meaning, jump back toward their origins, lawfully abstract and free themselves from their involvement with time and space. Therefore, the Holy Word, which first existed in a non-material heaven, has a [nonlocal and pre-Planck dynamic](#).

**In this update**, the term nonlocal refers to conscious beings both negative and positive that exists just beyond our visual range and has a long history with humans on Earth. Few have seen them but many

have sensed their presence – their energetic frequency – and millions have heard them in their minds most appearing as their own thoughts. Sherry maintains that every negative thought about ourselves is an insertion by the negative entities attempting to generate the negative emotional energy on which they feed and that these attacks are upon all of us. In their most extreme form these negative entities can be witnessed in the vile voices paranoid schizophrenics hear which have been mistakenly dubbed as hallucinations by the educational and mental health communities. On the opposite side of the spectrum exists powerful positive entities which are commonly referred to as the Little Voice within which require a calming of the mind to clearly hear, urging the individual toward the pursuit of a positive spiritual path. The opposing conditions leave man in a neutral balance permitting him to choose in which direction he would like to move.

## **BEGIN WILSON'S CHAPTER – THE PRESENCE OF SPIRITS IN MADNESS**

Dr. Van Dusen presents a number of cases where his work as chief clinical psychologist in a California psychiatric hospital led to his conclusion that the voices schizophrenics were hearing proved to be conscious entities independent of the patient with whom he could carry on conversations and ask questions. In the series which follows, we will present first what Dr. Van Dusen discovered then move on to update his information with what we have found in the thirteen years of clinical study of the voices after his death as to the patterns the voices run and how they operate. An understanding of how the voices operate is critical to ridding the millions of people whose lives have been taken over by these entities to free themselves. It is also critical to understand that we are all being attacked by these beings constantly and to different degrees. The current state of our planet, the constant warring, TV shows that present a nonstop stream of murders and shootings and a never ending plethora of negative news is hard evidence as to how effective these entities are when science and society deny their existence and allow them to operate unimpeded.

### **Van Dusen**

By an extraordinary series of circumstances a confirmation appears to have been found for one of Emanuel Swedenborg's more unusual

doctrines—that man's life depends on his relationship to a hierarchy of spirits. Out of my professional role as a clinical psychologist in a state mental hospital and my own personal interest, I set out to describe as faithfully as possible mental patients' experiences of hallucinations. A discovery four years ago helped me to get a relatively rich and consistent picture of the patients' experience.

### **Update - Jerry Marzinsky**

How the human mind operates has eluded the conventional medical model which stipulates that man is little more than a biological machine driven by the firing of neurons and chemical reactions.

It should be noted that one major aspect of what Van Dusen considers hallucinations are the voices paranoid schizophrenics hear.

### **Van Dusen**

Though I noticed similarities with Swedenborg's description of the relationships of man to spirits, it was only three years after all the major findings on hallucinations had been made that the striking similarity between what Twentieth-Century patients describe and Swedenborg's Eighteenth-Century accounts became apparent to me. I then collected as many details as possible of his description. I found that Swedenborg's system not only is an almost perfect fit with patients' experiences, but even more impressively accounts for otherwise quite puzzling aspects of hallucinations.

I will first describe how I worked and my findings, and then relate this to Swedenborg's work.

All the people involved hallucinated. They included chronic schizophrenics, alcoholics, brain-damaged and senile persons. The subjects of this study came to the attention of friends or the public because of unusual behavior. The average layman's picture of the mentally ill as raving lunatics is far from reality. Most of these people have become entangled in inner processes and simply fail to manage their lives well. In the hospital most have freedom of the grounds and the average visitor is impressed that, aside from occasional odd bits of behavior, the patients have most of their powers and appear like almost everyone else. Many return home in a month or two, never to

need mental hospitalization again. Some become so enmeshed in inner processes that they slip to lower levels of mental disorder.

### **Update by Jerry Marzinsky**

Although paranoid schizophrenia is the class of schizophrenic disorder where the voices are most prevalent, it is one of the most common. There are many different types of schizophrenia a number of which are not responsive to the information and treatment methods presented here. Among these are the psychotic delusional disorders which are particularly difficult to treat by any means. The findings and information contained here pertain to and are specifically relevant to the treatment of paranoid schizophrenia, a condition where the patients mind is being invaded by compulsive, negative, derogatory, self-defeating and self-destructive thoughts which are virtually identical to the demonic spirits described in Swedenborg's writings.

### **Van Dusen**

Most conceal that they hear and see things because they are wise enough to know the visitor doesn't and wouldn't understand.

### **Update by Jerry Marzinsky**

Wilson brings up a key point here which took me years to fully comprehend. Schizophrenics soon learn that others around them cannot hear the voices that are speaking to them, often abusing or sometimes yelling at them. Attempts to tell others of the vile voices that plague them only serve to frighten and deeply concern friends, family and relatives who begin to view them as sick, crazy, odd, spooky and frightening or possessed. Many find that after telling their families they are hearing voices, they are taken to a psychiatrist who pronounces them insane, tells them their voices are not real, their brain is broken and that they are hallucinating.

The drugs prescribed to them often act as major tranquilizers which turn them into semi-zombies. They learn the hard way that there is no positive outcome in telling others about these voices and for this reason they tell no one what they are going through and they isolate themselves.

In Sherry's case, she was raised in isolation for the first six years of her life and in those years, she was the subject of experimental torture methods and was never allowed to voice her thoughts. The few times she did, such as asking where thoughts came from and what happened to them once were released, she was reminded that no one asked such crazy questions. She grew up knowing that no one was interested in those kinds of things, so she did not discuss her intrusive thoughts with anyone, even as she grew to adulthood. In fact, she did not speak of her experiences with anyone until she learned of my work and finally talked about them with me ten years after we met.

Many of my patients reported that their voices encouraged such isolation by telling them they can't trust anyone and that others are out to get them or kill them. They can hold coherent conversations with their voices.

Gaining the patients trust is essential to any serious researcher studying the voices. When I gave them the benefit of the doubt they were much more willing to speak about their experiences.

When they finally find someone who understands what they are experiencing, they open up with an unbelievable gratitude and eventually a plethora of information.

### **Van Dusen**

None of the patients, at the most severe level of mental disorders could be included in this study because they couldn't describe their hallucinations well enough.

After dealing with hundreds of such patients, I discovered about four years ago that it was possible to speak to their hallucinations. To do so I looked for patients who could distinguish between their own thoughts and the things they heard and saw in the world of hallucinations.

### **Update by Jerry Marzinsky**

I found that the patient being able to distinguish between their own thoughts and those of the voices was critical to their recovery. Sherry

found this ability to be important to discovering what these invasive thoughts were and how to remove them from her life.

Several patients strongly suspected the voices they were hearing did not belong to them despite the fact that they sounded like their own thoughts. They realized at some level that what they were hearing did not correspond to their own intent for themselves.

Patients who came to the conclusion that the voices do not belong to them were more likely to recover than patients who believed their voices were not separate from themselves or were hallucinations.

After many years trying to figure out what was going on with my patients, I had no one to talk to who would understand other than those considered insane. Sherry was a sane person whom I could open up to safely. I was greatly relieved to see that our findings significantly meshed. A powerful weapon Sherry developed to fight back against the entities was similar to a system I'd been using to attack their same vulnerabilities but proved simpler and easier to use.

I extensively tested her "[That's a Lie Program](#)" on psychotic prisoners and found it easier for them to remember and utilize.

### **Van Dusen**

The patient was told that I simply wanted to get as accurate a description of their experiences as possible. I held out no hope for recovery or special reward.

It soon became apparent that many were embarrassed by what they saw and heard and hence they concealed it from others.

### **Update by Jerry Marzinsky**

Many of my patients were also reluctant to discuss aspects of the most grotesque messages. The content of their voices often disturbed, shocked, upset or frighten the patient into a negative emotional state. The more frenzied the emotional state, the more negative energy was generated.

Sherry says: "During the period of time when these dark spirits invaded my consciousness, they inserted unimaginably painful, guilt-

provoking, derogatory and self destructive thoughts into my mind. Their constant assaults hurled me into a deep depression and a confusing, surreal reality for years. The thoughts that appeared in my mind were so negative and alien to all I knew about myself and how I felt about things. I dared not seek the help of a psychiatrist for fear of being drugged senseless and sent to a mental institution. I had no one I could speak to about what was happening who would even remotely understand.”

“I saw no option other than to figure out where these thoughts were coming from and how to get rid of them on my own. I had a strong background in computer programming and a basic knowledge of the electro-chemical workings of the brain. I reasoned that I might be able to program my mind in a similar fashion to how I programmed computers.”

Her struggle to confront these deadly attacks without psychiatric or any other outside help was lonely, risky, dangerous and uncertain.

Sherry says: “I felt the endeavor was akin to climbing Mount Everest alone in a winter blizzard. Stubborn and vigilant, I was determined to figure out where the invading thoughts that relentlessly badgered me came from and how to free my mind of them. At times I felt crushed by the dark spiritual muck being poured like thick molasses over the small spark of soul I sensed was still in me.”

“I listened to the voices saying, *‘The fence line is thin, isn’t it? You know it would be so much easier to take one step to this side where you can relax, just give in and let yourself go crazy. People will take care of you. No more fighting. No more pain. No more worries. You’ll be okay then.’*”

“I was tempted as well as frightened that I might succumb. I concentrated on the tiny light in me that was trying to stay lit and told myself to get up and keep going; that there was an answer and I was going to find it or die.”

“What I learned about these debilitating spirits during my life threatening struggle has been priceless to me and many others who have been willing to listen.”

“I experimented with different ways to mentally overwrite my previous negative programming. Every time the voices inserted a negative thought about me into my mind, I responded with, ‘That’s a Lie’ and immediately rejected it. I noticed that if I consistently stuck with this program, the disturbing thoughts began to weaken and lose ground. As I was slowly able to regain some of my life force back, I was further able to replace negative thoughts with more positive ones. This further weakened the entities. The result allowed me to formulate a clear idea of what had happened to me, what the voices were and how they operated. Putting this knowledge to use, I accomplish something psychiatry insists is impossible: I got rid of the voices on my own without any of their toxic medications.”

### **Van Dusen**

It took some care to make the patients comfortable enough to reveal their experience honestly.

A further complication was that the voices were sometimes frightened of me and themselves needed reassurance. I struck up a relationship with both the patient and the persons he saw and heard. I would question these other persons directly, and instructed the patient to give a word-for-word account of what the voices answered or what was seen. In this way I could hold long dialogues with a patient's hallucinations and record both my questions and their answers.

My method is that of phenomenology. My only purpose was to come to as accurate a description as possible of the patient's experiences. The reader may notice I treat the hallucinations as realities because that is what they are to the patient. I would work with a patient for as little as one hour or up to several months of inquiry where the hallucinated world was complex enough.



## Update by Jerry Marzinsky

My goal was to interfere with the messages the voices were giving my patients so I could help my patients get well. I knew they did not fit the clinical definition of hallucinations. My patients saw the voices as real just as Wilson's patients did.

Sherry calls them entities and thinks of them as alien thoughts. They didn't belong to her and she didn't know where they came from. Swedenborg called them evil spirits. By comparison, mainstream establishment is not interested in learning what the voices are.

Sherry says: "Look around, we live in a society under siege by an unseen dangerous enemy. It is critical that we comprehend that not all of our thoughts are our own. We have all experienced negative thought insertions and have most likely ignored it. It is clearer when out of nowhere a horrible, vicious, demeaning or harmful thought barges into our consciousness unrelated to anything we were previously thinking. Such thoughts are infrequent but are clearly felt by the experiencer as bizarre and bone chilling. These are thoughts that surprise us. Most of us just shake such incidents off somewhat shocked that such an awful idea lunged into our awareness."

"These mental invaders strive to instill paranoia, guilt and anxiety. I eventually learned to send them the frequency of Cosmic Love. This is very different from romantic love, friendship love, neighborly love or family love. It is a frequency that involves no emotions. The easiest way I have found to do this is to simply and calmly say: 'I send you love.' I could not say this from a state of fear, anxiety, worry, anger, or any other negative emotion because that did not work. I had to mean it. They found this intolerable and it prevented them from inserting negative thoughts into my mind. Their inability to do this deprived them of their food. They had to leave or starve."

In [Swedenborgian terms](#), this could be called "the struggle for the mind." Swedenborg felt that none of our thoughts are our own. He believed thoughts flowed into our minds from positive or negative entities outside of ourselves and that we are the choosers of which thoughts we entertain much like tuning into music we prefer on a radio station.

### Van Dusen:

The patients cooperated with me only because I was honestly trying to learn of their experiences. They were not paid or even promised recovery or release from the hospital. Most of my subjects seemed fairly sensible except for the fact of hallucinations which invaded and interfered with their lives.

### **Update by Jerry Marzinsky**

The patients I selected seemed sensible as well. They wanted to know more about their voices and were willing to cooperate. I relied on the reports of that group of patients who were willing to tell me exactly what their voices said in response to the methods I used to try to disrupt them. By this method, I discovered that the content of their voices were very similar in nature. They were negative, shocking, frightful and derogatory. It was also clear that their voices responded to the different methods of disruption with almost identical volatility.

### **Van Dusen**

On several occasions I held conversation with hallucinations that the patient himself did not really understand. This was especially true when I dealt with what will be described as the higher order hallucinations which can be symbolically rich beyond the patient's own understanding. There was great consistency in what was reported independently by different patients.

I have no reason to doubt they were reporting real experiences. They seemed to be honest people as puzzled as I was to explain what was happening to them. The differences among the experiences of schizophrenics, alcoholics, brain damaged and senile were not as striking as the similarities; so I will describe these hallucinated worlds in general.

### **Update by Jerry Marzinsky**

I found the same attitude among several schizophrenic inmates I worked with in the prison. They were as curious as I was about what was happening to them. Their experiences were quite similar to those of Van Dusen's patients. One of the most familiar among patients was that they said the voices had the ability to invade their private memories, bringing up things the patient had long forgotten. This was part of the torment the voices inflicted upon the patients.

### **Van Dusen**

One consistent finding was that patients felt they had contact with another world or order of beings. Most thought these other persons were living persons. All objected to the term hallucination. Each coined his own term such as The Other Order, the Eavesdroppers, etc.

### **Update by Jerry Marzinsky**

All of my patients objected to the term hallucination. Many insisted the voices were real and separate from themselves. If they thought I believed their voices were mere hallucinations, they clammed up and refused to answer questions.

I did not find it common for patients to give names to their voices other than several referred to them as demons.

### **Van Dusen**

For most individuals the hallucinations came on suddenly. One woman was working in a garden when an unseen man addressed her. Another man described sudden loud noises and voices he heard while riding in a bus. Most were frightened, and adjusted with difficulty to this new experience. All patients describe voices as having the quality of a real voice, sometimes louder, sometimes softer, than normal voices.

### **Update by Jerry Marzinsky**

While in many cases the voices came on suddenly as Wilson describes, there were many others who reported their voices came on slowly.

One patient reported that shortly after he began hearing a voice in his head that he knew didn't belong to him he was startled. The voice proceeded to act like a person who just bought a new car and was testing it out to see what it was capable of. The voice at first began to give him simple commands such as, "Pick up that pencil" or "Sit in that chair." It was as if it were testing to see how much control it had over him and to what extent the patient would obey their commands.

In the cases where the voices came on suddenly, most patients were surprised by the discrepancy between the negative things the voices told them about themselves and the understanding they already had about their own personality, and were concerned about it relative to their own sanity.

### **Van Dusen**

The experience they describe is quite unlike thoughts or fantasies. When things are seen they appear fully real. For instance a patient described being awakened one night by Air Force officers calling him to the service of his country. He got up and was dressing when he noticed their insignia wasn't quite right; then their faces altered. With this he knew they were of The Other Order and struck one hard in the face. He hit the wall and injured his hand. He could not distinguish them from reality until he noticed the insignia.

Many suffer insults, threats and attacks for years from voices with no one around them aware of it. Women have reported hearing such vile things they felt it would reflect on them should they even be mentioned.

### **Update by Jerry Marzinsky**

The experiences these patients begin to have are perceived as real and are very confusing. Even more upsetting is the fact that they begin to have a difficult time telling which of their experiences are in

everyday reality and which experiences they have from this other world.

One man told me his voices accused him of doing all kinds of horrible things and that he was unsure of whether he committed or not. The voices making these accusations were very insistent and relentless. He did not want to speak to others about what he was being told. It was a no win situation. If he did commit these acts, he would be put in prison, if he did not, whoever he told would clearly see how disturbed he was.

Unlike many other patients with other problems who seemed to seek out each other to share, this did not happen with patients hearing voices. I was told by one patient that he could sense others who were hearing voices and stayed clear of them.

## **Van Dusen**

### **Lower order voices**

In my dialogues with patients I learned of two orders of experience, borrowing from the voices themselves, called the higher and the lower order. Lower order voices are as though one is dealing with drunken bums at a bar who like to tease and torment just for the fun of it. They will suggest lewd acts and then scold the patient for considering them. They find a weak point of conscience and work on it interminably.

For instance one man heard voices teasing him for three years over a ten-cent debt he had already paid. They call the patient every conceivable name, suggest every lewd act, steal memories or ideas right out of consciousness, threaten death, and work on the patient's credibility in every way. For instance they will brag that they will produce some disaster on the morrow and then claim honor for one in the daily paper. They suggest foolish acts (such as: Raise your right hand in the air and stay that way) and tease if he does it and threaten him if he doesn't.

### **Update by Jerry Marzinsky**

One patient reported that the voices told him that if he gouged out an eye, they would leave. After he blinded himself, the voices returned

stronger laughing and jeering him for being so stupid as to have listened to them. When the patient defies there are threats; when the patient complies there are insults. Since then other patients have told me their voices promised to leave if they would gouge out one eye or mutilate themselves. This appears to be one of their common inducements.

### **Van Dusen**

The lower order can work for a long time to possess some part of the patient's body. Several worked on the ear and the patient seemed to grow deafer. One voice worked two years to capture a patient's eye which visibly went out of alignment.

Many patients have heard loud and clear voices plotting their death for weeks on end, an apparently nerve-wracking experience. One patient saw a noose around his neck which tied to "I don't know what" while voices plotted his death by hanging. They threaten pain and can cause felt pain as a way of enforcing their power. The most devastating experience of all is to be shouted at constantly by dozens of voices. When this occurred—the patient had to be sedated.

### **Update by Jerry Marzinsky**

Patients were constantly demeaned by their voices; they were told that they were stupid, worthless and a burden and that everyone would be better off if they killed themselves and got it over with. Statistics show the rate of suicide among these patients is horrendous compared to the general population. Thoughts of suicide generate much fear, anxiety and hopelessness. They are in so much anguish with no one to turn to for real help that they do not care if they live or die.

After years of being assaulted relentlessly with such demeaning and destructive messages by day and nightmares by night, it is not uncommon for these patients to begin to think there is no escape from this hellish state other than self-murder.

### **Van Dusen**

The vocabulary and range of ideas of the lower order is limited, but they have a persistent will to destroy. They invade every nook and

cranny of privacy, work on every weakness and credibility, claim awesome powers, lie, make promises and then undermine the patient's will.

### **Update by Jerry Marzinsky**

The lower order entities described by Van Dusen appear to be aware and will react to thoughts or situations they perceive dangerous to their well-being. But their behavior is much more robotic in nature and they appear to be programmed to do a limited number of destructive things. Their robotic nature may explain the limitations Van Dusen found.

The lower order voices have a range of responses so limited that one can anticipate with relative accuracy what they will say to a patient. When the therapist can demonstrate this to his patient, this goes a long way in helping to develop trust in the therapeutic relationship.

Sherry sees the entities as robotic in nature as though they only operate from one script.

Several patients I worked with outright asked the voices, "Who are you?" The consistent response was; "We are you."

Sherry heard the same response when she asked that question. This confirmed to her that they were not of her for she is not a 'We' (plural) but an 'I' (singular).

This is a clue a patient can be taught to watch for.

They repeated the same tactics with her that had previously failed many times. Even so, they continued to show up, sounding like a broken record. They told her she was stupid which she already knew was a lie. When that didn't work they told her she was worthless which she also knew was a lie. Then they said things like, "Well try this: you are fat and ugly and no one likes you," to which she laughed. She'd heard these things from them before, confronted the lie before and the entities left. But now they were back saying the same things as though she would react differently. She laughed at their silliness and reminded the entities they were wasting their time with her.

When I began to inform my patients that they were parasites, the voices sensed this as a threat and responded predictably in the following manner:

- (1) First they told the patient that I was stupid, crazy and not to listen to anything I said.
- (2) Then they demanded the patient leave my office or run from the ER.
- (3) Failing this, they ordered the patient to attack me.

As with Sherry's experience, the robotic nature of the voices became evident when despite the fact that I told the patient what they were going to say ahead of time, voices were unable to alter their response.

When patients saw that what I predicted was true, they were astonished. It is critical for the therapist to make it known to their patients that he or she knows as much or more about the voices than they do which commands their attention. Failing this, the voices will debunk everything said, get louder and block out any information given.

### **Van Dusen**

They never have a personal identity though they accept most names or identities given them. They either conceal or have no awareness of personal memories. Though they claim to be separate identities they will reveal no detail that might help to trace them as separate individuals. Their voice quality can change or shift, leaving the patient quite confused as to who might be speaking. When identified as some friend known to the patient they can assume this voice quality perfectly.

### **Update by Jerry Marzinsky**

I've noticed they seem to have no memory other than that of the patient with one exception. Some have spoken through inmates and reported that if they fail in their mission more powerful entities over them (their bosses) would send them to some place called the "pit." When asked what their mission was, they reported it was to destroy



the person they were assigned to. There were often teams of them who appeared to be working together. They would speak to each other behind their victim's backs talking about them or what they were doing, leaving the impression that they were constantly being followed and watched. Sometimes they would all attack at once which the patient found very disturbing.

Sherry experienced the same thing. For many years she felt as though she was always being watched by some invisible being. For a long time she thought it might be a left-over from teachings from the Catholic Orphanage where she grew up. They taught that God and the angels are always watching so that they know when you are being good or bad. The Santa Claus tale teaches little children the same thing. For many, the indoctrination is there in the subconscious from childhood and the negative entities which have access to memories, can play that against a person making them feel that they are always being watched in a nefarious and uncomfortable way.

### **Van Dusen**

For convenience many patients call them by nick-names, such as "Fred," "The Doctor," or "The Old Timer." They do that admirably and with infinite patience. To make matters worse they hold out promises to patients and even give helpful sounding advice only to catch the patient in some weakness. Even with the patient's help I found the lower order difficult to relate to because of their disdain for me as well as the patient.

### **Update by Jerry Marzinsky**

The voices appear to hate everyone, especially the family of these patients who are trying to help them. They demean girlfriends or boyfriends relentlessly and get the patient to distrust them. They especially appear to hate infants and small children.

Some voices did give helpful advice. They seemed to know things that the patient himself couldn't possibly know. For example: One patient's voices told him where to find the marijuana fields hundreds of miles away in Oregon. Meth abusing inmates were told where and when to be in order to get more meth. In one instance the inmate was told which houses to rob, generally where the loot was and where the cops were as they approached the victim's premises. The

voices use their ability to provide this kind of knowledge to convince patients of their supernatural power. Unfortunately the information they gave ultimately contributed to their demise or they were sent to prison. It was never for ultimate good.

### **Van Dusen**

The limited vocabulary and range of ideas of the lower order is striking. A few ideas can be repeated endlessly. One voice just said "hey" for months while the patient tried to figure out what "hey" or "hay" was meant. Even when I was supposedly speaking to an engineer that a woman heard, the engineer was unable to do any more arithmetic than simple sums and multiplication the woman had memorized.

The lower order seems incapable of sequential reasoning. Though they often claim to be in some distant city they cannot report more than the patient sees, hears, or remembers. They seem imprisoned in the lowest level of the patient's mind, giving no real evidence of a personal world or any higher order thinking or experiencing.

All of the lower order are irreligious or anti-religious. Some actively interfered with the patients' religious practices.

### **Update by Jerry Marzinsky**

The majority of schizophrenics have poor if any significant religious or spiritual background which in almost all cases would have alerted them to consider that evil spirits were at play. Without such a background it's not surprising that these patients believe something is wrong with their mind.

Any attempt the patient made to read the bible or turn to Jesus, God or any other positive religious figures to ask for help triggered an immediate negative response from these entities.

When one ER patient attempted to pray to Jesus for help, the voices loudly broke in with this message saying, "Jesus couldn't even help himself, what makes you think he can help you?" This same message was reported by a patient years later in a different institution word for word.

When one patient repeated the 23<sup>rd</sup> Psalm his voices reacted like worms thrown on a hot frying pan.

I then handed out copies of the 23<sup>rd</sup> Psalm to more patients explaining that its recitation was one small way they could strike back and retake some small measure of control over their raging voices.

The next thing I learned was that many of them had managed to lose their copy of the Psalm. I then advised them to carry it in their pockets. But then many began to report that their voices came on slowly then intensified and focused their attention away from reciting the Psalm.

I spoke of these findings to Van Dusen who sent me a book written in the 1920's by a dentist and his psychic wife, "[Thirty Years Among The Dead.](#)"

In the book, the dentist found that repeated shocks from a static electricity generator would drive the voices out of his patients, at which time his psychic wife would take over and guide them away from the patient into the light from which they would not return, freeing the patient. Apparently the voices experienced these shocks as much more painful than the patient. Wilson and I discussed how something like this might work in the prison setting.

The closest thing I could find to simulate an electric shock without getting fired was to have the patient snap a rubber band on his wrist when he noticed his voices and see if the sting quieted them.

That stunned his voices into being quiet long enough for him to remember to pull out his copy of the 23<sup>rd</sup> Psalm and recite it which made them squirm. For the first time ever, he had a tool that allowed him to take some control over the voices and fight back. Having the ability to take some action on his own lifted his spirit and he didn't feel completely helpless.

Over the next few weeks I had a half dozen of my most motivated inmates walking around with a copy of the 23<sup>rd</sup> Psalm in their pockets wearing rubber bands around their wrists with good results.

All of this came to the attention of the chief psychologist. The next thing I knew, I found myself in the office being ordered to stop

handing out rubber bands and copies of the 23<sup>rd</sup> Psalm, but not before the technique had proved successful with many schizophrenic inmates. The only tools they had which gave them at least a small degree of control over their voices were taken away.

Wilson saw the voices as not very smart acting like “drunken bums at a bar”. I see them as clever thugs and Sherry sees them as morons. She found their feeble repetitive attempts to negatively influence her as comical, in a Monte Python way. It was her fearless laughter at them that first drove them away. She says this action made them impotent against her as she was not producing negative energy from which they wanted to take nourishment. I remember one sort of brash inmate who was hearing voices who also laughed at them and mocked them. He was the only patient I’d ever seen do this. His actions completely isolated and blocked them from doing further damage. He was one of the best adjusted inmates who heard voices I’d ever seen. His voices became more agitated for a while but after a time, they began losing ground as he continued to mock and laugh at them. He very clearly knew that they did not belong to him. This made a huge difference as to how well he functioned.

These two examples of how to deal with evil spirits – even going as far as laughing at the absurd ways evil tries to infiltrate the mind equates to a person taking their power back. Our own natural power is from the Divine and is not negative.

This was an important message from Swedenborg as well.

“Those whose interest lies in external things separated from what is internal have no power at all to withstand evils and falsities which come from hell because all [power to withstand](#) them comes from the Divine.” (Swedenborg, Secrets of Heaven #10481)

### **Van Dusen**

Most considered them to be ordinary living people, though once they appeared as conventional devils and referred to themselves as demons. In a few instances they referred to themselves as from hell.

Occasionally they would speak through the patient so that the patient's voice and speech would be directly those of the voices.

Sometimes they acted through the patient. One of my female patients was found going out the hospital gate arguing loudly with her male voice that she didn't want to leave, but he was insisting. Like many, this particular hallucination claimed to be Jesus Christ, but his bragging and argumentativeness rather gave him away as of the lower order.

### **Update by Jerry Marzinsky**

I saw a patient arguing with himself and crept up closely enough to overhear what he was saying. Far from being meaningless, incoherent rambling he appeared to be arguing with someone and was upset by whatever the invisible party was saying. When he noticed me listening he stopped talking and walked away.

Schizophrenic patients know that others can't hear what they hear and most are acutely aware of how bizarre these conversations appear to others. One schizophrenic inmate used to work on Wall Street with a six figure income. He used drugs to the point that he began hearing voices. He had been hearing voices for decades while married and successfully hid this fact from his wife. He would often go out to the garage and argue with the voices there. His wife caught him doing this a few times. He played it off as just thinking out loud. He felt that the voices hated his wife. They constantly said bad things about her. As he grew more distant from her she eventually sued for a divorce which this fellow took as a welcome relief for both he and his voices. He ended up going from a successful Wall Street broker to living in Central Park, sleeping under newspapers and eating out of restaurant garbage cans. He knew which restaurants had the best food waste and knew when to be there to get it. He and his voices enjoyed this destitute life much better than having a nice house and a secure home.

Like Wilson, my patient's voices spoke through them about me. The messages were vile and a number of inmates hesitated to tell me what their voices were saying for fear that I might think that was coming from them and not their voices. I made them aware that this was not the case.

## **Van Dusen**

Sometimes the lower order is embedded in physical concerns, such as a lady who was tormented by "experimenters" painfully treating her joints to prevent arthritis. She held out hope they were helping her, though it was apparent to any onlooker they had all but destroyed her life as a free and intelligent person.

### **Update by Jerry Marzinsky**

Several of my patients were sexually molested or abused by their voices. Their experience was the same as if it were physically happening. They were very distraught that they had no control over the experience. One woman, a top saleswoman in her store, had to quit her job as she was unable to cope with the constant sexual attacks. They became so intense she had to go hide in the company warehouse until they passed.

One psychotic inmate who denied hearing voices appeared as fairly normal until he described being constantly raped by a sex crazed female spirit. He was certain it was a female spirit who was molesting him. He had no idea what she looked like and he denied that she ever spoke to him other than making erotic noises while sexually attacking him. He could feel her touching him all over and raping him. At one point I wondered if he would be the envy of every inmate in the unit. He replied, "When it's happening to you every day, constantly, all the time, day and night it is no longer fun but a nightmare." Psychiatry put him on anti-psychotic medications which stopped the experience.

## **Van Dusen**

### **Higher order voices**

In direct contrast stands the rarer higher order hallucinations. In quantity they make up perhaps a fifth or less of the patients' experiences. The contrast may be illustrated by the experience of one man. He had heard the lower order arguing a long while how they would murder him. He also had a light come to him at night like the sun. He knew it was a different order because the light respected his freedom and would withdraw if it frightened him. In contrast, the

lower order worked against his will and would attack if it could see fear in him.

This rarer higher order seldom speaks, whereas the lower order can talk endlessly. The higher order is much more likely to be symbolic, religious, supportive, genuinely instructive, and communicate directly with the inner feelings of the patient.

### **Update by Jerry Marzinsky**

I witnessed such with one patient's mother speaking to me and one fellow who I'd taught to contact his guardian angels for help when his voices attacked. When he did not ask for help from his angels, his voices got stronger. When we contacted them in my office they told him that since he hadn't listened to anything they had to say they left. They then drove off the voices when he asked again and he promised to listen to them.

I witnessed the presence of higher order spirits which I consider benevolent beings opposing demonic ones. It's true that they seldom speak with words but more often in feelings, intuition or manifest through the triggering of mysterious circumstances which often foiled suicide attempts. They do not barge into the patient's mind as do the lower order spirits. They often do not interfere at all unless asked. They will not interfere with the patient's free will.

Before being incarcerated many inmates hearing voices hit what is known as a "dark night of the soul". They are unable to afford psychiatric care or their voices demand they stay away from psychiatrists. Their voices are totally out of control and have made their lives unbearable. They can't hold a job, have isolated themselves, can't sleep or take decent care of themselves. They often run up drug debts or have to commit crimes to survive.

They have been disowned by their families often with the authorities searching for them for suspected crimes. Their lives are a disaster and they see no hope when the voices are endlessly badgering them. The suicide rate of these individuals is astronomical. Seldom were these individuals spoken to by the higher order. But their presence was undeniably apparent as one after another, the suicide plans of inmates failed. I characterize this with three patient stories:

One inmate was eaten up with the voices. Everything in his life had been taken from him. He was isolated, unemployed and couldn't support himself. He obtained his .357 Magnum revolver and loaded every chamber in the cylinder. He put the gun to his head and pulled the trigger. The round didn't go off. He pointed it at the floor and pulled the trigger again. The round blew a big hole in his living room floor. He repeated this three times and finally realized that something strange had just happened that saved his life. He put the pistol down and never again attempted to kill himself.

Another inmate with the voices raging in his head had hit the end of the line. The voices were telling him everyone would be better off if he were dead. He put a .45 pistol with a round in the chamber to his head and pulled the trigger. The gun didn't go off. The next day he went out in the desert to target practice, put that same round into the chamber and pulled the trigger, it went off.

Yet another inmate had gone out into the woods in the middle of nowhere with a rope. He found a tree with a near by section of log to stand on that he could move away. He tied one end of the rope to the limb, got up on the stump and put the noose around his neck then kicked the piece of log out from under him; seconds later as he was dangling and suffocating. A hunter just happened by and cut him down.

One day after more than six months of intensive work with the aforementioned patient, where he learned how to disrupt the negative voices, he was able to begin to fill his mind with positive spiritual material and practices. Eventually his voices told him he was no longer any fun and had left. It was the first time in decades he had heard them go silent. I continued following him over the next few weeks to find his voices were still gone and he had returned to normal functioning. He was doing well in school and at his prison job. The third week I pulled him in for another check. His deceased mother spoke to me through him saying "Thank you for helping my son."

The number of such reports were in the hundreds. There were very few incidents where patients reported that they were actually spoken to by the higher order. One such example occurred while I was working psych crisis in the emergency room of one of the larger hospitals in the city.



I was asked to do a suicide evaluation on a woman that had just been admitted to the ER who had attempted to kill herself by driving her car onto the railroad track of an oncoming train. She was undergoing a dark night of the soul. While still reeling from a divorce she was terminated from her job and unable to find another. One thing after another went wrong. She could not pay the rent and was facing eviction. Her ex-husband had taken her son as she could no longer support him. Isolated and without support she decided to end it all. She sat by the side of the road at a desolate railroad crossing and awaited the train. She called her sister in San Diego and was telling her good bye as the train approached.

As the speeding train drew nearer, she skirted the blockade at the last moment and drove the car directly in front of the oncoming train. The engineer unable to do anything else blasted the horn moments before the locomotive plowed into the little car and hurled it onto a parallel railroad track where another train was racing in the opposite direction. The second massive engine crashed into her already decimated car and hurled the crumpled vehicle tens of yards off the track into the desert. The car looked worse than a crumpled coke can with the woman still fastened inside. Rescuers found the woman still alive and had to cut her out of the twisted mass of metal.

A couple of hours later, she sat before me with only a few minor scratches and a black eye. I gave her a very thorough evaluation searching for any ongoing suicidal ideation, an engrained depression or any indication of mental illness. Finding nothing, I sat back and stared in silent amazement.

“What did you experience after you regained consciousness in your car and saw that you were still alive?” I asked.

“I was furious. Then I heard a voice call my name. Seconds later I felt something I’d never experienced before, an intense, penetrating love and the absolute knowing that it was my guardian angel and there was a God watching over me and protecting me. My anger dissipated and my entire attitude changed. All thought of killing myself vanished. I sat calmly and waited for the rescue people to arrive.”

In my professional opinion this lady was no longer a suicide risk, was not mentally ill. I recommended she not be psychiatrically hospitalized.

### **Van Dusen**

I've learned to help the patient approach the higher order because of its great power to broaden the individual's values. When the man was encouraged to approach his friendly sun he entered a world of powerful numinous experiences, in some ways more frightening than the murderers who plotted his death.

In one scene he found himself at the bottom of a long corridor with doors at the end behind which raged the powers of hell. He was about to let out these powers when a very powerful and impressive Christ-like figure appeared and by direct mind-to-mind communication counseled him to leave the doors closed and follow him into other experiences which were therapeutic to him.

In another instance the higher order appeared to a man as a lovely woman who entertained him while showing him thousands of symbols. Though the patient was a high-school educated gas-pipe fitter, his female vision showed a knowledge of religion and myth far beyond the patient's comprehension. At the end of a very rich dialogue with her (the patient reporting her symbols and responses) the patient asked for just a clue as to what she and I were talking about.

Another example is that of a Negro who gave up being useful and lived as a drunken thief. In his weeks of hallucinations the higher order carefully instructed him on the trials of all minority groups and left him with the feeling he would like to do something for minorities.

### **Update by Jerry Marzinsky**

One of the more difficult tasks associated with working with schizophrenic patients is convincing them that this is a dualistic universe. They can clearly see the dark side and the voices telling them there is no God and that praying for help is futile. But they can't see the opposite side.

Once exposed to the dualistic concept, it can be explained that if there are demons to destroy them, then there must angels to help them. The catch is that they have to ask for help, whereas the dark forces simply barge into their consciousness uninvited.

Many patients pray in general terms such as "Help me cope with the voices" or "Give me strength". This will not work. They have to specifically ask for help in silencing the voices and driving them off and they must be sincere. To the patient's amazement the voices often go quiet long enough for them to realize that there are positive spiritual forces available.

In almost all cases, with such beginning prayers, the voices are only silenced for a short time. The patient still has a massive amount of work to do to change their thinking and behavior into a more positive frequency that is toxic to these negative entities. Often it is a battle they will have to fight for years, one that nobody else can do for them. We can give them the tools with which to succeed, but it is they who have to do the work. Here is where a person needs to ask Universe or God or their Guardian Angels to help them by sending the destructive beings to the light.

### **Van Dusen**

The higher order tends to enlarge a patient's values, something like a very wise and considerate instructor.

Some patients experience both the higher and lower orders at various times and feel caught between a private heaven and hell. Many only know the attacks of the lower order. The higher order claims power over the lower order and indeed shows it at times, but not enough to give peace of mind to most patients. The higher order itself has indicated that the usefulness of the lower order is to illustrate and make conscious the patients' weaknesses and faults.

### **Update by Jerry Marzinsky**

While I may not agree that the lower order's purpose is to make conscious the patient's faults, I won't counter what Van Dusen says here. I think the many previous stories give the reader a better picture of the intent of the voices.

My experience has been that they utilize personal faults to pick on patients until they generate as much negative energy as possible upon which to feed. If in that process, a patient learns more about themselves in a way that makes them stronger, that would be optimum but I have not seen that happen until after the voices are gone and no longer interfering with the patient's ability to concentrate on walking a good path in life.

“Enjoy your life in the System, maximize your highs and lows-but don't become addicted. Get through being angry at how the system works, the seeming inequities, the unfair advantages, the brutalities, the callousness, the deceit. It's a predatory world by design-and it's a superb teaching machine.” -- [Robert Monroe](#)

On the other side of darkness is light. Many of my patients have been dragged so far down into the darkness they can't see the light. Some have come to believe there is no light. They talk of it as a delusion. In their hierarchy the higher order may have power over the lower order however there is a vast difference in how the two operate. The lower order is permitted to blatantly invade the mind of an individual. They do so when the individual is wracked with fear, when there is a lack of love and when the individual is not progressing along a positive spiritual path.

The voices can sense pools of negative emotional energy like sharks smell blood. Like a magnet, the voices are attracted to the emotionally traumatized. They seek to inflame the condition by inserting a constant flow of agitation into the minds of the wounded for the purpose of feeding. For example, they might convince a woman who was molested as a young child that she had done something to provoke the sexual assaults and all such incidents were her fault because she somehow wanted them. Such inserted thoughts generate massive amounts of turmoil in future relationships, causing mayhem in more than one life.

The horrendous number of schizophrenic patients who were severely abused emotionally, physically or emotionally, as children is an example.

If unopposed or weakly opposed, these alien thoughts take residence in the victim's mind like tapeworms or leaches. They skew their

victim's perception of what is going on in the environment around them and cause them to interpret events in the most negative, anxiety-provoking and fearful manner possible. Such perceptions become self-fulfilling and in turn generate a constant flow of negative energy for these entities to absorb.

It is for this reason that patients struggling to recover from these attacks must not allow their minds to remain idle but must fill their consciousness with positive spiritual material or the dark side will slowly and insidiously direct them back to a destructive course of thinking and behavior.

If the victim makes no effort to rid themselves of the voices, they will never leave on their own. They think they have every right to remain attached to their food source. Many prisoners found the voices gave them supernatural strength when the inmate was provoked to fury. This proved useful in the ubiquitous fights that take place in prisons.

For instance, I witnessed a furious hundred pound schizophrenic inmate toss three burly guards around the inside of a cell like popcorn before they were finally able to subdue him.

Kick starters, or thug guards who are attracted to prison work because they enjoy abusing and provoking inmates, very quickly learn not to mess with psychotic prisoners. They do so at their own peril. Their first experience provoking a prisoner who hears voices is seldom repeated.

### **Van Dusen**

Though I could say much more on what the patients reported, and quote extensively from dialogues with hallucinations, this is the substance of my findings. I was very early impressed by the overall similarities of what patients reported even though they had no contact with each other.

### **Update by Jerry Marzinsky**

I also found this phenomenon to be true and not just for patients within the same institution but in several different psychiatric settings across the country, as well as in the prison system. In each case, the contents of the voices were methodically and explicitly fear and

anxiety provoking. They never deviated from this tactic. It was as if the voices were punched out from the same cookie cutter. This gives additional rise to Sherry's analysis in which she sees the voices as robotic in nature.

### **Van Dusen**

After twenty patients there wasn't much more to be learned.

### **Update by Jerry Marzinsky**

Dr. Van Dusen goals were different from mine in that he focused on gathering information and wrote about only what was voluntarily offered by his patients. He did not look into ways to eradicate the voices until after we met and his book had already been written. His approach benefits us by the direct conversations he had with his patients and their voices. Once he saw that the information he'd gathered from patient and voices continued to repeat, he assumed nothing more could be learned from them.

But this is not the end of the story.

Devising different approaches to weaken the voices infuriated them. This transgressed psychiatry's golden rule that no patient should ever be upset by any staff for any reason unless they proved to be an imminent threat to themselves or others. But my selected patients really wanted their voices gone. They agreed to try different tactics to see if they were effective. These things were done with care so as not to harm the patient.

Determining how hard to push a psychotic patient for information about the voices raging in their heads without triggering a violent reaction was a delicate matter. Since I was the only person on staff who cared what the voices were saying I seldom lost cooperation of a patient due to interference of the voices.

As I watched the reaction of the voices to different approaches for weakening their grip, how they operated began to emerge. This information would not have been forthcoming through Wilson's tactic of befriending them. When I informed the patient that these voices were parasitic beings the voices became agitated.

## **Van Dusen**

I was also impressed by the similarity to the relatively little shown in the Biblical accounts of possession. These patients might well be going through experiences quite similar to what others experienced centuries ago.

Several things stood out as curious and puzzling. The lower order seemed strangely prevalent and limited. In the face of their claim of separate identity, their concealing or not knowing any fact (birthplace, schooling, name, personal history) which would set them apart was unusual. Their malevolence and persistence in undermining the patient was striking. And why would they consistently be unreligious or anti-religious? Just the mention of religion provokes anger or derision from them.

### **Update by Jerry Marzinsky**

There some 23 incidents in the Bible where Jesus cast out demons from deranged people, curing them, which both our Christian society and psychiatry ignore. It's as though these things are now viewed as fairy tales.

It doesn't help that our society has discounted their Christian Bible and other spiritual resources that speak of the existence of evil spirits from ancient times. The bible doctrines contain tools in the form of Psalms and Songs that irritate the voices.

These biblical incidents show that evil spirits were found to be the cause of madness and when cast out, the afflicted individuals returned to sanity. Sherry points out that if the voices didn't want the patient to know about this, then that suggests the voices were motivated to self-preservation which suggests consciousness.

Shamans have been casting demonic spirits out of humans for tens of thousands of years but when science came into existence around 300 years ago the human race was swayed into thinking that anything that can't be measured does not exist.

This is arrogance and egotism in its highest form and a grave injustice to humanity. I have to wonder if there is a grander picture developing where the negative entities are influencing ordinary

people to unwittingly forego all that humanity knew about spirituality prior to the advent of science.

Modern science can be a powerful tool in aiding us with the material world, but it is quite blind to the non-local realms or that we are spiritual beings having a physical experience on this planet. The truth of our real nature does not become error because these geniuses can't measure it. Thankfully there are more and more scientists today looking into the unseen kingdoms for answers to help bring us out of the dark ages into a marriage of science and spirituality.

### **Van Dusen**

In contrast, the higher order appeared strangely gifted, sensitive, wise and religious. They did not conceal identity but rather would have an identity above the human. For instance, a lady of the higher order was described as "an emanation of the feminine aspect of the Divine." When I implied she was Divine she took offense. She herself was not divine but she was an emanation of the Divine.

I couldn't help but begin to feel I was dealing with some kind of contrasting polarity of good and evil. The patients' accounts of voices trying to seize for their own some part of the body such as eye, ear or tongue had a strangely ancient ring to it. Some people might suspect that my manner of questioning fed back to the patients what I wanted to hear, but after I addressed an audience including patients on hallucinations, many warmly commended me for capturing their own experiences too. As incredible as it may seem, I'm inclined to believe the above is a roughly accurate account of many patients' hallucinatory experiences.

I read and admired Swedenborg's work for some while, primarily because his religious experiences fit with my own and partly because of his immense knowledge of the hypnogogic state and the inner structure of the psyche. His doctrine regarding spirits I could neither affirm nor deny from my own experience, though it seemed a little incredible. As I describe Swedenborg's doctrine in this matter the similarity with my own findings will become apparent.

Swedenborg describes all of life as a hierarchy of beings representing essentially different orders and yet acting in correspondence with each other. The Lord acts through celestial angels, who in turn



correspond on a lower level to spiritual angels, who in turn correspond to a third lower heaven—all of which corresponds to and acts into man. On the opposite side there are three levels of hell acting out of direct contact into man.

### **Update by Jerry Marzinsky**

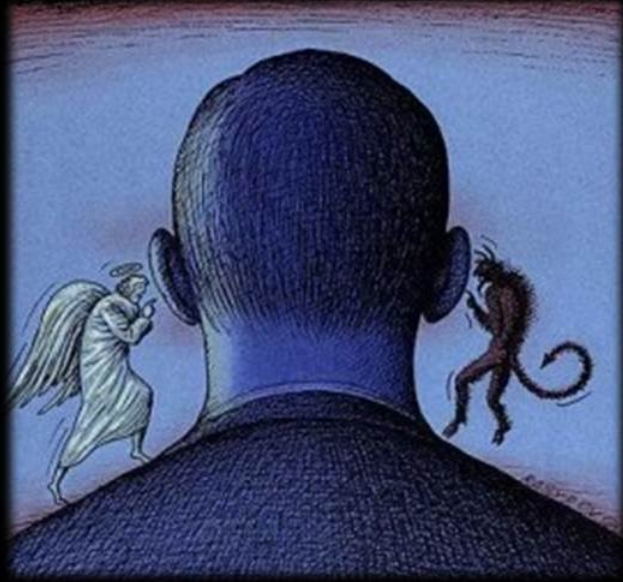
It is interesting that people generally have no problem thinking that benevolent beings are actual entities but when it comes to malevolent beings, they are thought of as hallucinations. Both types of species are actual conscious dynamic beings and are not hallucinations.

As I started into a book on Swedenborg that my Catholic friend gave me, I wasn't sure what to expect but was particularly curious about what a devout Catholic was doing reading about a Christian Mystic who was not Catholic. Emanuel Swedenborg was no slouch. He was one of the top scientists and theologians of his day. What riveted my attention was in sections of the book where he accurately described the behavior of the voices as well as my own undeniable experiences with them.

I scrambled to obtain a copy of one of his most famous works, "[Heaven and Hell](#)." While reading this book, it became clear that this man, speaking through the centuries completely understood the nature of voices torturing my patients which he referred to as "evil spirits," a term surprisingly similar to the demons, a term used by scores of patients to describe the voices they were hearing.

The key to understanding and affecting a real cure for paranoid schizophrenia lies on a very different path – a divergent reality – denied by today's medical establishment. It is critical to understand how the human mind operates. Swedenborg gave me the answer to this critical question that I'd been searching for through four years of college and another four years of graduate school where such a question had never been asked: "Where do thoughts come from?"

# Voices In Your Mind



*You've always assumed that you are the originator of your own thoughts. It's time to rethink that theory.*

Voices in your Mind.jpg

Swedenborg perfectly accounted for the scores of repetitive but inexplicable experiences which explained the irrational behavior of many of my patients over the years. The more I learned about the voices, the more convincing evidence I found that supported the fact that Swedenborg had revealed the cause of paranoid schizophrenia, to which modern science has turned a blind eye.

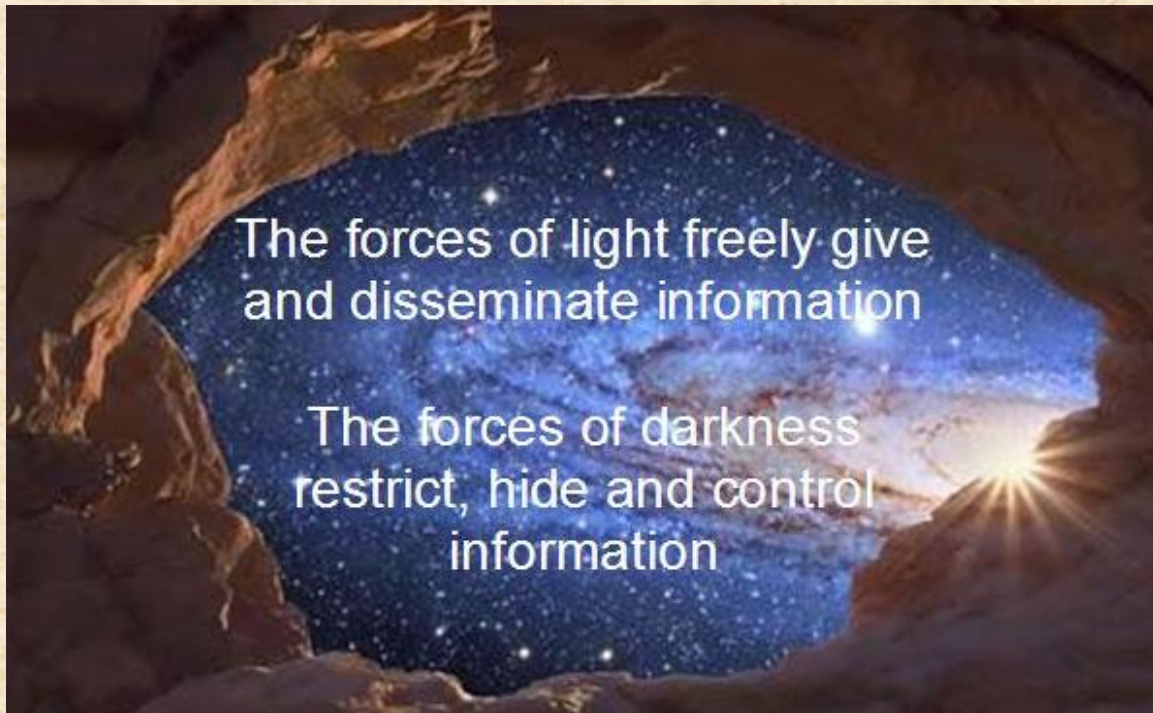
Akin to Van Dusen, I saw a marked resemblance between the demonic entities Swedenborg had interacted with on his spiritual journeys and the voices my patients were hearing. The resemblance was stunning.

## **Van Dusen**

Man is the free space and meeting ground of these great hierarchies. In effect, good and its opposite evil rule through this hierarchy of beings down to man who stands in the free space between them. Out of his experiences and choices he identifies with either or both sides. These influences coming from both sides are the very life of man.

## Update by Jerry Marzinsky

The choices the individual makes in response to the thoughts flowing into his or her mind moves the individual in that particular direction and reinforces their choices. The more negative choices made, the deeper the individual sinks into the quicksand of destruction. The malevolent entities speak in words and thoughts. The benevolent entities communicate more through conscience, feelings and intuition. Information is coming in from spiritual forces on both sides.



The forces of light freely give  
and disseminate information

The forces of darkness  
restrict, hide and control  
information

Forces of light.jpg

When one sinks deep enough one is pulled into hellish environments such as our prisons where little help is given resulting in a recidivism rate approaching 75%. Prisons are dens of negative energy and therefore prime feeding grounds for the evil spirits. Sherry confirms this by an experience she had while heading up an international human rights organization that focused on affecting humane treatment of prisoners in the United States. She wasn't interested in guilt or innocence of the prisoners as much as she was interested in eliminating the extreme violence and mistreatment in those facilities. Being a student of [Reiki](#), a method of transmitting healing energy to a person or environment, she and a small group of Reiki practitioners gathered each week from their respective locations around the world

to send collectively focused healing energy into one prison – a different prison each week.

In each of the selected prisons there were volunteer prisoners who would report whether or not there was a noticeable reduction in violence and abuse. The results were encouraging. Her group was making small shifts in the energy fields which were noticeable among prison staff and other prisoners.

On the fourth week, while the Reiki group was working on one prison, Sherry felt a strong psychic attack. The entity was one of the captains of the evil spirits and very strong. It roared,

“These prisons are MINE!” and

"Pay no attention, the prisoners are just pretending. They are lying to you!" and

"Who do you think you are? You have NO power here!"

Sherry tried to call one of the group members in the US to tell her about this, but the phones went out of order and she could not even get online to send an email about this. She was already sitting in her living room with the lights out and candles lit for the Reiki meditation session so she didn't know the power was out until she tried to use the phone and her computer. When the entity demanded, "You have no power here," she was, at first shaken and said out loud, "Get out!" She remembered what she'd learned about controlling her mind and the lies these entities tell. It continued saying nonsense things to her. She saw them as rubbish and, though unnerved, the initial fear ceased because she knew the entity was lying about its power. Finally, what the entity was saying struck her funny bone. Nothing it said made sense. Its inaudible words were so frivolous, they reminded her of a Monte Python comedy skit and she laughed out loud.

The entity vanished from her mind, and she took strong notice of that: No fear from her and laughing at what a moron it was drove it away.

About 15-30 seconds later, the entity returned. This time it was visible from across the living room. It appeared as dark smoke, blacker than the darkened room, and started moving in a circular

motion toward her, like a slow-motion tornado. She had a flash of terror, stiffened, but in the next moment, she remembered what this was. She said to it, "You're the one that has no power over me. You are a liar and a thief. You are wasting your time here." Its movement stopped and then its words reappeared in her mind. Scenes of Monte Python returned and she laughed saying, "You are a comedy to me. Stick around if you want," and she laughed again. The entity vanished and that was the last she heard from that one.

The point is that the negative entities do believe that the prison environments belong to them and they do not want anyone interfering with their property. Prisons are prime feeding grounds for these entities. They have a strong mental hold on prison administrators, guards, wardens, and on up the DOJ system. This is why prison rehabilitation programs that help inmates are discontinued or outright rejected.

We all need to protect ourselves from these entities and Sherry found that repeating each day: "Greater is spirit in me than spirit that's in the world," works for her and now the entities no longer enter her field. It is interesting that her mantra coincides with Swedenborg's statement "*Concerning the Lord and Concerning the Holy Spirit 1760*" (Page 7):

"...it is according to the Lord's words that the Divine took to itself the human, and that the [human took to itself the Divine](#)..."

### **Van Dusen**

The man who takes pride in his own powers tends toward the evil side. The man who acknowledges that he is the receptacle of all that is good, even the power to think and to feel, tends toward the good side. In the extreme of evil, spirits claim power over all things and seek to subjugate others.

### **Update by Jerry Marzinsky**

This is a good description of the human Ego. Sherry describes ego as twofold. The positive side of ego is necessary for self-preservation in times of danger. This is the instinctive "fight or flight" mechanism within us. The negative side of ego is narcissism.

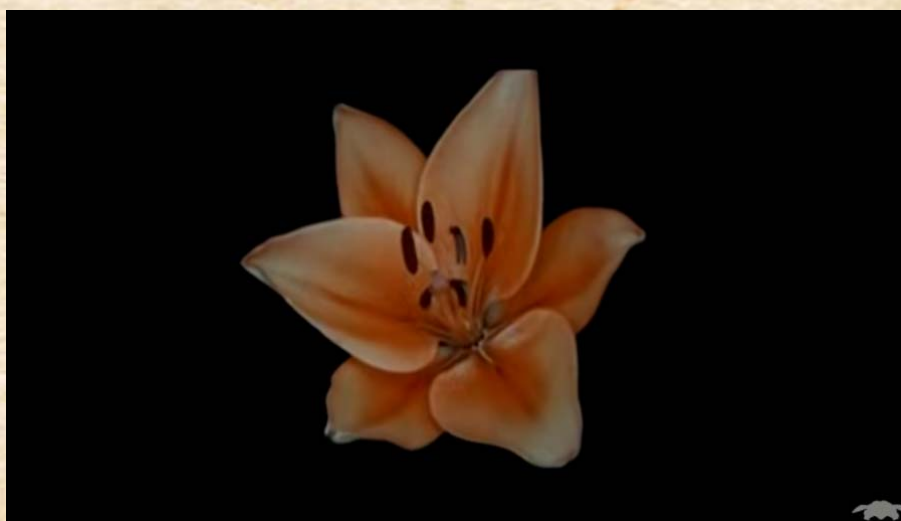
## Van Dusen

In the extreme of good, angels feel themselves free in that the good of the Lord acts freely through them. Swedenborg's doctrine of the effect of spirits with man is simply the lower aspect of a whole cosmology of the structure of existence.

Such is the equilibrium of all in the universal heaven that one is moved by another, thinks from another, as if in a chain; so that not the least thing can [occur from itself]: thus the universe is ruled by the Lord, and, indeed, with no trouble (SD 2466). From this order of creation it may appear, that such is the binding chain of connection from firsts to lasts that all things together make one in which the prior cannot be separated from the posterior (just as a cause cannot be separated from its effect); and that thus the spiritual world cannot be separated from the natural, nor the natural world from the spiritual; thence neither the angelic heaven from the human race, nor the human race from the angelic heaven. Wherefore it is so provided by the Lord, that each shall afford a mutual assistance to the other.

### Update by Jerry Marzinsky

Today science acknowledges that all in this universe is one. On a quantum level, everything is connected to everything and everything affects every other thing. To illustrate, the video "[We Are All Connected](#)" was made from a sampling of Carl Sagan's Cosmos.



Quantum theory reveals a [basic oneness](#) of the universe. Nature does not show us any isolated 'building blocks', but rather is a

complicated web of relations between the various parts of the whole. The marriage of science and spirituality has begun. People like Emanuel Swedenborg who so long ago knew this was true are an important part of this awakening.

### **Van Dusen**

Swedenborg repeatedly enjoins that one is not even to attempt to become aware of the world of spirits because it is dangerous. In the normal man spirits are adjoined to the man's spirit or, what is the same, to more unconscious levels of his mind so that man is not aware of them. They flow into his feelings or into the matrix of thought. Spirits think spiritually and man naturally so that the two correspond to each other.

In modern terms one would say spirits are in the unconscious and there live out their desires in what is to man the origin of his thought and feelings. In the normal situation man is not aware of their action, taking it to be his own thought and feeling. They, too, do not feel themselves to be in the life of a man.

### **Update by Jerry Marzinsky**

Energetic power is given to man (and woman) by the Divine. That energy is neutral until it is charged with feelings, good or bad.

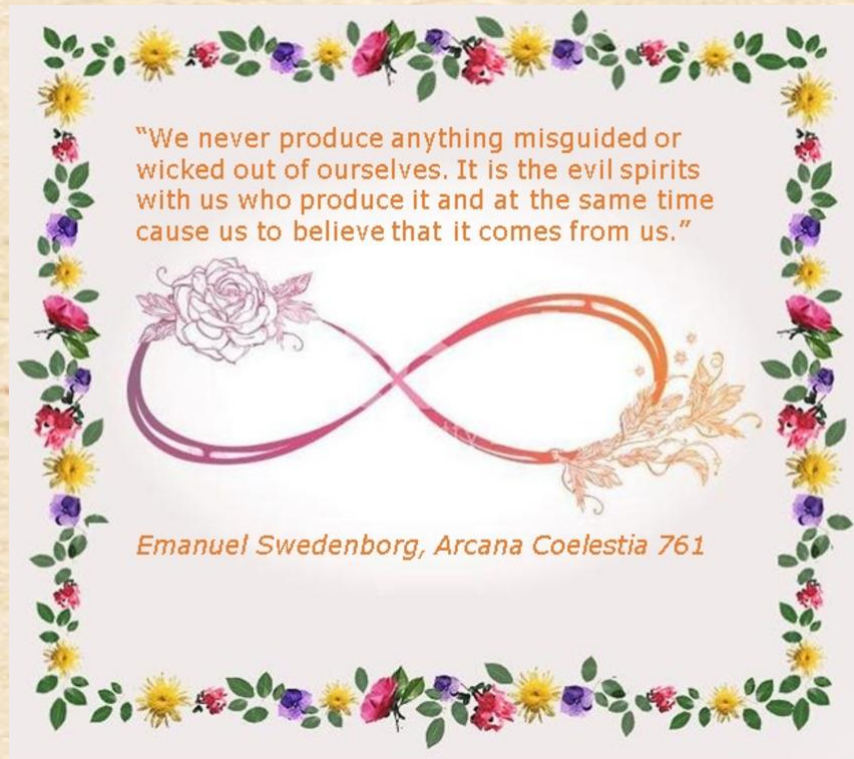
The story that follows is an example of how the voices attempt to change good feelings to bad. I refer to this as my "Bottom of the Lake" story:

In an effort to understand what the voices were, I prayed for the answer. Shortly afterwards, during one of my many nighttime swims, suddenly a voice began speaking to me in my mind that had nothing to do with my previous train of thought. It began telling me that I was too far from shore, couldn't make it back and tried to get me to panic. Then it told me I was going to drown.

It surprised me that it sounded exactly like my own thoughts but its intent was far different from my own. I knew that I was hearing something similar to what my patients experienced. I was amazed by the sudden yet subtle appearance of these

thoughts. They did not leave until I defied their every suggestion. This experience helped me tremendously in understanding what my patients were enduring.

The evil spirits that Swedenborg refers to are not able to create their own sustenance. They feed off the negative emotional energy of humans. To accomplish this, they must trick or coherence their victims into generating negative feelings.



### Van Dusen

To all of man's experiences they have corresponding spiritual experiences. They do not see or hear the man's world. The spirits adjoined to man have dispositions similar to the man's. As Swedenborg says, with a bit of humor, enthusiastic spirits are with the enthusiastic. Thus they act together.

Man is free to act, but by this relation to a hierarchy of spirits his tendencies are conditioned. His identification with good or evil tendencies, by his acts, furthers the conditioning in one direction or another. Good spirits or angels dwell in the most interior aspects of man's mind—in his loves, affections or ends, or as modern psychology would put it, they think more abstractly. One of their



thoughts would cover thousands of a natural man's thoughts. The soul, spirit, or interior man, are the same thing.

### **Update by Jerry Marzinsky**

Today there is a growing awareness that humans are spiritual beings residing in physical bodies for the experience. The entities that prey on one's lack of understanding this basic truth are the predators spoken of by shamans: "The predators' mind is baroque, contradictory, morose, filled with the fear of being discovered any minute now." (Castaneda [The Active Side Of Infinity](#) pg 97). When we realize that our essence is that of a positive loving soul or spirit, these dark entities will become much more evident.

### **Van Dusen**

Evil spirits reside in a lower but still unconscious area of mind, the personal memory. Those like the man are joined to him and they take on the memory of the man and neither the man nor they know that they are separate. They are in what Swedenborg calls his Scientifics, or the facts and tendencies stored in the memory.

### **Update by Jerry Marzinsky**

The voices have complete access to the patient's memory. Many times the voices brought up past shameful behaviors of the patient that he or she had long forgotten and maliciously rubbed them in their faces until they got upset.

Sherry experienced this as a common occurrence. A long gone memory of a past event would suddenly pop into her mind. It didn't matter if her actual behavior in the event was good or bad the memory was presented as something in which she should be ashamed. Sometimes false memories would pop in as well, leaving her feeling confused that she was remembering something she knew, or thought she knew, but it felt like it did not really happen.

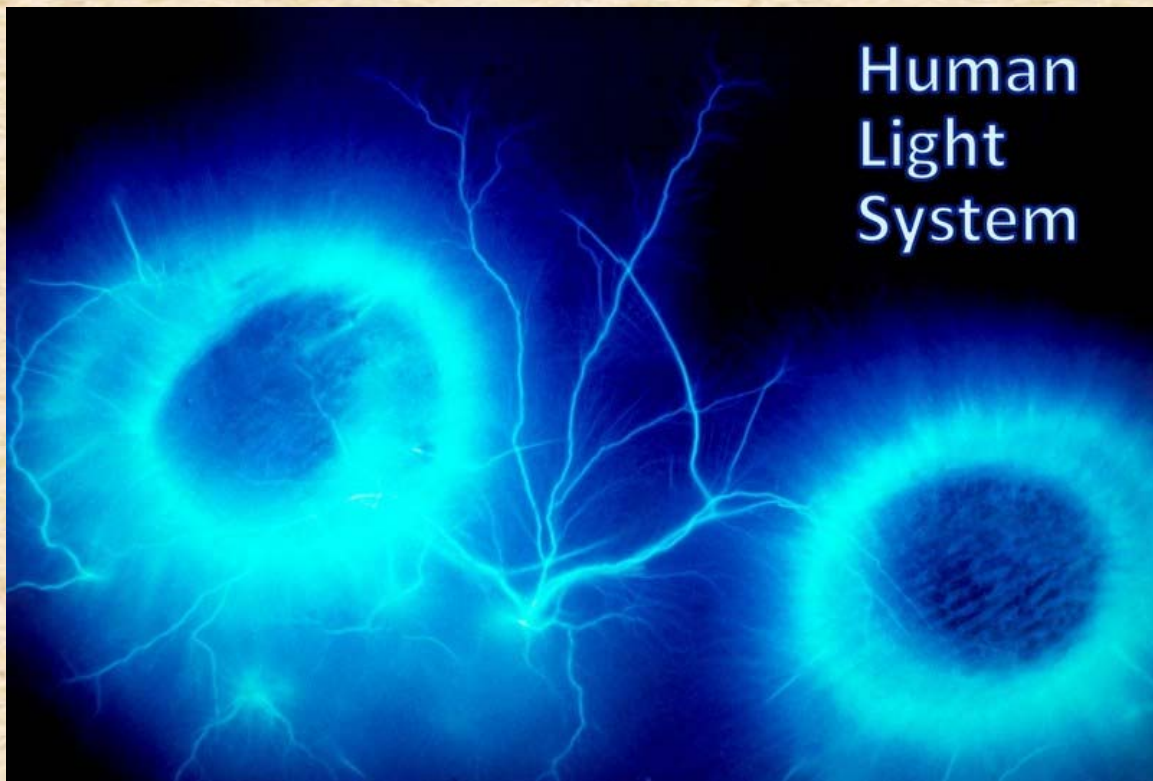
### **Van Dusen**

To some this whole conception of Swedenborg's sounds strange and even highly improbable. Scientifically it appears beyond any real test. If man cannot know these spirits, nor do they even know they are with

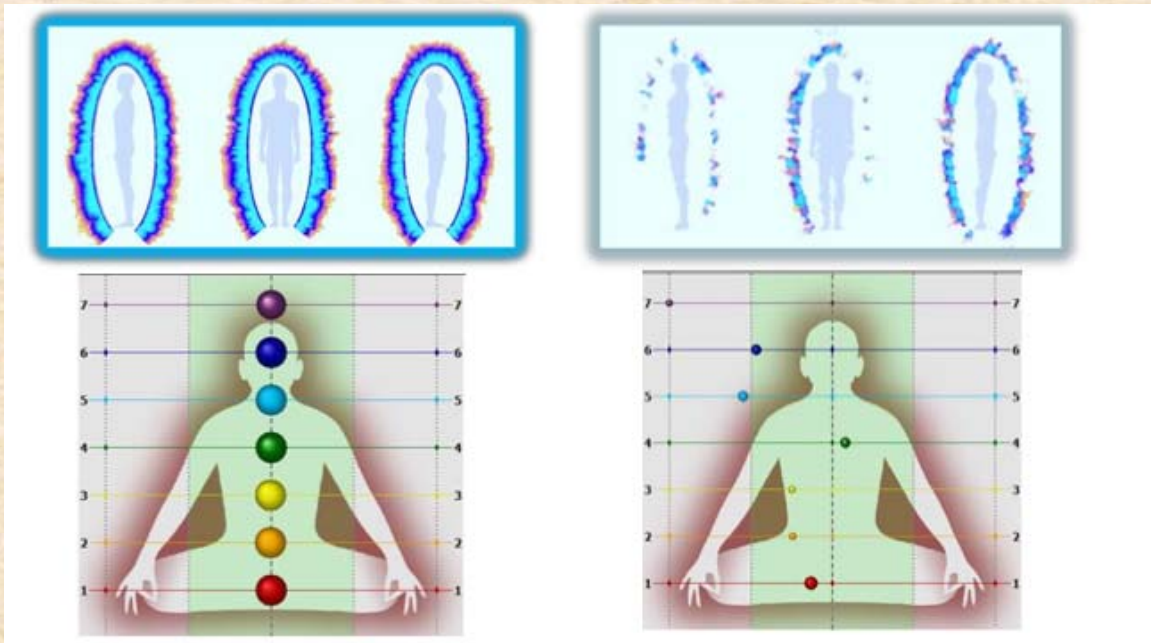
man, the matter is like the worst speculation and not open to examination.

### **Update by Jerry Marzinsky**

In the days when this was written by Van Dusen, his statement was true but today our light bodies can be measured in a laboratory setting through technology that did not exist in his time or in Swedenborg's time. This is labeled by science as one's aura or energetic body or light body. Sherry has provided below the scientific proof that what Swedenborg explains in all of his work is plausible. The evidence shown below belies the idea that evil spirits are nothing more than hallucinations. It shows the laboratory measurements of negative and positive energy being emitted according to one's emotions.





Kirlian photograph of the electromagnetic discharge between two fingertips.



Energy Field and Chakras of a Health (left) and Unhealthy/ Emotionally Unbalanced Individual (right)

Scientists Quantify & [Graphically Chart](#) Alignment of Human Chakras in Various Emotional States

	
YOU	YOU
Feeling love and other positive feelings 0.10 $\blacklozenge$ 0.15 Hz *	Feeling negative feelings 0.01 $\blacklozenge$ 0.08 Hz *

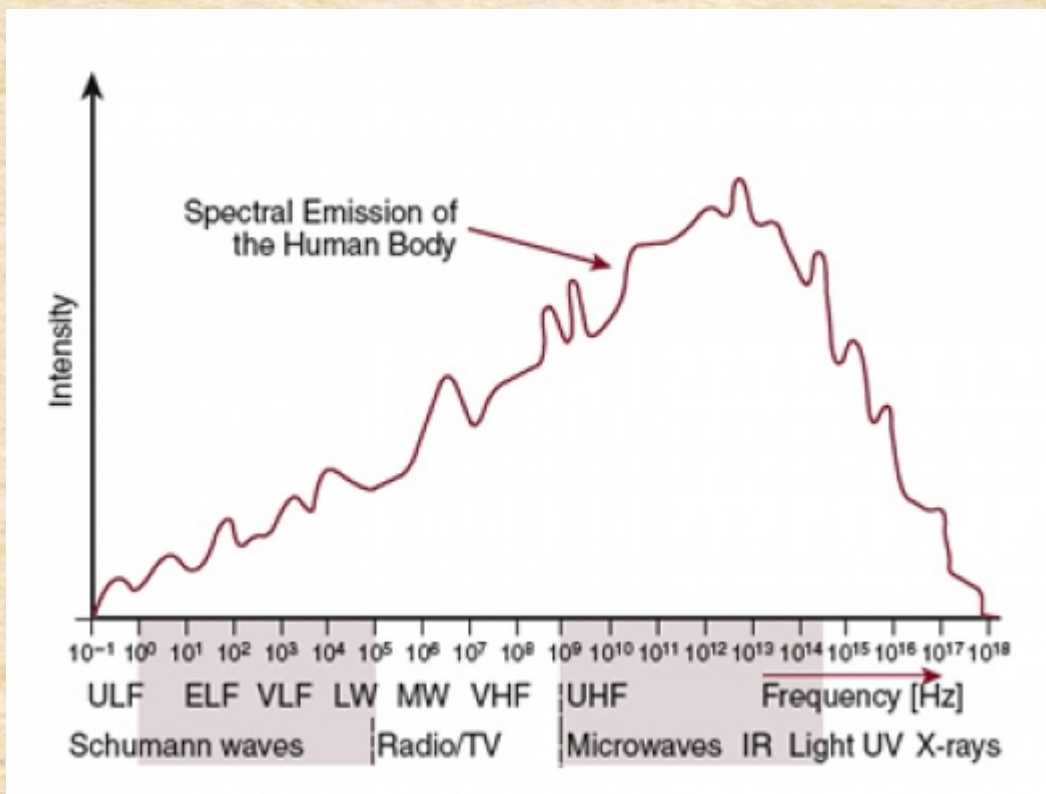
\*Entrainment frequencies as measured on Power Spectrum Graph, [HeartMath Institute](#) research

Emotions have unique vibrations just like colors and physical objects do. These emotional vibrations also go from higher/faster to lower/slower. When you are laughing and having fun, your body's vibrations are lighter (higher and faster). When you are tired and sick your vibrations are heavier (slower and lower). You know how when you are in love, you feel "energized", "high", like you're "walking on a cloud?" That's because your emotions are literally adding voltage and power, lightening your body. And when you're negative and depressed, you feel sluggish, "feeling low," "heavy", "I'm down today."

Your emotional vibrations are giving your body a slower, lower vibration. This is not speaking metaphorically. This is scientifically measurable. ([Molecules of Emotion](#) by Dr. Candace Pert, neuroscientist formerly with the National Institute of Mental Health and HMI)

**It is the slower, lower vibration that the negative spirit entities need to consume to survive. They cannot survive on the higher, faster vibration.**

These recent advances have also shown that [emotional states](#), intention, stress, and other psychosocial factors can significantly affect biological function and health outcomes.



It includes the full range of nonionizing energies. This spectral range is enormous. In some of these regions, such as the infrared, the [human body emits](#) relatively high-intensity radiation, whereas in other regions, such as the visible spectrum, the body emits extremely low-intensity light radiation. Figure 20-2 shows the power spectrum of human emission (Bembenek, 1998).

Thus, man has approached an era of being able to know, scientifically, that these spirits exist. For example: EMF meters are used to measure ghosts.

### **Van Dusen**

In Swedenborg's personal diary and other works he tells how he learned of the powers and tendencies of evil spirits. He was attacked by them as though he were a man possessed, yet it was not permitted that he be injured by them.

In this respect his account sounds very much like madness with hallucinations and delusions. Yet the many documents that have been gathered testify to his normal and even prosperous life as a nobleman, respected scientist and man of the world. Apparently he was a gifted man who was allowed to explore experiences that other less gifted persons are caught within.

### **Update by Jerry Marzinsky**

In the days of Swedenborg and Van Dusen, the art of communicating with other worlds and not being harmed would be labeled as gifted. Today, we know that everyone has this ability but they must be properly trained to delve into other worlds without being harmed. For example, shamans frequently visit other realms and return unscathed. I delved into another world unharmed when my prayer to understand what was happening to my patients was answered (Bottom of the Lake story above).

Patients being attacked can be taught how to fight back. They may not emerge from these experiences unscathed, but by weakening and eventually eliminating the evil ones, the patient can evolve to a higher spiritual level.

### **Van Dusen**

The diagnosis of schizophrenia did not exist in Swedenborg's day, it having been first clearly delineated in 1911 by Eugen Bleuler. Swedenborg did speculate on the nature of madness, sometimes describing it as being too involved in one's own fantasies, and sometimes ascribing it to pride in one's own powers (spiritual

madness). He gave much description of possession by spirits and what they did.

Present day psychosis always involves some degree of self pride (spiritual madness) but the hallucinated aspect looks most like what Swedenborg described under the general headings of obsessions (to be caught in false ideas) and possession (to have alien spirits acting into one's thought, feelings, or even into one's own bodily acts.)

### **Update by Jerry Marzinsky**

Acknowledging the reality of alien spirits versus hallucinations is necessary for helping schizophrenic patients heal. We have a predatory mainstream medical industry that continues to push the chemical imbalance/hallucination theory as the cause of schizophrenia despite the fact that it has been [officially proven false](#). This long held theory is a fantastic myth that is interfering with the cure which this industry states does not exist.

Education in these matters is key to affecting real solutions for mankind. The battle will be with the pharmaceutical companies that are loath to give up their tremendous profits in anti-psychotic drugs that cure nothing but merely suppress symptoms. It is my contention that major pharmaceutical companies are a large part of the problem. Sherry suggests that the driving force behind this false propaganda is the influence by Swedenborg's evil spirits.

“The superior man understands what is right; the inferior man understands what will sell.” — Confucius

### **Van Dusen**

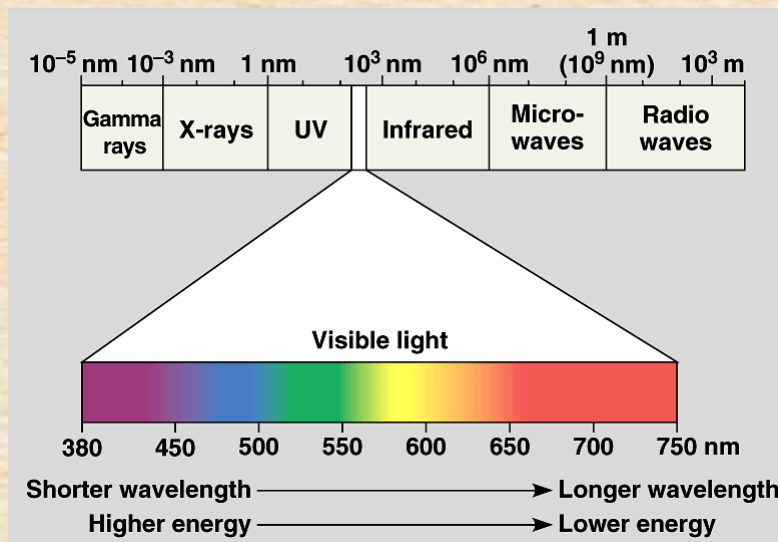
He indicates that normally there is a barrier between these spiritual entities and man's own consciousness. He also makes quite clear that if this barrier of awareness were penetrated the man would be in grave danger for his mental health and even for his life. If evil spirits knew they were with man they would do all sorts of things to torment him and destroy his life.

## Update by Jerry Marzinsky

Today we know that evil spirits are aware that they are with man. Aside from nourishment, their drive to torment and destroy is to prevent with the fervor of a trapped animal, the prospect of man and woman discovering their existence. It is past the time for humans to recognize this is real.

We know beyond all reasonable doubt that when patients are attacked, their energy levels drop. We know this is measurable. We know that our visual spectrum is limited. Some people know the voices are not imagination or hallucinations. This is something everyone finally needs to know. Mainstream science continues to portray anything outside of our 5 senses which is called invisible as nonexistent. Today with more sophisticated technology they know even mainstream science is beginning to question that out-dated idea.

“Everything we call real is made of things that cannot be regarded as real” – [attributed to Niels Bohr](#), Danish physicist, Nobel Prize in Physics in 1922.



Our visual spectrum is limited to a tiny fraction of light that is real

In the past the only light that existed was visible light. Everything else was imagination or fairy tale in the eyes of science.

Today science recognizes that what we see with our eyes is only a small fraction of 1% of what's going on around us. The other 99.9999% is invisible and undetectable by our five senses. We now accept the fact that humans cannot perceive the entire spectrum of light frequencies we know to exist. Special instruments can detect these frequencies, so we know they are there and can have a significant impact upon us. In high enough doses, these invisible frequencies can be fatal. It is most unfortunate that mainstream science still believes that something only exists if it can be measured.

The existing technology has not been used to see if the spirit world can be measured. Therefore mainstream science discounts the spiritual world. Naturally then, science dismisses reports given by those who experience a phenomenon that seems irrational, cannot be detected by our senses and can't be measured irrespective of how many people report it.

For example, millions of people have reported seeing ghosts yet science says with conviction that ghosts don't exist. Can all these people be wrong? If ghosts don't exist, then what are all these people seeing? Science won't really know until it asks that question and develops instruments to measure the spiritual world. Technology to measure spirits is in its infancy.

There are investigators into ghost activity and in fact I have a friend who investigates shadow people and other [paranormal activity](#) using specialized equipment to record and film these events. I listened to one recording where some of the words were distinctly clear. There's another group, equally discounted by science, known as "[shadow people](#)".

As technology continues to improve we are getting closer to being able to substantiate that these people are not crazy but in fact having unusual yet real experiences.

Along these same lines, because the vast majority of us cannot clearly detect the voices schizophrenics hear, does not mean they don't exist. People that have experienced these dark side entities know they are real, myself included. If even a cursory study of these voices were to be done, it would become clear that among the millions of different people who suffer from paranoid schizophrenia, the voices they hear are all saying the same, vile, destructive,



derogatory things, with the same intent, to cause fear, anxiety, guilt and paranoia. In other words their goal is to create negative energy in their victims. For decades to no avail, those who do hear these voices have been trying to tell psychiatry and the rest of us that they are real and most have given up.

People have no problem believing that angels are real even though they are outside of our five senses; but they have a hard time believing demons are real. Why is that? It is written in numerous texts that the greatest trick the Devil ever pulled was convincing the world he didn't exist.

### **Van Dusen**

What Swedenborg describes, looks remarkably like my own findings on the lower order hallucinations. Let us consider lower order hallucinations and possession by evil spirits together. You will recall that I said lower order hallucinations act against the patient's will, and are extremely verbal, persistent, attacking, and malevolent. They use trickery to deceive the patient as to their powers, threaten, cajole, entreat, and undermine in every conceivable way.

These are all characteristic of possession by evil spirits which takes place when the spirits are no longer unconscious, but have some awareness of themselves as separate entities and act into consciousness. It is not clear how the awareness barrier between spirits and man is broken.

### **Update by Jerry Marzinsky**

Denial creates a perception that such a barrier exists. When one looks at the history of malevolent spirits attacking humans, which goes way back into ancient times up until today, it then becomes apparent that this so-called barrier never existed. My own belief system had to be shattered by experiencing them myself before I was able to truly acknowledge the reality of their existence.

For example: Working in close liaison with my specially chosen group of inmates, I collected information about the voices. The voices several times demanded that the patient give me no further information about them as I already knew too much. I found this very odd for what was supposed to be a hallucination.

We subsequently developed increasingly efficient treatment methods for weakening their voices and lowering the frequency with which they attacked. Although my denial system was in shambles, I still was not willing to believe that the voices were entities with a consciousness separate from my patients but rather some deranged figment of their subconscious. That belief was shattered one day when a member of my select group walked into my office without an appointment and announced;

“The voices want to talk to you.”

Over twenty years of working with scores of schizophrenics, this had never happened.

“Well, what do they have to say?”

In a voice tone slightly deeper than his own, these ominous words struck from his mouth

“You have no right to interfere with OUR way of life.”

The statement left me stunned. Our way of life, plural. These were not the words of the inmate and he was quick to make that very point. After he left, I cancelled my appointments for the day and my mind was hurled into a storm of thought and emotion as I tried to sort out what the hell was going on. Whatever these voices were, they weren't anything good. They had tried to destroy my patient who was now making significant progress in weakening their influence and I wasn't about to abandon helping him. We continued to work together and he made good progress.

One night while reading a book written by a shaman, I came across a passage in which he spoke of the existence of invisible parasitic entities who fill our minds with very negative thoughts and commands then consume the negative emotional energy generated. I brought this book into my office then called the inmate whose voices had spoken to me earlier and told him I'd like his opinion and began reading what the shaman had written.

The patient appeared to go into a trance-like state and my office walls began to crackle with sounds similar to that of an electric arc welder. The crackling moved around the office.

Up until that point I believed that whatever the voices were they could not leave the patient or otherwise manipulate physical reality. Their ability to cause a loud electrical crackle to migrate the walls and ceiling of my office proved me wrong. The full extent of their ability to do this or how they went about doing this was unknown to me.

### **Van Dusen**

All of Swedenborg's observations on the effect of evil spirits entering man's consciousness conform to my findings.

### **Update by Jerry Marzinsky**

And yet Van Dusen continued to call the voices hallucinations. It is doubtful a reader that is plagued with the voices would recognize the nuances that Van Dusen intended.. He calls them hallucinations but clearly reports their activities as very different, as entities, as separate from the patient, with organized intent that operates far differently than what are normally understood as hallucinations.

Once Dr. Van Dusen began to consider the possibility that these voices might be real, he found that indeed, they responded independently of the patient. Knowing that his findings were critical for the world to understand, he continued to refer to the voices as hallucinations while at the same time, operationally, he knew these were anything but hallucinations. We see this dichotomy throughout his writings.

It is important that now readers see his purpose for this manner of writing: he did not want his work rejected so he used the common word 'hallucination' to prevent mainstream rejection that would probably not read his entire work for greater understanding. They would see that he was using the established medical term and let it pass gatekeeper scrutiny.

Unlike all other hallucinations, the voices ran constant patterns that were predictably negative, demeaning and destructive. These voices were never helpful or positive, nor were they random.

## **Van Dusen**

The most fundamental is that they attempt to destroy him. They can cause anxiety or pain. They speak in man's own native tongue. (The only instances I could find where hallucinations seemed to know a language other than the patient's were from the higher order.)

They seek to destroy conscience and seem to be against every higher value. For instance they interfere with reading or religious practices. They suggest acts against the patient's conscience and if refused threaten, make them seem plausible, or do anything to overcome the patient's resistance.

### **Update by Jerry Marzinsky**

The voices continue to batter the patient until resistance is overcome. They prevent him from sleeping. Isolate him and do every other mean thing to wear them down. Then the evil spirits are able to parasitically siphon negative energy from the patient, always leaving the patient feeling completely drained.

Resistance is indeed futile, however knowing that the negative thoughts injected into their minds are lies the patient is able to prevent negative emotions. This interferes with generating a food source for the parasites which begins to starve them out.

Given the electrical crackling in my office that resulted from the threat of being exposed by reading to my patient the words of a shaman, I wondered what would happen if my patients were made aware of this correlation. Most schizophrenics were not aware of the correlation between the energy drain and the attacks unless it was pointed out to them. I chose to experiment with patients who I felt stable enough to maintain control.

When I said, "If you stuck your hand into a fire a thousand times and each time you got burned, what burned you?" They all knew it was the fire.

But when I said, "If the voices have been attacking you for years and every time they leave you feel drained and depressed, where do you

think your energy went?” Almost ninety five percent of the time they did not know.

However, when I said, “So what do you think this means?” They weren’t sure except that they felt weak after being attacked.

“Yes, attacked by what?”

“The voices!”

So they understood they were being attacked by the voices but were unable to make the connection between the attacks and their energy disappearing. Clearly, something was blocking their awareness. Sherry describes this as the gatekeeper effect.

After being attacked by the voices Sherry noticed her energy drop to almost zero. She felt worn out from being harassed and hounded with thoughts that seemed determined to make her hate and blame herself for things she didn’t think she did. There were times when she questioned herself as to whether a disturbing memory was something she had done and forgotten. She struggled to know if the memories were true or false. By observation of her reactions to the attacks, positive or negative, she came to the realization that the assaults were the vehicle used by the entities to somehow suck her energy from her.

I thought for years that it was the patient’s anxiety generated by these attacks that was causing the energy drain, but through a series of events, discovered that this was not true. As Sherry discovered, it was the entities that were siphoning off the patient’s energy.



Those patients were prisoners of their own mind and the negative entities strove to keep it that way.

### **Van Dusen**

Swedenborg says these spirits can impersonate and deceive. This accounts for one puzzling aspect. Patients say voices can shift sound and identity as they speak, making it impossible to identify them. Or if a patient treats them as some known individual they will act like him. They lie.

Most patients who have experienced voices for any length of time come to recognize this. They tell a patient he will die tomorrow and yet he lives. They claim to be anyone including the Holy Spirit. It took some while for a woman patient to come to realize the male voice in her probably was not Jesus Christ as he claimed. She considered him sick and proceeded to counsel this voice, which improved and left her!

### **Update by Jerry Marzinsky**

This is confirmation that recognizing the words of the voices, as lies, and calling them on this, causes these entities to leave.

When Sherry was searching for answers she wondered, "Who is it observing my thoughts? What are thoughts? Where do thoughts come from? Where do thoughts go once we think them? How do I

control them if I'm able to step back and watch them appear out of nowhere, realizing they are not coming from me, the watcher?"

She then developed a mental program to eliminate the parasitic spirits from her life. She writes: "The truth is that each of us is born as a pure being; each with a pure and sovereign spirit, each with the potential to live a happy productive healthy and prosperous life. By the time the world gets through with us, running us through the mill and negatively programming us, we forget all of that. For some of us the process is torturous (as was mine). For others the process is like every day hearing and seeing, witnessing people say and do things that are nasty, egotistical and completely contrary to the purity they were when they first arrived here in the flesh. Thus, our subconscious records these things as truth when it is all lies. With our perception of the world influenced by these lies, we become the perfect feeding ground for these parasites. Unless we call it what it is. [A lie.](#)"

### Van Dusen

Swedenborg said, "When spirits begin to speak with man, he must beware lest he believe them in anything; for they say almost anything; things are fabricated by them, and they lie; for if they were permitted to relate what heaven is, and how things are in the heavens, they would tell so many lies, and indeed with a solemn affirmation, that man would be astonished; ... They are extremely fond of fabricating; and whenever any subject of discourse is proposed, they think that they know it, and give their opinions one after another, one in one way, and another in another, altogether as if they knew; and if a man listens and believes, they press on, and deceive, and seduce in diverse ways."

Though most patients tend to recognize [these lies], most still put faith in their voices and remain caught by them. For instance, one lady felt a group of scientists including a physician and engineer were doing important but painful experiments on the ends of her bones. Even though I couldn't find a trace of medical knowledge in the physician or any mathematical ability above simple sums in the engineer, she continued to believe in them.

[Another patient] claimed [the voices] could read my mind, but I showed her by a simple experiment that he couldn't.

Many voices have indicated they will take over the world, or have already done so, which bit of bragging Swedenborg noticed too. They can suggest and try to enforce strange acts in the patient and then condemn him for compliance. They draw attention to things sexual or simply filthy and then proceed to condemn the person for noticing them.

### **Update by Jerry Marzinsky**

This is a good reminder that all humans are subject to the parasites to a lesser or larger degree. Many people shrug off weird thoughts showing up out of nowhere and go about their way unscathed; others take them to heart and are disturbed by them leaving them feeling depressed or angry for apparently no reason; severe cases are the schizophrenics mentioned here by Van Dusen.

For example, a woman was driving her car when suddenly the thought popped in that said, "I wonder what it would be like to swerve into the on-coming lane." This was something the woman would never have thought of and wondered where that came from, shrugged it off and continued on her way. Had that been a schizophrenic listening and under complete control of his voices he might have done so, hurting himself and others, or even killing everyone.

### **Van Dusen**

They often refer to the person as just an automaton or machine, a common delusional idea that many schizophrenics adopt.

### **Update by Jerry Marzinsky**

Sherry suggests that the medical establishment that treats people like machines receives this belief from the dark side entities.

Throughout this document depicting humans as machines has been shown to be the primary mindset of many scientists, especially those in the medical industry. They believe symptoms of an ailment can be treated in isolation. They frequently do not look for the root cause from the whole body/mind/spirit system. This makes it easy for schizophrenics to buy into the story they are told by their doctors they



are broken. It's a tough lie to crack since science says humans are nothing more than anatomical machines. Our bodies are biological systems that are animated by our spirits, and profoundly affected by our thoughts and feelings.

### **Van Dusen**

In the normal condition these spirits cannot see and hear the world of man (AC 1880), but in mental illness they can. (SD 3963) For instance I was able to give the Rorschach Ink Blot Test to a patient's voices separately from the patient's own responses. Since I could talk with them through the patient's hearing they could hear what the patient heard. Though they seem to have the same sensory experience as the patient I could find no evidence they could see or hear things remote from the patient's senses, as they often claimed.

There are a number of peculiar traits of the lower order hallucinations on which Swedenborg throws light. If voices are merely the patient's unconscious coming forth I would have no reason to expect them to be particularly for or against religion. Yet the lower order can be counted on to give its most scurrilous comments to any suggestion of religion. They either totally deny any after life or oppose God and all religious practices. (AC 6197) Once I asked if they were spirits and they answered, "The only spirits around here are in bottles" (followed by raucous laughter). To Swedenborg it is their opposition to God, religion, and all that it implies that makes them what they are.

Another peculiar finding is that the lower order hallucinations were somehow bound to and limited within the patient's own experiences. (AC 796f) The lower order could not reason sequentially or think abstractly as could the higher order. Also it seemed limited within the patient's own memory.

For instance, one group of voices could attack the patient only for things he had recalled since they invaded him; and they were most anxious to get any dirt to use against the patient. Swedenborg throws light on this when he indicates evil spirits invade man's memory knowledge. This accounts for their memory limitation, their lack of sequential and abstract reasoning, and their extreme repetitiveness.

As I indicated earlier, it is not uncommon for voices to attack a person for years over a single past guilt. It also accounts for the very verbal quality of the lower order as against the higher order's frequent inability to speak at all. (AC 5977)

Swedenborg indicates the possibility of spirits acting through the subject (AC 5990), which is to possess him. This I have occasionally seen. For instance the man who thought he was Christ within a woman sometimes spoke through her, at which time her voice was unnaturally rough and deep. She also had trouble with him dressing at the same time she was because she would be caught in the incongruities of doing two different acts at once.

Another peculiar finding which Swedenborg unintentionally explained is my consistent experience that lower order hallucinations act as though they are separate individuals and yet they can in no way reveal even a trace of personal identity, not even a name. Nor can they produce anything more than was in the patient's memory.

Most patients have the impression they are other beings. They will take on any identity suggested, but they seem to have none of their own. This strange but consistent finding is clarified by Swedenborg's account. These lower order spirits enter the man's memory and lose all personal memory. The personal memory was taken off at their death leaving their more interior aspects. That they discover they are other than the man allows obsession and possession to take place and accounts for their claiming separate identity and convincing the patient of this. But their actual lack of personal memory comes from their taking on the patient's memory.

### **Update by Jerry Marzinsky**

Rather than the entities taking on the patient's memory, it is said that they are actually giving us their mind. As quoted in part from Don Juan Matus (Carlos Castaneda books):

“We have a predator that came from the depths of the cosmos and took over the rule of our lives. Human beings are its prisoners. The Predator...has rendered us docile, helpless. If we want to protest, it suppresses our protest. If we want to act independently, it demands that we don't do so...They took us over because we are food for them, and they squeeze us

mercilessly because we are their sustenance...Think for a moment, and tell me how you would explain the contradictions between the intelligence of man the engineer and the stupidity of his systems of beliefs, or the stupidity of his contradictory behavior. Sorcerers believe that the predators have given us our systems of belief, our ideas of good and evil, our social mores...In order to keep us obedient and meek and weak, the predators engaged themselves in a stupendous maneuver stupendous, of course, from the point of view of a fighting strategist. A horrendous maneuver from the point of view of those who suffer it. They gave us their mind!"

Over the 35 years I've worked with schizophrenics I've found that the voices hate it when their victims were told the truth about them being predators. For example when I read the above quote to a patient to ask his opinion, his voices went crazy, unable to control them he notified me I was in danger and he had to leave.

### **Van Dusen**

I deliberately looked for some discrepancy between my patients' present experiences and what Swedenborg described. It appeared I had found it in the number of spirits who were with one patient.

They may have three or four most frequent voices but they can experience a number of different people. Swedenborg says there usually are only two good and two evil spirits with a person. He also gives instances where spirits come in [crowds] of people at a time.

I later learned that where there is a split between the internal and external experience of a person, as in schizophrenia, there can be many spirits with a person. Also as patients' voices themselves have described the situation, one spirit can be the subject or voice of many. This was the case with the lady who had a team of researchers working on her bones. They themselves were in a kind of hierarchy and represented many. Only the lowest few members of the hierarchy became known to the patient and myself. Swedenborg refers to such spirits as the subjects of many.

Both Swedenborg and the medieval literature speak of the aim of spirits to possess and control some part of a patient's body. Parts

involved in my observations have been the ear, eye, tongue, and genitals.

The medieval literature speaks of intercourse between a person and his or her possessing spirit, giving these spirits the names incubi and succubi depending on their sex.\* One female patient described her sexual relations with her male spirit as both more pleasurable and more inward than normal intercourse.

\* See *Demoniality; or, Incubi and Succubi (17th Century)*, London, 1927. [Various formats of the 1879 edition are available at Archive.Org The 292-page pdf is [here](#).]

Swedenborg makes clear that those who enter the affections or emotions enter thereby into all things of the body. These more subtle possessions are more powerful than simply having voices talking to one, and can easily account for affective psychoses where there is a serious mood change. One older German woman was depressed by tiny devils who tormented her in her genital region and made her feel the horror of hell.

### **Update by Jerry Marzinsky**

These are the tactics of the energy parasites where feeling horror or physical pain creates negative energy and that negative energy is their food. A female patient in the hospital ER experienced two spirit sexual invaders. She described one as her lover and the other as the bad one. The bad one raped her at night when her lover spirit was not around. She described his genitals as ugly and distorted with barb-like things that hurt her. When her lover spirit started it was OK but then he would not stop. Over many weeks he was having sexual activity with her from the time she got to work until quitting time.

Another female patient was told by her voices that he was having sex with her. She declared, "No you're not." The voice replied, "Oh yes it is. Every time you masturbate I'm having sex with you."

### **Van Dusen**

There are many impressive similarities between the patients' experiences of lower order hallucinations and Swedenborg's obsessions and possession by evil spirits.

The higher order hallucinations are quite a bit rarer, do not oppose the patient's will, but rather are helpful guides, and are far more abstract, symbolic and creative than lower order hallucinations. In Swedenborg's terms the higher order would be angels who come to assist the person.

### **Update by Jerry Marzinsky**

If true that the higher order are angels, then just as angels are real; the parasitic beings are real as well; they are not imagination, nor are they hallucinations, and they are certainly not brain malfunctions.

### **Van Dusen**

As Swedenborg describes it, they reside in the interior mind which does not think in words but in universals which comprise many particulars. The higher order in one patient visually showed him hundreds of universal symbols in the space of one hour. Though he found them entertaining he couldn't understand their meaning.

Many of the higher order are purely visual and use no words at all, while the lower order talks endlessly. One patient described a higher order spirit who appeared all in white, radiant, very powerful in his presence and communicated directly with the spirit of the patient to guide him out of his hell.

Swedenborg describes how the influx of angels gently leads to good and leaves the person freedom. I've described the incident where the patient recognized good forces first as a sun which withdrew from him when he was frightened whereas all his experiences of the lower order had been attacking. It was this simple respect for his freedom that led the patient to believe this was another order.

Swedenborg indicates that good spirits have some degree of control over the evil ones. Higher order hallucinations have made the same comment—that they can control lower order ones, but it is seldom to the degree the patient would desire.

### **Update by Jerry Marzinsky**

Working with angels has been very effective. In many sessions with patients, I have called upon angels to help quiet the voices long enough to reach the patient and give them the information needed to help heal them.

### **Van Dusen**

In some respects they overcome the evil insofar as the patient identifies with them. In one case I encouraged the patient to become acquainted with these helpful forces that tended to frighten him. When he did so their values merged into him and the evil plotters, who had been saying for months they would kill him, disappeared.

I seem to see some kind of control of the higher order over the lower, though the nature and conditions of this control are not yet clear. Again, precisely in agreement with Swedenborg, I found evil spirits cannot see the good, but the good can the evil.

It remained a considerable puzzle to me for over a year why the higher order hallucinations were rarer since they were far more interesting to the patient and myself and potentially more therapeutic. Again, Swedenborg has an explanation that fits beautifully with my findings. He indicates angels possess the very interior of man. Their influx is tacit. It does not stir up material ideas or memories but is directed to man's ends or inner motives. It is for this reason not so apparent and hence rarer in the patients' reports.

### **Update by Jerry Marzinsky**

The benevolent realms do not usually respond unless the patient specifically asks them to help; this may be why they are considered rarer by Van Dusen. The exception is interfering with a suicide attempt. In some cases the higher order will interfere to prevent a fatal accident.

## Van Dusen

### Conclusion

The similarity between Swedenborg's findings and what hallucinated patients reveal is striking. It is even more so when one considers my own findings were established years before I really examined Swedenborg's position in this matter. It seems remarkable to me that, over two centuries of time, men of very different cultures working under entirely different circumstances on quite different people could come to such similar findings.

Moreover Swedenborg's exploration makes sense out of details which are otherwise strange and incongruous. I tried to find some discrepancy from his writings but could not. I'm inclined to feel that Swedenborg and I are dealing with the same phenomenon.

From this some might conclude that Swedenborg was simply mad. Yet a lifetime of appropriate behavior and an almost fabulous productiveness belies this. I only wish I had such a madness. In contrast, my psychotics have lives that have spiraled in on themselves and are more than usually unproductive.

It appears Swedenborg traversed a realm experienced by these people but he did so with a great gift of intellect and a capacity to understand, describe and relate to others. Swedenborg, a very gifted normal, passed through the same region which besets and psychologically destroys the mentally ill.

What are the real implications of this? I'm inclined to speculate that Swedenborg's unconscious interaction of man with hierarchical kingdoms of heaven and hell, and the modern theories of the unconscious, are dealing with the same matter.

One then wonders whether his spirits are merely pieces of the unconscious or simply a reflection of this interaction with spirits. That is, which is the more substantive reality—the unconscious or the world of spirits?

In the first place I think these two are the same. If one must ask which is cart and which is horse, I think Swedenborg's explanation is the horse—the more substantive explanation. For one thing

Swedenborg accounts for newly discovered details of hallucinations better than any theory of the unconscious. At the same time his explanation accounts for the whole order of events beyond man.

That Swedenborg has described the same region as patients experience I consider relatively well established. The substantive question above is not well answered, but is a matter of opinion or faith at this point.

It is curious to reflect that, as Swedenborg has indicated, our lives may be the little free space at the confluence of giant higher and lower spiritual hierarchies. It may well be this confluence is normal and only seems abnormal, as in hallucinations, when we become aware of being met by these forces.

Patients traverse this region by an alienation from the sources of their own thoughts and feelings so they experience the underpinnings of their own mind as alien forces. In contrast, Swedenborg deliberately traversed this area so that he might describe the sources of feeling and thought itself.

Man, thinking he chooses, may be the resultant of other forces. In Swedenborg's terms, the good man comes to see this and acknowledges his dependence. The evil one takes pride in what is more than his, and thereby puts himself out of harmony with the hierarchy of creation.



## Conclusion



“The things of nature are nothing but affects: their causes are in the spiritual world.” – Emanuel Swedenborg (AC 5711)

Some seven hundred years ago Swedenborg was able to witness the deleterious influence of evil spirits on the minds of men and such appears throughout his extensive works. Dr. Van Dusen realized a marked similarity between the evil spirits Swedenborg described and the voices his paranoid schizophrenics were hearing. Meanwhile, I had independently come to the same conclusion before meeting Dr. Van Dusen.

We now have a clear idea of exactly how these evil spirits operate and how to get rid of them. This has been done many times and patients diagnosed as paranoid schizophrenic have been completely cured. With their voices gone, they were able to carry on a normal life without toxic anti-psychotic drugs.

Paranoid schizophrenia is not caused by any chemical imbalance in the brain and its effective treatment requires a significant paradigm change in the way we have been programmed to think.

Wilson and I worked on a book together. Four chapters were finished before his death. I have no doubt that he would be pleased to know

that his original work has been carried forward. In this writing, we have built on the foundation of Wilson's work and further consolidated the writings of Emanuel Swedenborg with my own findings. A plethora of new information about the workings of negative spirits, which in their most pronounced form manifest as the voices schizophrenic patients hear, has thus emerged. I have no doubt that it would be Wilson's last wish for this new information to be published. Prior to his death, Dr. Van Dusen told me, "It is the voices that drive paranoid schizophrenia. If they can be gotten rid of by any means, all psychotic symptoms will vanish with them."

I have found that when my patients are able to drive away their voices, they no longer suffer from paranoid schizophrenia and are able to live normal lives again. They do not do this with drugs. They accomplish this by understanding that the voices are energy parasites. They are conscious beings with the intent to siphon life energy from their victim. To generate this negative energy, the voices must persuade their victim to become emotionally distraught. This is done by lies, trickery, and deception, leaving their victim weak and depressed.

I have shown in this paper some of the methods I used with patients to help eliminate their voices. These methods correlate with Swedenborg's lessons in a profound way.

As long as the medical establishment continues to insist that paranoid schizophrenia is a result of hallucinations caused by a chemical imbalance in the brain, while refusing to look into what the voices are, toxic anti-psychotic drugs will continue to be the main treatment. This treatment merely suppresses the symptoms and cures nothing while potentially damaging the patient in catastrophic ways.

Finally, I would like to point out that schizophrenics have a lot to teach us. They should not be relegated to the status of psychotic hallucinators who have nothing to contribute. In the physical world, we believe that we are at the top of the food chain. This is not true. We are surrounded by a world of spirits containing predators that are feeding upon us all.

For almost the whole world of spirits is wicked, and fanatical, and eager with all their effort to obsess mankind. ([Spiritual Experiences §3781](#))

Patients (and all people) need to understand that once they have eliminated the voices, they must continue to remain on a positive spiritual path. In Sherry's experience, over the period of many years her entities returned to test the waters to see if they could provoke any negative emotion upon which to feed again.