

YADA SPEAKS

SELECTED COMMUNICATION #9

*No Life Without Love—Life Is In Your Hands—You Cannot Die—
Abducted By Wild Animals—The Remarkable Physical Body—There
Is Only One Life—The Blind Biological Path*

My friends, you make me very much alive by extending your love and appreciation to me. It makes me feel BIG! And you see, we make others feel BIG by giving them love, for only love can legitimately and rightly make us BIG. BIGNESS is living, is life, is being alive. And giving love to others makes them alive.

In your Christian Bible, one called Jesus has said, "I am come that you may have life, and life more abundantly." I, love, come to your consciousness so that your consciousness may become aware of its greatness. How wonderful! Without love there would be no life. NO LIFE AT ALL! Love is the attracting force. Love is magnetic. It pulls to its own, always to its own—and its own is love. There is no giving without getting; and no getting without giving. This is law.

We go to your law of physics, and here again we find it. It is called the conservation of energy. You cannot take energy from over here, and take it over there and leave nothing here. You cannot leave a hole, a vacuum. Whatever you take from over here must be put back. Conservation of energy! To give is to get.

Many people think that I give and give. They do not realize that for every little bit I give—I get. You do me a service when you ask for my service. You give me more life. This means you give me something to do. Can you imagine what it would be like to live forever in solitary confinement? With nothing to do? It is the worst punishment possible to give a human being. To cut them off from the rest of existence. It creates stagnation, and stagnation is death. (So we do one another a great service when we give to each other something to do.) Wonderful!

We give each other immortality in love, holding each other in the cup of our minds. Many people, not knowing, give each other immortality in hate. Their hate keeps that person alive in their minds. In this way giving that person power to do them evil, to hurt them, to torture them. If you do not want another to torture you, love them. Although you may think that this person is just no good, is very bad. But seldom do we realize that we are giving that person the badness in our way of thinking of him. In doing good to those who hate us, they cannot harm us.

They call it psychology! But see how simple it is. When I hate another I work up poisons in my system. In this way I help them to kill me. I lend them the power. I give them the gun to shoot me with. **THANK YOU FOR YOUR LOVE, FOR THE IMMORTALITY YOU**

GIVE TO ME. To live consciously is to truly be ALIVE. No one has needs that cannot be taken care of. Only if we reject love can this happen. There are many people who have suffered such negative thinking that they reject love and thereby suffer from its lack. Never feel that you are not worthy. You are! Every moment—very worthy!

Be prepared to be responsible for your own life. When you leave this world, what is called the matter world, when you turn over and dream another dream, be prepared to make it what you want it to be. You see, coming here, the majority of people are born unconscious. They are not aware! Mentally they are a *tabula rasa*, a blank slate, a brain not written on—blank. So many of us go out blank and come in blank.

Now, my friends, we need not be born unconscious. This means, if we can come into the physical world knowing, consciously, we can stay conscious all the way through. There will be no point of unconsciousness. What a wonderful state of awareness that is! Now, because almost everyone is born unconscious, we have to learn right here, start right here in this world, to become conscious. Day by day, hour by hour, moment by moment. I am I! Let me be aware of me!

I have a story to tell about reality. It is not my story for I purloined it from your world. It is a story about a lady who was unkindly called an old maid. Such a one has been made that way by her parents or guardians—afraid of the opposite sex. So she retires into herself. The dreamer within her does not want to dream of real males. But she does have dreams. This she cannot stop. For she does have desires even though they have been frustrated. They're still there making her hungry, hungry. A hunger that brings great irritation and makes the body sick. Because she has been taught that to express herself is evil. God doesn't like sex—don't do it! Oh? You are a human physical body and you have organs that have to function. Each one must function in its own way, and has to be expressed in its own way. And if you do not intelligently learn how to follow these desires, let those organs function normally, you will come to function abnormally and bring sickness upon yourself.

But this woman dreams of the handsome male all the time until she comes to a state of consciousness that in her dreams everything is beginning to seem like external reality. So she is just as frightened in her dream experience as she is in her wakeful dream. One night she dreamed a handsome man was looking at her over the foot of her bed. She was very frightened because it seemed so real. She pulled the covers up around her chin and cried out, "Oh, sir, what are you going to do to me?" He looked at her and said, "Lady, I don't know. This is your dream."

Can we say to life: What are you going to do to me? This is your life, your dream, LIVE IT! Of course you will make mistakes. That is the way we humans learn. But the intelligent way, the sane way is to recognize the fact that you did make the mistake. It was yours, not somebody else. When something happens of a seeming evil nature, we usually say, "I didn't do it. God did it. Or, the devil did it. Or my parents, or my neighbor did it. But me? I am innocent! I wasn't even looking."

But if it is something good and intelligent we don't go hide in a corner. We throw up our hands and shout, "Yoo-hoo, I did it, look at me! I did it!" Such is the uncontrolled ego.

My friends, we do this because we are afraid. We are frightened—frightened! So many people do not sleep because they are eaten by fears. Some to the point that they do not know what they are afraid of.

A man once said to me, "What am I going to do? I'm afraid to go to sleep. I'm afraid I'm going to die!" NEUROSIS! We have plunged ourselves into a neurosis that slowly kills us and puts us into permanent sleep.

I said to this man, "Aren't you equally afraid of staying awake?" He said, "No, because I'm conscious. I am aware." I said, "Are you?" "Yes," he replied. I said, "My friend, if you are truly aware you would know that whatever you do, wherever you are in mind, in consciousness—you cannot die! You cannot! You may lose awareness of a body, but that is not death because most of us are in that state walking around.

Let us look at one who calls himself healthy, strong, energetic. You ask him, "How do you feel?" He says, "Good!" The truth is he feels nothing. That's when you feel the best. It's when the body starts feeling that you are sick. A sensory feeling in the body is out of balance. When we feel good, we feel nothing. This is health! There is no ache in this joint or that joint. No pain in the skin, muscles or blood. I AM STANDING IN JOY, WHICH IS NO FEELING.

When you pass from the physical body you can attain a state of consciousness in which you are aware of only I AM. You do not think, "I am so-and-so." Just I AM. Because why? Because there is no so-and-so. These are labels, tags manufactured, a part of our dream. I am called Yada di Shi'ite but I am also many, many, many past personalities. So which am I? A thousand years ago all of you sitting here were named by another label. Not only in name but in skin and sex. So—who are you? Is mind, is consciousness sex? No, it is sex-less. But it created an idea, an idea of getting into the physical world. This idea is called sex organs. IT IS AN IDEA! So this idea is imprinted on a grouping of substances called genes and chromosomes. I am a male! I am a female! I pass this idea, this feeling, on to the genes and chromosomes and cause them to create cells in a certain fashion, to create an organ called male or female. With this kind of creation comes another thing called "feeling." A male doesn't feel like a female feels—happily for them both. Male and female is a state of mind.

Sometimes there is an uncertainty in this state of mind and it creates what is called a freak, or a sport. Meaning an unusual condition, that is all. Sometimes producing what is called hermaphrodite, or two sexes in one body.

Sometimes it does not carry this through that far. It may create the male organ and a female consciousness. Then we have what is called the male homosexual, or female lesbian. So the so-called normal people—NORMAL PEOPLE—what is that? What is normal? Only me! So the so-called normal people put up a big fuss making believe they do not understand this situation. This is evil! This is wrong! Are

they telling god this? If you really believe that a god created you, then where, where can you have the temerity (I like that word) to criticize your maker. But, if you understand by thinking comprehension that you created your own body, then you must be responsible for it. And you must not be ashamed of it. For you have no reason to be ashamed of it. Your desires are what make you. This is you! Are you afraid of you? Can I be afraid of me and stand me? I'd go mad! To have balance, to have sanity, is to learn WHAT I am, so I can live with me. If I cannot live with me, I cannot live with you. And to put a curtain in front of me I'm going to point my finger at you. You're to blame for everything. I didn't do it! This is to keep blame from me. GUILT—SHAME—my friends, UN-NECESSARY! You have been conditioned to it. Now you can uncondition yourself in you want to live a comfortable life. One of the first things the initiate is taught is not to be ashamed of anything. You have just LIVED! And can you live without making mistakes? So keep your eye on the Light and walk on, walk on. *

Right here I want to point out the interesting complications that occur when a small baby is kidnapped by wild animals. This has happened, not only in ancient civilizations, but in fairly recent times in the Andes mountains and the jungle. This subject brings to a clear focus the very sensitive and demanding trap we call a physical body.

Today in India and Africa, children living in jungle life have been carried off by female animals because they had lost their young. Baboons have nursed human babies and taken seemingly good care of them except as the human grew he became more like a baboon than a human. There have been cases of highly educated white people losing their children in this way and animals that raised them were not only baboons but some cats. Once raised by animals that human being is never again able to live, speak, and think as a human. Because when one comes into reincarnation from one life to another, they always come in with a clean slate for a brain. So, however that person is conditioned by the environment he is first born into, that will be the most lasting attitude of that being. It is extremely difficult to re-impress the mind for more human like action when the baby is taken from the animals after it has lived so many years with them. Because it not only affects the brain and mind, it affects the entire anatomy, the entire physiology of the body, and so severely that there is nothing you can do to change it. There is one chance for that being and that is when he dies and is to be reborn. For them it may be possible to wash out the memory of his animal life by human treatment in the astral world. But as long as he is in the world he will never be made an intelligent being.

It affects the whole body! Isn't that remarkable when you think about it? How thought does not just stop in the head and does not start only in the head. The whole body by chemistry, by electrical, chemical action, gets the feeling of the thoughts. Think of that! Could you see with the eye the reaction of the entire body to a thought—let us say an impressive thought called fright where you could get a true, vivid picture of what goes on in the body—Kasida! You would be amazed—

yes, amazed. The whole body is a thinking, feeling organism. An interesting way to prove this is to put food in front of one that they are not accustomed to. That person may simply push it away and say, "I do not like that." And you will simply think it is a matter of surface liking. But his whole body responds to his dislike of it. As you know, certain aromas, pleasant to some, can make others violently ill. Some very nice aromas like perfumes, can throw the mind back out of space and time where you relive an experience that that perfume triggered through the nervous system.

The physical body is so remarkable, it is such a complex machine, that you cannot begin to imagine its ability to exist. I have thought many times how amazing that any living organism manages to live as long as it does. It is a constant battle for the physical self to stay in one piece. It is being attacked through the sensory system all the time. Sometimes it gets a little rest from vibrations that it enjoys.

Man does not feel it difficult, not really, to live under any conditions. For a baby to be raised by a wild other species of life is not strange. The survival drive in animals is just as acute as it is in the human animal. And the animal mother generally imparts the drive to stay alive to its young. It gives it reasons for being wanted. It gets the feeling of security and what is called love from association with the mother's body. In the astral world, for a time, the baby raised by wild animals will go to the animal kingdom for its relaxation.

There are beings in various levels of consciousness that for convenience sake we will call "helpers." There are human beings that act as helpers in the animal kingdom, or the animal consciousness that survives the death of its physical structure. These beings can discuss with the most intelligent animals things that will tend to improve it as its life force re-enters a physical form. For all life is one life. This must be whether it is man or monkey, or the cat, or the bears, or anything that has life.

The snake is a wonderful being. So wonderful that the ancients used it as a symbol of wisdom. So everything that lives continues to live so that that life will try again to advance itself.

And little by little it comes out of the animal mind into the human mind, which is itself animal, and trains itself to be "god-like." Animals that are pets and kept around humans, can eventually become human. You see, this may sound fantastic but not so when you realize THAT ALL LIFE IS ONE LIFE. The difference is the conditioning that this life gets in entering a physical form. Such an intelligence is limited by the form it comes into, limited in its action, limited in that thing called appreciation. It has a kind of appreciation for things, but it is not a human kind of appreciation. Same way with a human when he begins to be a human; he does not have the same kind of appreciation that he will have when he becomes CONSCIOUSLY a human. THEN CONSCIOUSLY THE LIGHT, THE ETERNAL LIGHT OF CREATION—HE BECOMES IT!

Sometimes dogs get more love than children. Now this shouldn't sound silly since this is the way things are. So we have to go along with

the way things are until we can try to make them a little better than they seem to be. That is the work of the human being, the true human, is his interest in his fellow man. So that he becomes his brother's keeper without becoming his jailer.

Now for those of you who have delved deeply in metaphysics and occult laws, the question arises whether the kidnapping of a baby by wild animals is of a karmic influence, or are all such events an accident?

First, I want to ask all of you sitting here this question: Is it true that there can be some accidents, and other happenings that are already planned and worked out? No! THERE ARE NO ACCIDENTS! One accident—then everything is an accident. That is why it is so important to come awake and aware, so that unconscious patterns are not formed to cause so-called accidents. Then we can CONSCIOUSLY form our patterns of life, and KNOW consciously how we happen to ourselves. Things do not happen to us; we happen to ourselves. And most often in pain and frustration as we are caught in the unconscious web of the patterns we have formed.

Now, the chances may be, in an isolated case, that this mentality, this being that was stolen from its parents, in a past life had so degraded its mind, had become such an animal itself in feeling, that it put itself in a position to be living with animals. Because (it could find no way to be born into, back into a four footed animal) So it put itself in a position to be kidnapped by them. Some humans become frightened by the treatment they have received from other human beings, so they turn to animals for reciprocal affection.

What matters in any of this is: Where is your love? Do you have any? Or are you doing these things more as an escape from reality, the reality of yourself as a human being?

Now in the past I have always strongly taught and asserted that man has never descended from the animal. So here you hear me saying that an animal becomes a human being. So you will probably want me to reconcile my statements.

First, what is a dog? An idea! A thought! The form is a manifestation of the idea or thought. Form is a symbol of the reality. What are humans seeking? Most do not know, for they just fall into and out of the physical world, being pulled in by their lower desires.

They did not do anything so bad to be living with animals. Like the stolen baby we just spoke of, you will find the animals that kidnap these children are very vicious. They are not the kindly animals. The wolf is a very smart animal, but certainly not given to kindness. Cats, by their very nature are vicious, but viciousness with them is natural. They do not know what else to do. Now, what is it that becomes the animal? It is the human that forgets his humanness, and destroys his soul, his mind, that human quality that survives the death of the physical structure. That's what goes back to animalism. Not by taking on the four legged body. No, you can't do that! But this viciousness is often beyond that of the four legged animal. And they get a feeling for it, a feeling that cannot be denied.

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To give a clearer picture of what is said here I go to the sex act. We all know how potent that is. Modern man speaks of sex especially in what is called polite company. Which means where he cannot tell the truth. He does not tell how he is affected—how deeply he is affected. He may have an intense drive which to you would be horrifying. You just could not comprehend it. But that drive you have may frighten others too. I find it is how we have been raised regarding sex. Basically it is the animal part of the human body. It is necessary because the whole body is a reproducing organ.

Visciousness is driven through the fire of uncontrolled, unthinking sex. If you doubt it, all you have to do is remember the vicious killings that have been going on just in the recent years of your time.

Frustrated sex is more than dynamite! And until your psychologists and psychiatrists understand and come to realize the dynamic power, the very great danger that lies in one who has buttoned up their sex drive, and trying to conceal it, they will never know why people do what they do.

The Arabs are like any other people, human. Therefore their heaven, as far as the males are concerned, is filled with women. And they are the sole heir to that. If nothing else it sounds like bragging, doesn't it? And many spirit beings of the Arabs will come back and tell of their great, powerful heaven filled with beautiful women.

Yes, the desire for sex goes on beyond the grave. So where is sex, really—but in the head? It's a mental thing basically. And this mental thing disturbs the nervous system so we are driven to express ourselves physically.

But there is a certain state of mind that when we get into it, sex does not exist. Because there is no-thing there. Let me use myself, Yada, to portray this sexless state.

My awareness is solely I AM awareness. And that is a marvelous state to be in. It is only when we attain that state that we are free from all the pressures of the material world, and of the lower astral world. We become CONSCIOUSLY the creator! We do not believe it—we KNOW it. I AM THAT! I am the point and circumference.

When the creator descended to earth after making form, that is the fall of man, or the fall of god, not man. But (the priestly system could not very well make much money by saying that man is god.) So they made man the fall guy. Who tripped him? That's the way to keep the feelings of guilt upon himself.

No, man didn't fall, he created, and came to live in his creation. When he did, when he entered the world of matter, he forgot. And it was not in the world of matter where the forgetting started. It was on other planes beyond this one called the astral world. And it was out of that that he lost consciousness of his own divine nature, and automatically fell into the matter world. There is so much to say about that alone that it would take much talking and discussion.

Man does not seem to realize the great power of love! Love, the positive force of creation. What is love? UNDERSTANDING! To know! Just to know! What is there to know? THAT THAT WHICH I

LOVE IS ME, THE DIVINE! THE ETERNAL LIGHT! Because it happens to have form does not change that.

There is a period of man's experiencing life where he cannot love abstractly alone. He must have the concrete—or that which is concrete to him. Everything in its place and in its time. To love is to give ourselves wholly, without any thought of getting. The moment any thought of getting comes in, you have destroyed love.

LOVE

This body is a puppet and it will do anything you tell it to do. But if it has control over you, there are many things it will not do no matter what you say to it. Because you have given it control. Now, in certain parts of the world there are beings that know how to create by thought another human form. It is not a projection of their psyche. But it is created out of their vital forces, their cellular energy.

You have heard of what is called a projection. In psychic projection there are two kinds of action that may take place wherein the individual may produce an invisible, etheric body. No one will be able to see this body because it is living in what is called a purely mental world. Yet he who is living in that world will be aware of the physical world, but physical people will not be aware of him. Then this one who knows the law of what is called energy and matter, transmuting energy into matter, he will be able to send this projected body far. Now, it is said it is necessary to have a silver cord attached to this projection. Yes, it is necessary as long as you do not know certain things. But when you know these certain things, you do not need to have a cord attachment which plays out from the physical structure like the substance from a spider's body. You do not need this.

This physical body has come into the physical world by the biological path, through what is called birth. It need not have come that way, if the entity that is controlling it, the mind, the consciousness, knew how to create a body mentally into the physical world. He need not have taken the biological path to get here. But he didn't know! And in taking the biological path there is a great deal of suffering, because in coming into the physical world again we lose consciousness. We pull down the shade of what we are, or thought we were: The Life in the Light, in what is called the Edenic World—the world of reality.

In coming back into the physical world through the biological path you have washed out all memory of what you were—down comes the shade—how is this? Because in order to take this path you have to concentrate. You set your mind into a deep hypnotic state, and are pulled into the physical world, and held spellbound by the physical world. Hypnosis! Profound sleep!

Sometime, my friends, sometime along your individual path you will discover that you are your own creator. By this I mean to say that you are the dreamer. You are creating the dream. You are not the dream. But until you come to this realization, you are lost in the dream. Therefore you will suffer! You will have what is called pleasure, and then suffer, and then more pleasure, and then suffer. And you will continue this until you leave this dream and then come back again, and go away again—back and forth until you become very bored, and you will say, "I am

through!" Or as you Americans say, "I have had it!" This means you will start consciously taking your initiation. That's what this life is—an initiation. An initiation into what? Into a higher consciousness, back into your god-hood, if you want to use the word god.

You see, my friends, I do not like the term because it is not properly descriptive so that you can get an actual, reasonable picture of what I am saying. But what word do you have in your English language that would do it that is more understandable? I do not know.

Going back into ancient times before the matter world was, man was in his Edenic state. Your Christian Bible speaks of it when it is said that Adam and Eve discovered they were naked. It meant they discovered they had skin on. It meant they had fallen out of what is called the higher consciousness into the lower one. From the higher into what is called the world of desire. Now, they planned it this way. It was NOT a mistake. Adam and Eve were not two people, but a great number of people on an expedition. An expedition into a mentally created world called the matter world. They were going into their world that they created to explore it. Just like you are doing or your scientists are doing today with matter. They are exploring matter.

In the study of the atom or what you call physics, this is a study of the exploration of matter. Is there anything else for man to explore? No! No! Because ALL IS MAN'S CREATION! So he is exploring all! And exploration is your work. Those that came before called the Adam and Eve races were explorers. And it was many, many billions of years ago—not a few hundred thousand.

Now, to create, to find my way back home, is my personal work, is your work. At a certain stage in your consciousness you may attempt to take some of the secrets that can be found in what is called the mystical schools. Most of what we, the people, get from the mystical schools is what is called outer teachings. There is NO SCHOOL that gives you INNER teachings, none whatsoever! Never have been! What do I mean by that? I mean that inner teaching is your work. Every mystical school gives the student the first coating, or the first shellacing, to get you holding your town orbit! The orbit of wanting to know—really wanting to know. There is a difference, my friends, between wanting to know and simply curiosity.

Masonry! A great school to give the inner teachings. But they do not give it. Rosicrucianism! A great school! But they do not give it. None of them give it, my friends. They let you come and work. You can come and play around on the outside as long as you want, but they will not bid you to come in. You have to make the bid to come in.

Masonry! An ancient, ancient branch of the White Brotherhood, of the Etheric Overlords of creation. But not very many of them are Masons. They are Masons on the outside and not even looking in the inside. They're not even peeking! THEY WEAR THE RING, THEY KNOW THE GRIP, THEY WEAR THE PIN, THEY KNOW THE TALK—and they're still waiting for Jesus Christ to come and save them. Save them from what? Their own stupidity! Their own blindness! Blinded by what? By their desires. Corrupted by their

desires. Not that desires are corrupt or evil. Physical desires are necessary, are wonderful, when the inner has control. When it does not there is a little monkey that sits inside and he doesn't care. He just does what he sees everybody else do. And he will destroy body after body that you build until you wake up to that great Light within. We must train the monkey.

Man, from the time he is thrust into the physical world, which is the world of darkness, he is lost, totally lost. He walks blind! He is in a land unknown so he has to find his way, he has to create the path. And the individual creates many paths before he finds the REAL one that will take him back home. IT IS NO SIMPLE TASK. It is one of the most dreadful, and dreadfully difficult tasks to keep on going. To plunge back into the dark world time after time. Because going to the astral world is not going back home, is not returning to the Light, is not going back to the center.

Time and circumstances! Time and feeling! I am where I am, and where I am is what I am. Rebirth is not just a soul flitting from one space to another, cursing or blessing himself as he goes. No one condemns me but me! I am my own judge, my own jury. Oh, yes, I descend to hell or rise to heaven at my own need. Love is the saviour. Feel it! Live it! We are all safe on the way—on the way!

For I am the Eternal One. I am the Prince of Peace. And so are you.
Good night.

YADA SPEAKS

SELECTED COMMUNICATION #10

It is Dangerous to be Born

It is very difficult to talk through the physical body. One who is born into the physical world finds it very difficult to live in a balanced way in his physical vehicle so, in my talk tonight, I think I will entitle it, 'It is Dangerous To Be Born.'

From the time one comes into the world of matter, it is a struggle. The initial effort to breathe is a pain. Being ejected from our comfortable, comparatively safe position in our mother's body is a pain, both to the mind and to the body.

Through the thousands of years that man has been observing the physical world, there is no safety in physical life. Man comes here with no conscious desire to come into matter. Only after a human life-form came into being, and in so becoming a conscious being and by following the pattern of his coming to the earth in what is called "different incarnations," he developed the ability to consciously wish himself into the matter world again. But even so, with his new conscious desire to come into matter, he still loses consciousness or awareness that he, individually speaking, wished it so. So, not knowing how he got here or how he gets here, he goes on giving the—shall we say "blame" or "credit"—to the god he has created. Now there will come a time when man will stop this sort of foolishness. He will come consciously into the world, will retain his knowledge of where he came from so that he will *know*, and will have better understanding of what to do when he is here in the physical world. So long as we are born blind without this knowledge of our source, we cannot do anything to change our position here.

QUESTION: How can this awareness be brought about?

This will come individually, and in the course of time it will be brought about in the same manner as what you call "evolution of the body." Next will come evolution of the mind.

QUESTION: Do you think we will have teachers that will teach this en masse?

Oh, yes! It will be given in sections that will help to further awaken him, not only concerning his source, but what he is to do while here, and what he was in a lifetime or two before the present one, so that he will be able to consciously create intelligent patterns in his lifetime as well as in each following lifetime. The knowledge of what he was before will not be lost so he will know where to pick up, where to make amends, and he will make an effort to make amends for the possible mistakes he has made.

QUESTION: I imagine that the orthodox ways we have of teaching now will then be obsolete.

Of course! It will have to be obsolete, for the moment that man wakes consciously to himself through his knowledge, he will assume responsibility for his own existence; while before he had been a blind child, he will now start to be an adult. Not too long ago in your world there was a man who wrote a book called "Childhood's End." Very wonderful title for it referred to the child-like mind coming to an end in the human being so that he will become consciously an adult because of his memory and of what to look for in the future. He will have what may be called "clearer sailing" and a more direct voyage. The trouble is—and the *greatest* trouble with man in the matter world—is just this lack of knowing what he is.

Every time he comes back into the world he finds himself in a vacuum again, so he can do no more than act like an animal, for physically he is an animal of a different species than others, and that is all. Until he gets this greater understanding, this greater light on what he is, the world is not going to get in any better condition in man's relationship with man. His fellow man is not going to improve. There will be wars and threats of wars so long as man, a physical being lost in ignorance, worries. He can do no other, for, in seeking what he has to do, he has developed what may be called a kind of rage, a psychological rage against his blindness.

QUESTION: Through not knowing what he is?

That is right. It is like one being put into or going into a totally strange room and it is completely dark in there. He has, in spite of himself, a tremendous fear of the unknown. And what is it that is unknown? Himself! For thousands of years those who became what is known as sages, or wise men of life, have tried to admonish adults, the pupils, the students, the seekers, "Man, know thyself." This truth has been repeated so often that in the present time it has lost its meaning because to tell one to know himself does not cause that one to know himself.

QUESTION: He has no way of knowing how to go about knowing himself.

Of course not! This is so. The only good this expression does for the individual seeker is to just suggest to him that there is something about himself that he does not know, that there is a greater side to himself. With just this knowledge very many have been greatly helped, because, in a way, it is suggested that there is a goal to work toward, a something to move toward, to strive for. But you see, this knowledge is not enough. Had it been enough, a far greater number of people coming into the earth would not only have been able to awaken out of their sleep by their own efforts, but they would have been able to awaken others. But so far, no one can awaken another because the one that is sleeping cannot understand a teaching that would help him out of his darkness. He cannot know any of it. All he can do is to take the word that is suggested to him that there is something greater than what appears on the surface. There are people among you that are trying to teach others, but these people, not having put into active use

I, myself, have said in many talks with people here on your earth, that the first step toward awakening to what you are is emotional control. Now I say without making this first step no one can make a second step. For what part of us humans is it that is ignorant, that walks in darkness? The low emotional self which in the inner teachings is called "the ass," the animal self. So many people who have listened to me talking on control of the emotions have not tried to practice it. Is it their fault that they have not? No, because what is a teacher talking to when he is talking to the people? He is talking to the ignorant self, the unlearned. If we are already learned we need no teacher, so it is our ignorant side, our sleeping side, our blind side with which the teacher tries to communicate. The teacher now must be more explanatory on what is meant by controlling your emotions. How do you do this? What is the first step toward it? The first step is to THINK. Practice thinking before you act. Think when you are faced with a given situation. Think about what is going on. Think of what that situation consists of really, instead of giving expression to your blind, emotional power of wishful thinking.

Without studying the situation we wishfully hope that it is not what it seems to be on the surface, or that it is more than it seems to be on the surface. When the animal in us is high, we have tendencies to jump to conclusions about our experiences. Due to the way we have been conditioned mentally, we imagine in a child-like manner, we hope in a child-like way, that this situation is not what it seems to be. We want it to be something different; we want it to be something else.

For instance, let us take what we call the "death" of one. We are plunged first into great sorrow, great grief over the loss, the physical loss of the one we have been closely associated with. Need we say this is a natural condition, a natural tendency? True, but for those of us who think, we in our thinking have come to know that death is not what it appears to be to the untrained eye.

Knowing this about ourselves as human beings, we know it is also true about all other forms of life. Death is not the end. It is only the beginning of another condition, another world, a carrying-on. Those who do believe in the continuity of the human consciousness, unfortunately perhaps, have been conditioned to another kind of thinking. Very fine people but not true thinkers. Due to the religious training we have been given, we assume that the one who dies is going to be either greatly rewarded in this other life or very badly tormented, punished.

Now both these thoughts are child-like, for it is seldom that I am going to be punished or tormented after death, but you are. It is always someone else. This thought only adds more pain and foolishness to the first thought that I have lost a loved one. All this is pure emotionalism. It is the lower self thinking or rather not thinking. It is simply wishing. It doesn't know! And this same unawakened mind will tell others how great and marvelous being is god, the god that their loved one is going before. If they believed this, would they have any doubt in their minds as to the great happiness state of this one who has gone on? But you see,

they do not believe this. On account of our guilt and feelings of shame concerning ourselves and the god we created, we pile fairy stories on top of fairy stories. When we understand that all things with life survive the death of the physical structure, and that all these things move in their own particular level of consciousness and self awareness, we will lose our feelings of grief and sorrow over the loss of the loved one. Now, do you object to this?

COMMENT: No.

The whole universe is a living universe. Everything in it is safe where it is, no matter where. Everything is going through an experience. An experience in form, and experience with form. When I say "everything", I mean the ONE THING called consciousness, called mind, called self awareness. The I AM consciousness, manifests in endless varieties of form.)

COMMENT: I am that; I am that; I am THAT—.

This is so. Everything is formed, every life that takes on form causes that one to say, "I AM," then it adds, tree, animal, or let us say, plant, man, fish, fowl. It is saying, "I AM THAT, I AM THE REALITY. What is reality? The form at the moment, the experience of the moment, THAT I AM. Where do I exist but in the moment? What can happen to me, consciousness, in my moment of expression? Nothing! Nothing that can be called dangerous. Just an experience.

Now, if we come to understand this, we will know this is an experience. It is not good nor is it evil. It is simply giving to me, consciousness, a fuller awareness of my I AM-NESS, and that is all. This is all as far as the experience goes, but there is a learning what we are in our experience and we get this learning by our ability to take attitudes toward our experiences in a balanced way, in a wakeful way, a more detached way, a more intelligent way. Everything passes. The only static and unchangeable law is CHANGE.) *

COMMENT: Even that varies.

There is an endless variation in the changes, yes. A static condition is only static in its time-frame and it is not going to change until that time changes, and it is not going to happen until that time. Time is a feeling, a feeling of what I am in my moment of experience. And I, the creator of this experience, if I feel what is called the "well-beingness" of my experience, contentment, peace of mind, I am going to try to stretch that time in which I am having that experience. I am going to try to extend it, to prolong it, to keep it as much a static condition as I possibly can. But if I do not like it, speaking emotionally now, I am going to change it right away. It is too painful. I do not want to hold on to it. I do not see that even in pain I am learning something of great value. I am only concerned with the monotony of the pain. Everything that has a nervous system of any kind, even the lowest form, cannot help but suffer, or feel the intensity of certain kinds of pressures. But sometimes the nervous system of one has a greater capacity to tolerate pain. Nevertheless, the slightest move a body is called upon to make produces a measure of pain. More, to just stand still eventually creates enough unbearable pressure to force one to move, just to change their

position. The whole vast human world is a world of pain, a world of pressures, that each one of us feels. We measure it,—the nervous system measures this as varying degrees of pain.

QUESTION: *Even when we feel that we enjoy the pleasure, we still feel that it is pain?*

Yes. It is not measured then as what you call pain. It is for a limited time called pleasure. We can only know what pleasure is, or what pain is, individually. We cannot tell another what we suffer either of joy or pain. The greatest kind of what one records as pleasure can eventually turn to pain, only if it is nothing more than the monotony that takes place in every action which forces us to take another kind of action to get away from the path of monotony.

Man has a great natural drive. It is the drive to reproduce himself. In the majority of cases the human being, as an animal, is not thinking of reproducing himself. He is thinking only of pleasure, the pleasure of trying to reproduce himself. But for how long can he enjoy this joy before his body loses its capacity to stay in that state of pleasure? It is the one great, natural joy for man. It often results in reproduction even though, as I have said, he is not thinking of doing this. The body cannot tolerate the intensity of the climax for a very long period.

(Yada withdraws and returns after an intermission)

Is it dangerous to be born into the physical world? This depends entirely on how you understand life. What are you here for? Where do you go from here? Do you return here? To believe these things is to take the fear out of being born. We must be taught to consciously know that we are safe, that we cannot be destroyed, that all existence of any kind hinges upon that wonderful law called CHANGE. The seeker, when he is sincere, will come to know the answer to these thoughts, these questions.

I have heard much talk in your world from various races of people about rebirth, reincarnation. Some, and perhaps most particularly the East Indians, believe that the human being can, and often does, come back as an animal of some kind. That is why they have sacred cows, because they believe that the cow-body is ensouled with the spirit of some saint. It is also why they live in filth and vermin with no, at least outward, concern about this state. It leads them to ignore filth and thereby suffer from filth. Syphilis originally started from man's sexual relationship with animals and lack of sanitation, the lack of knowledge of hygiene. Many tribes of people even today do not associate sexual relations with the birth of a baby. The result of this ignorance is their permitting themselves sexual relations with any living organism that can produce sexual pleasure in them.

Now, regarding the human being, or the consciousness that has through the process of evolution created what we now call the human form. It can, under certain conditions, regress and find itself back in the body of a viscous animal. But this is only likely to take place if one, in repeated lifetimes, resorts to pure pleasure through animal desires, producing such actions as sadism and masochism.

Even the most viscous animal does not know it is being viscous. It has no awareness that there is a more intelligent way to act than the way it is acting. For instance, the black leopard is a very viscous beast. It kills for pleasure, for the joy it gets from it. And there are certainly some kinds of human beings who have practiced this kind of thing, and they get a picture in their minds whereby they can no longer practice their viciousness while in human form. It destroys their ability to think about the human form, so they slowly degenerate and eventually find themselves back in the animal form of what you call the four legged animals, thus getting more in rapport with the feeling of viciousness they had while in that body. Do I make this clear, please?

COMMENT: *Yes, the mind creates a body that will enable it to express itself in a more viscous manner.*

Coming back into the physical world we make our own body, seeking out as father and mother on earth those who have tendencies like our own. A child who is born through low emotional people—what you call savages or savage masses—is seeking that kind of experience. He wants it; he needs it. It is his creativeness within himself.

One who is seeking to be born into the world of music, such as the musicians, the great geniuses, endeavors to find people who have a genetic memory somewhere in their family tree of music. Now, the parents themselves may have no talent in music. They may be illiterate people as far as music goes and are often illiterate in other ways. But in their genetic pattern there is a memory of music, a certain kind of music belonging to a certain or particular era. When coming back he has a feeling that puts him in rapport with such earthly parents. Certainly I am not giving the entire and precise picture of this system of rebirth. My talk on the subject is very sketchy because there is much more back of it, and the meaning of it, and the mechanics of it, and the why of it.

Now, my friends, is life a belief? In a manner of speaking, yes. But in a deeper sense there are existing laws that are quite different from what one may believe them to be. This is what I said earlier, we fall back on our mere beliefs, our wishful thinking, our wishful desires, and these wishful desires are mostly built out of fear; fear of the unknown; fear for our own safety.

Relatively speaking there are few great geniuses born in each generation. How does man come here? Out of what? The desire, which may be totally unconscious within us, the desire to express in the matter world again, to re-dream the dream of matter and thereby learn certain things that will eventually benefit us in our progressing up the ladder of mental evolution.

I have heard the question asked, among other questions on rebirth and the whys of it, "If rebirth is true, why is it that there were not more people on the earth in past times than there are today in our present civilization?" Question: How old is the earth? How long has man as a sentient being, a being that is aware that he is different than

the rest of creation, been here? I say to you, over a billion years. It is what I say to you. Of course you are not called upon to believe it, to accept it. Indeed, you should not accept anything I say or anyone else says on face value as being so. I say to you that man has been creating civilizations and bringing about their downfall for over a billion years.

QUESTION: *Is this earth time?*

On this earth. You have now on your earth pretty close to three billion people. Yes?

COMMENT: *That's right.*

There have been that many before and more. Great and vast civilizations have come and had their moment, and died; but you cannot believe this unless you make a study of man, a study in the field of what is called anthropology. This means that you have to study other things also. In the study of evolution there are great gaps concerning man that are unknown. Man lives on the earth as though he were going to stay here always. He *must* do this, or fall back in the animal consciousness. He must believe and hold to the belief that he is an eternal being, because he is. This is what gives the human consciousness the drive to believe it is eternal. The greater number of people in the present time do not know they have been on the earth many times before, and it is not necessary that they know this right now or they would have learned it by now. If it had been necessary we all would have retained our memory that we are Edenic beings, gods adventuring into our creation. Is the creative energy in our bodies only to lend us the ability to reproduce our bodies? Of course not. These very energies are creative in a vast variety of ways. They are the sustainers of the great genius mind, and only if he misuses these energies might they destroy him.

I come here for one experience—to find myself, so that in some tomorrow I will be able to be born consciously into the matter world and to consciously leave it, or to manifest a form to be of service to my fellow man. Or, if not to create a form, to find life through a form just as I am using this man's body now. There are many ways of entering the physical world that need not the kind of body that one is born with when one is born through woman. Consciousness does not depend on physical form to exist. You do not have to, anymore than myself, wait to give up your body to manifest a body anywhere, any place, any time. This is not necessary. You can do it now if you learn to live and express yourself outside of the body, before the body dies. This will strengthen your ability to hold your consciousness on the plane you will enter into when your physical body dies. The death of the physical body is brought about by the boredom, of the operator of that body, the consciousness.

We bring about our own death, the death of the physical body. Now it is not, of course, the kind of boredom that most people suffer from, because the boredom suffered from by people is the product of not thinking. Fear is crowding in on them, so fear creates boredom. Fear will not permit them to live out here, to express themselves in the external world. They keep drawing within themselves because they

fear for their own safety, and this means also they fear for the safety of those they love around them. This drive for hope, for safety, not only for ourselves but for others, is brought upon us by our ignorance of not knowing what we are as individuals; that we are creators. Do you want to ask anything of me?

QUESTION: *I once inquired of Meade Layne about the appearance of a teacher as a point of consciousness.*

This is so. The saying in your world is: When the student is ready the Master appears. This Master is not, never is, another human being. The real Master that appears when the student is ready, meaning when he is developed, when he has reached a certain level of consciousness or awareness of his own being, is the Master within with the Light. The Light within suddenly floods within him dispelling the darkness that has kept him in the animal body believing he is an animal. This is illumination. When the student is ready, the Light comes.

Those who know the truth about their own nature cannot even know who one is with all the names they put upon one. Who knew Jesus? Everyone and no one because Jesus is but a label put upon a form. Who can know the Christ? Everybody and nobody. And why? Because when one is ready he becomes the Christ. Each one of us in time will attain the Christ Light and no one of us can tell when another has it, and we ourselves cannot tell when we will get it. You can see what I mean when I say: Who knows the Christ? Everybody and nobody.

I think I have come to the end for now. I will say this: it is an existing law, or as you may rightfully say, it is a law of nature. It really does not depend upon someone's belief or disbelief. There is much argument among not only those who are totally illiterate in this subject, but among those who are supposed to be quite advanced in metaphysics and occult things. Arguments, debates as to yes or no on rebirth. What is, is. We the seekers must learn to face this fact. What is, is, and go with it. If a change is to be made, it will be made and it will be much better if we go with the condition. We will learn more than if we fight it or pretend that it is not there.

It has been my joy to come and speak with you.

YADA SPEAKS

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The Long Way Around

My honorable friends, again we come together to have a little discussion on some things that we were speaking of a week or two ago regarding different levels of consciousness and the various ways of approaching these states of awareness without involving one's self in so great a danger through ignorance. I think I will call my talk this evening, The Long Way Around.

As you will remember, I have said in the past at several of these gatherings, that man, in coming to the earth, the danger of his existence here started, not here, but started when he, in his creative mood, was experimenting in creating—which is his very nature.

In his experimentation he became aware that he had discovered something of a momentous nature. It was called matter. Of course we cannot even think that it was called by that name at that time, under the conditions where the human consciousness, which is the creative consciousness (I should not say human for human speaks of man in a form, in a body), but before he got into this state he became aware that something very strange was taking place with the substance he was experimenting with at the time.

What he discovered was that he was capable of changing the motion of this substance and making it into three-dimensional substance.

The discoverers of this went to the hierarchy of the plane of consciousness where they were existing, and told what they had discovered, saying that they had come upon it accidentally as even today man gains much knowledge through accidental discovery. (We will speak about accidents later.) He was warned by these higher minds that he must drop it, that he must forget that he had made such a discovery. This, of course, they resented. But they were warned of the great danger of going on; warned that they themselves may be trapped in their creation and that it would be a great, long period of time before they could break their consciousness away from it, and return home to their original estate.

But all the arguments against it were of no avail. This, in part, your Christian Bible speaks of as the "fallen race" the human race. The priestly system of the Christian religion made that fall something of a moral sin and that the beings who did finally get in this new creation are sinners against a being called god, when the only mistake they made was losing their consciousness in their creation.

Yet, it was not a mistake, as the hierarchy well knew. It was simply the result of what they were doing and what they did; creating the matter world, the three dimensional state of motion.

Your Bible says nothing, if I remember right, about the creators of the material world, or perhaps I should say the "discoverers" of it, for the hierarchy did the creating, being given a key, a kind of map as it were, to find their way out of this Babylon called matter. But these keys were not given to them until they had entered into and become one with their creation; and even then it was not until they had, through what is called evolution, attained a kind of form, the form of a spinal column and what is called an enclosed brain.

They did not get these keys until they had attained this form and were able to realize that they were different than their creation; then they started to get these keys, then these keys and maps were handed down through what became schools of the Inner Teachings. These were maps of many kinds, sometimes called the map of occultism, the occult approach, the spiritualist approach, the alchemy approach, the yoga approach, and many other names. From the beginning they were told, "Though you may enter into, and will enter into your creation, you will stay for a period of time and then you will move into a level of consciousness just a step beyond the three dimensional world called the world of the dead. Then you will return to the world of matter and you will go away again and come again, and this going and coming is to be called The Wheel of Life."

We find it not only in the creators of the dream, but also in the dream itself. Everything that is made of matter moves on what is called The Wheel, the eternal cycle of the matter world. Only a relatively few, over the billions of years, have gotten off the wheel of the matter world. Only a relatively few have found their way back home. The approach to find our way is a long way around. What makes it so long is our inability to gain conscious awareness that we are the creator of the dream.

One of the first obstructing walls holding us back from the knowledge of our own divine nature came to us automatically when we discovered that we, as humans, were different than the rest of creation.

It created in us a wall of fear, for it presented to us a very great and seemingly impassible mystery, an enigma, and it continues to do this until we, as individuals, get the picture, grasp it, sieze it, if we are capable of it, of seeing beyond our dream so that we can realize that it is a dream created by us, the dreamer.

There is no other way of finding this kind of understanding except by first getting the realization that there is something more, something beyond what appears to the physical sense. There is a greater reality.

You, I am certain, you sitting here, know what an almost impossible task it is to tell another what you know, if they are not ready. If they have not within them some little wakeful seed of awareness regarding their divine nature there is nothing that you or I can do to give one this information. We stumbled on to, accidentally, stumbled on to the

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knowledge of what is called matter. Now we must individually stumble back on to the knowledge that we are the creator of it.

We, I say, are the creator of matter. When I say this, the first thing they think of is that "we" is the emotional self, that this is what I am referring to, the matter man. No! The matter man can never know that he is the creator. It is the spirit man that must come to this awareness, for all the matter man can become aware of is matter. All the spirit man is aware of is spirit. The moment that matter man and spirit man become one, the moment the matter self loses itself in the spirit self, there is no further awareness of matter as such. We know what it is, right now. We know it is dream-substance and that we are the dreamer and we no longer doubt it. We know that the matter self must lose itself in the spirit self, or this can't be done.

Again, my world, to the lay consciousness that knows nothing about his divine nature, my world would mean nothing. Self seeks itself; and matter seeks itself. Neither have recognition of the other.

COMMENT: *So the spirit man and the matter man both live together in the same body but neither recognizes the other, and the job is to set up that recognition.*

Yes, that is the crux, the crucial crux of all man's trouble, his sorrow, his despair. It is a riddle, a totally unsolvable enigma to the matter mind, to the matter self.

However, this ignorance does not keep him from picturing creation as done by something greater than himself, *per se*. Indeed, it has made him assume this. It has caused him, forced him, the sleeper, into the thought that there is something greater than himself. This has caused him to call his greater self by the title "god", for man, among other things, created god.

Now, the statement of it is very simple, but the finding of this recognition is very difficult. Yet the difficulty lies only in one's inability to come out of their conditioned consciousness long enough so that they can recognize their higher consciousness, their Christ consciousness.

COMMENT: *And yet, there seems to be a certain degree of communication between the two.*

Yes, yes, while, at the same time, both are ignorant of one another. They are not denying; the low self is not denying the Christ; the Christ is not denying the matter-self. They simply know no existing link of recognition between them. Now, if we who admit that there is a Christ-self, if we know that this is the cause of Adam's adventures into the world of matter, that this is the cause of being lost, then we cannot fight with them about it. We cannot feel despair because we cannot make them see the link, or bridge, or that there are these links or bridges existing. We cannot do that.

The study of life, the seeking of the path, is an individual experience. The work is not to enlighten others. The work is to enlighten one's self. Then, if you are privileged to do this, to acquire your own enlightenment, and it is properly observed by others around you, they will get the Light and will come to your Light. But all the talking, all the preaching, all the arguments, are not going to bring another to his Christ Consciousness.

Now, you have often heard the expression made by your material scientists regarding man: The physicists say man is Physical Man and that is all there is to him. The chemists say man is Chemical Man and that is all there is to him. The biologists say that all man is, is by his genes and chromosomes. All three of these people are right, right in regard to man's nature as a matter-being. The rightness is based on what we have just got through saying, that matter cannot recognize spirit. It has no way to do this. There is no measuring stick. You cannot take an abstract and measure a concrete, or vice versa.

Only spirit can recognize spirit. Only matter can measure matter. The only way this condition can be circumvented is by spirit itself shining its light on matter, on the matter-man so that the matter-man can see its shadow. Only a concrete can cast this shadow in the concrete world, but it takes the sun, or light, to create the shadow.

If man could not see his shadow, he could not ever know of the Light. In seeing his shadow he does come to the realization that there is a greater state that exists for him; that if this state did not exist, matter-man could not exist.

This starts one who thinks on the path to the Light, to finding the Light and where it is coming from. This is the first great discovery of the human material consciousness. In making this discovery we take our first steps into freedom.

To go back to what I said, that material man only sees his matter self and yet he questions, "Where did I originate?" He is speaking about his material self. "Where did I, materially, originate? How did I get here to the matter world, to the earth?"

He does not know (and for the most part, the greater number of people do not know) that the human being seeded himself here. There is no cradle of man on earth. Man did not begin at any one point but over many areas at the same time. Some of the spores, of course, died or lost their physical form. Others lived for a time and, because of the environment in which they fell, made many adjustments to fit that environment. The ones that could not adjust or adapt themselves to changing environment, perished.

The earth is truly a school, not only for humans but for all forms that have what is called conscious potential in them. So we can go right down to stones and rocks. They have their own particular level of consciousness. When I say this I mean that the whole vast material world is an intelligent living being. But only in man have the life forces that work through many, many forms attained what you today call the human form. Only in that form did man find what is called self-awareness. Only then did he recognize that I AM I. He could say this and recognize the meaning of it.

It was in this state of consciousness, this state of awareness, that came to man the thought that this I AM I is a shadow; there is something greater within. This is what set him on the path of seeking to see if his thoughts were true. Some of the paths he took were called by many names, some of which we have mentioned here tonight and at other times. These are the occult, metaphysical, yoga—all of these.

Now, what is the danger to be found in any and all of these paths? Exactly what are these dangers, for they are many and they act as pitfalls for the unwary. We must try not to charge in on any of these paths. We must try to walk cautiously, carefully, with much thought.

COMMENT: If the key lies in any of these paths, then it is necessary for us to accept one of them, at least in this lifetime, to acquire this knowledge of our higher self. So, even though we must be cautious, we must start. (We would not have become aware of this if we were not ready for it.)

Of course. It is so, of course. In the beginning, in creating the matter world, we unwittingly stumbled onto the formula for creating the three dimensional motion, and in so doing we got lost. Now, in finding our way back home we must do things consciously. We must be aware, we must try to keep awareness of each step we make and the steps to make. We must not simply tinker. While I say we must not, we will and we do, thereby bringing much trouble to ourselves. There are ways and means on all of these paths, taking any one of them, because they are all closely related to one another anyway; but there are ways of walking any one of these paths without creating further confusion for yourself.

One of the ways is to have a conscious respect for them. A man who handles explosives must know the danger of these explosives and the more he knows of the dangers, the more respect he has for them, leading him to handle these explosives cautiously, carefully. I do not think there is anything more delicately balanced than nitroglycerin. Does the knowing man move nitro-glycerin carelessly? If he did he would not be on earth very long. Only the unwary and the ignorant would be that careless.

QUESTION: Yada, must the one who is trying to be consciously aware of himself as being the creator, expose himself to the different. . . . ?

Must he explore all these fields, do you mean?

QUESTION: Well, you know, all the different positions you have told us about that you took for so many hours. Does one have to be under the supervision of an individual who knows about these things?

If you are going on these paths in a more direct manner, of course you must have a teacher. It is like one who is trying to learn a language that is not his own. It is almost impossible for that one to learn a language without being around, or near, or close to where it is spoken fluently all the time, or by direct tutelary direction of a teacher.

COMMENT: In this field it is rather difficult for a neophyte to be able to judge whether the teacher knows what he is doing. So, once he gets himself into a very bad situation, this teacher may not be able to get him out of it.

For the beginner the best step to take for learning is by something called intuition. He learns by feeling that this or that is so. After getting a feel for it, then the beginner can start taking the physical path of experimentation. The first step to take there is meditation.

You see it is very difficult to do what is called thinking. Very difficult. And more difficult to concentrate upon what one is thinking. To a degree forget your outer world, lose consciousness of your outer world simply by putting all your consciousness upon what you are

thinking. Now you can practice this any day of the week for at least ten, fifteen, twenty minutes and after a while you can do it for as much as an hour.

QUESTION: Do you do this by centering your attention upon it?

Yes. Put your consciousness on it. You know, my friends, you can so hold your awareness on an object that you can learn much more about that object. Your consciousness gets a deep sense of rapport with it. The object will then impart to you its true nature.

Now for a time you will find in this practice your mind, your consciousness wobbling in the short period of a minute, for instance. A minute is a long time for a beginner to hold his attention on an object exclusive of all other objects around him. But it is good practice, a very beneficial practice for it brings to one, if nothing else, poise, peace of mind, contentment with what they are and where they are at any given time.

I am in the kingdom of heaven when I am at one with the world around me whether that world be a stone or any other object. I feel the divineness. It comes to me as peace of mind, the divineness of losing my consciousness of being a flesh body. I find myself to be a stone body, a wood body, the body of a plant.

After you have been able to do this successfully with an object, then you can do it with thought alone. You need not take an external object to meditate upon but simply the thought of it. An idea will put you into your kingdom of heaven.

Now, if you go at meditation carelessly and with the thought of seeking phenomena out of pure curiosity to find some mystical condition existing because you are fascinated by the phenomena of it, you are going to get into trouble. The instant you start into meditation you begin to get into rapport, not with what you are observing before you, but with many minds, states of consciousness, endless thoughts that are flowing through, and go to make up the space around you. Mostly you get into contact with the low vibrations, the low thoughts, the gross, concrete thoughts of unsatisfied desires.

The life of most of these things are sex, sex on the lower level. Then you become what is called obsessed. The glitter of sensation and what you can do with thought by concentration upon another becomes so fascinating that you get lost on the path. It becomes the path of hell.

In the beginning, very wonderful, very pleasant. Why didn't I look for it before? Oh, I am a master! What great power I have! What great ability! Now I can use another person, both their physical form and their life forces!

But, we have forgotten that we must become masters of ourselves first. Masters over our lower self so as to avoid getting entangled with the lower self of others. *

The occult, the calling up of spirits, the dealing with black and white magic leads to physical depletion, nerve depletion and to the depletion of the entire physical body. There was, nor is, no magician or student that was ever known to enter upon the path of magic that did not end up mentally lost, possessed. This is so.

COMMENT: If he develops himself, he does not need to use magic, because there isn't anything that he cannot do of his own self, that the magic can do for him.

Of course, but you cannot tell this to those who have become fascinated on the path of magic. Once they have gotten under the hypnotic control of the magician's plane of thought, you cannot reach them.

QUESTION: What path is the safest path?

Alchemy.

COMMENT: Alchemy for the Western mind, and yoga for the Eastern mind. Why did you say that?

COMMENT: Because the Western mind uses a different grade of mind-substance than the Eastern mind does. Their culture is different, their ways of thinking are different; consequently, their methods are different but they lead to the same result. The alchemical path is the path in which they use meditation and concentration. The basis of both the alchemical and yoga paths are similar in that they both have as their objective the perfection of the self, and after the self is perfected, then you can handle matter.

This is so. Now, you do not find this condition in the occult path. They have not gone through the alchemical path. They have made no attempt to transmute their lower thoughts into more intelligent thoughts, thereby creating an intelligent being. They have thought only to do magic with the help of other forces beyond the three-dimensional ones.

COMMENT: They are not really controlling matter as we know body matter, but they are doing their magic without understanding what they are doing.

This is so. They are not doing the creating themselves. They are turning the creation over to other intelligences.

COMMENT: They compel other entities to do their bidding.

Yes, and therefore this is leaving other entities to do the creating, to create their world for them. Here is where an occultist is walking down a blind path, a path that will lead him to his destruction, for it is appealing to his sexual self because these are the forces that he lends to these other consciousnesses in other realms to do the creating, with which to make matter. These are his own vital energies.

QUESTION: Yada, does he not also use occult forces that he gets from his aura and is there not danger of creating a rent in the aura?

Of course, this is the path that he works his energies out of, like I said, through the auric light. In doing this, once he has given these forces to create into the hands of other beings to create for him, symbols of the creation are left in his aura and these symbols, because of the way they are used, are terrible nightmares.

QUESTION: Is there also a tendency to the weakening of the will?

Of course. Again, this leaves tears or rents in the aura, and during his practice of calling up these beings, he is an open door of invitation for these low elementals, both of the human kind and of a sub-human nature, to get into his aura and possess him and bring sickness to his body and to his mind.

Magic of this kind should never be gone into unless you have first gone through the alchemical path. The alchemical path is one of love,

of understanding. It is one with feeling for the greatness, the divineness of life.

Spiritualism is, in part, the occult path. It is calling upon beings on the lower realms, beings that have not completed their rounds of life, beings who know not their source, their nature.

COMMENT: The alchemical path is also highly ethical.

Very much so. Therefore, deeply moral. If we, as human beings, have no sense of moral responsibility, then we have no sense of anything. We become as animals.

Yoga is very nice but not for the majority of Western minds, especially when the student attempts to use certain breaths upon his physical self. Some of these breaths used by the unwary, the ignorant, can create what is called dissociation, amnesia, obsession and very often death.

The practice of the ignorant to turn their breathing over to their conscious self can bring death. Breathing belongs to what is called the unconscious self. It is automatic this way; therefore, it is natural this way. To turn it over to the conscious self, the conscious self will then have to think about breathing and, if you should forget it, the spirit of that person is set free and the body is called dead. It has happened many times.

COMMENT: One of the great Hindu teachers had to take every breath consciously for three days before he could get it under control of his unconscious mind.

This is so, for even many of the great masters of this sometimes make mistakes and suffer for that mistake. I think that experts in any field are in a more dangerous position than the neophyte because when we get experience in something we tend to become careless. For if the expert in breath turns it over to the conscious self, he can forget to breathe.

COMMENT: Then he would not be able to go into a natural sleep state. He would have to stay awake all the time.

Or die, and of course you cannot stay awake all the time, and you cannot sleep unless you know how to turn the breathing back to the unconscious self. It is a great danger. People who know how, by breath, to slow down the rhythm of the heart, or even stop it for a little while, sometimes do not remember how to start it again.

COMMENT: Even holding the breath is dangerous.

Very dangerous because this means that there is no oxygen getting to the brain.

I wish to depart for a little while.

(Yada leaves and during the intermission the conversation turns to the subject of the human aura. Yada speaks on this when he returns.)

Yes, I think it is very interesting what you were just saying. The male is encased in an egg-shaped light, and the female's goes only a little below the knees.

QUESTION: Why is this, Yada?

It is on account of—I like that English, "on account of"—that the male organs are outside of the body instead of inside. The shape of the auric light with the male is due to the fact that the organs are on the

outside of the body and point down. With the female they are inside and up, so there is no need for completion of the auric light to the feet.

COMMENT: It does extend down to the feet but it narrows from the knees down.

Yes, this is so. While in the male body it is full, in the female it goes down very, very close to the legs. From the ankles to the knees it is almost straight up.

COMMENT: I would think, then, that the female as well as the male would have a light around the feet because there are chakras in the feet.

Of course, but with the female it is closer to the legs. Every organ in the body also has its auric light. The sex centers are very much alive, especially is this so in one's youth as long as there is nothing wrong with the glands. If there is something wrong with the glands there is very little auric light around that center. If the mind is constantly preoccupied with that center, it is very bright and very vibrating. This causes irritations furthering the desire for sexual expression with no true satisfaction and simply momentary relief from tensions.

When we communicate with one another with respect and love for one another, the sexual organs stay healthy and light around them is bright green, a very pale but beautiful bright green, and pink, in love. How we abuse ourselves when we abuse another! By not knowing! By ignorance!

QUESTION: Yada, does this pale green and pale pink have anything to do with the eyes? One sees pale pink and the other sees pale green?

Very much so, very much so. We go again to the sexual expressions with another, for when we have what is called the sexual climax, the eyes are very definitely affected at that moment as so much strain and tension is put upon them. The eyes are more affected by the use of sex than by anything else, and when wrongly used, very great tensions of a negative nature are put upon the eyes making eye strain, eye sickness and blindness.

QUESTION: Is there any connection between polarity and the colors pink and green?

Yes.

QUESTION: The pink is positive and the green is negative?

That is so, for love is always the most pleasant force of life. Indeed, this is the love-field out of which we manifest ourselves in the physical world.

Now I will stop talking and listen to you. Do you want to say something? (To one in the audience).

QUESTION: Yada, is it of any importance to us to try to understand ourselves by, let us say, attempting to see into the aura?

I do not think it is necessary. I think we who are beginning to seek wisdom, I think we should start by daily practice of being aware of what we are doing and seeing the motive in what we are doing.

COMMENT: In the study of alchemy that is the first thing to do, to watch your emotions and your thoughts, and your method of expression and especially the words you use.

That is so.

COMMENT: In a way you might say that alchemy is a way of working through the subconscious mind.

This is so, very much so. Let us take what, in your English language, is a four letter word. In some other languages there are more than four letters. These are called negative forms because they are mostly concerned with, and are created by, the low emotional self. In one given to the use of these words more than is normal in daily speech, it leads them to, and creates upon their nervous system, negative effects and leads them into sickness. They can also bring sickness to those around them who register these words by what is called hearing. You will notice that these words are rarely used without emotions, deep and carelessly ejected energies. Good way to deplete yourself. Good way to let others suffer, those who have to listen to them.

Many think, "Oh, it is all right. You are just word conscious." This sound, especially those words which produce this sound, whether it is in English or any other language, are very detrimental, quite apart from our psychological rejection of them. Most people do not know this. Many of us are given to murder unwittingly, without intent. Without conscious design, we murder.

In the beginning the great thing to learn is emotional control. But before we can learn this we must know why we act and react to certain experiences. Why do we react in certain given ways? What makes me cringe when I see an act that is what I call repellant to me? Because I have created, or someone else has created within me, a pattern of thought that has stimulated my nervous system to the point of what is called revulsion.

Something has happened to me in some past time. That something may be only very remotely connected with what is happening to me right now, nevertheless it is there in the unconscious self and starts reacting years later when something similar comes before me. Something similar to what I am experiencing now, something but slightly related to that past event has triggered what is now called a sense of revulsion in me. It did so then and it will do so now, and I will not know why. I only know that I am revolted by this sight, this sound, this feeling.

There are people in your world that become alcoholic addicts, drug addicts, food addicts, and others. What they are imagining is not what is killing them both physically and mentally. It is what happened to them in the past. It is the thorn from the past in their side. Today your medical men are beginning to recognize the fact that the alcoholic is a sick man. He is emotionally and psychologically sick. He is trying to ride out the storm of strong emotion that was triggered in the past. He is trying to find equilibration with that experience and the one he is now living.

The person who is subject to schizophrenia is psychologically seeking to escape from some painful event, so he produces character after character, personality after personality. He juggles all these around and pushes them forward for the world to observe so his own self can escape the pain of the struggle. If I did not do this, I know someone else did it. Deeply, I know I did it, but I cannot accept it. It is too painful. I wouldn't have done that sort of thing. Not!! But

someone else did it, or could have. The outer world seems to think that I did it, so the only way to avoid punishment for this, or the need for punishment, is to become someone else. What easier way?

When the schizophrenic condition is not caused by some disease of the brain or some form of deterioration, he can be rationalized. He can be made to realize that he need not fear any experience, that he need not worry about what he did, he need not create guilt feelings of shame. Then he will stop creating different actors to face his world.

Sometimes schizophrenia comes on us like this very quickly. The pressures of the past which we have been trying to get rid of, but have not, are piled up and become too great and we break under them. Sometimes we cannot create other personalities to take our place, to face our music, so we throw ourselves into some form of coma. Some kind of suspension of our awareness in respect to the outer world takes place and we retreat in one-pointed hysterical fixation. It is very difficult then to reach us. We have retired to a little world of our own. A little world, yet for us at that time, a safe world.

You know the animal that is called the opossum? When you attack him he curls up and wants you to think he is dead. He curls up and looks very dead. This way he thinks you will go away. He is not there. This animal, by his own nature, to protect himself, suffers schizophrenia, hysterical fixation, for the greatest cause of emotional trauma is fear, fear for our individual safety.

But when we know, WHEN WE KNOW who the I AM is, we have no desire to run away from the responsibility we have made in this wonderful state of consciousness. We are ready, willing and able to accept whatever the result of our acts may be.

A healthy man, even though another person is involved with them in some form of negative action, does not blame that other person. He says, "Yes I accept the responsibility of the act." He does not say, "He encouraged me," or "she encouraged me," into doing this or that. We cannot be encouraged, or enchanted, or lured in any way when we live consciously.

I must leave you now. Good evening.

YADA SPEAKS

SELECTED COMMUNICATION #12

*Waking from the Shadow of Ignorance—The False Dream of Matter—
The Final Initiation—St. Patrick and the Snakes—Meditation and
Spooks—Get Out of the Storm*

In speaking of reincarnation, the important question is not whether we have lived before, but whether we are living now. We may be what is called conscious and showing some signs of not being quite dead, BUT DO WE KNOW WE ARE ALIVE? If walking around with the eyes open means we are alive, then we are alive. But being alive is knowing WHAT you are, and this takes time, and training, and patience for the individual to learn. This training does not require the rituals of yoga or the lotus position, or concentration on the navel.

Being alive means being awake and aware. So if I know what I am, I know that I was never born, and therefore can never die, and therefore did not live life after life. I live ONE life. It is eternal. But due to the illusionary nature of my sensory body, I come to the very fascinating belief that something called ME is going and coming.

This "shadow-me" is the eternal self; it seems to be going in and out. But what is really going in and out? The body, the real shadow; it rises with the light of the sun, and disappears in the darkness. The body is my shadow self, the shadow of my ignorance. My real self is the sun, the Light, the son of the sun, the Eternal Christ, or crystal clear knowing, that never dies because it was never born. We are taught that Jesus the Christ died on the cross. When the priestly system says that Christ has died, and Christ has risen on Easter, they are wrong, for Christ never died, and therefore Christ cannot rise Christ IS—the shadow body, Jesus, died and disappeared into the darkness for, as all bodies, it is the shadow of the self.

We suffer from the hallucinated belief of what is called the physical world. This does not mean that the world does not exist, but that it exists only through the senses. Man never gets into contact with the physical world, but only with the sensory world. As long as we believe that there is a world *per se*, a world of matter *per se*, we will suffer the belief of going and coming, of living and dying. Death is simply another word for ignorance. It is not an end to a physical structure. In very ancient languages there was no word for death, but only the word for Light—which man IS. The nearest word for death was found in the phrase: "not knowing" or "the darkness of ignorance." And this is what man suffers from the time he comes into the physical world. From the time spirit mates itself with physical matter and becomes one with the illusionary world, it suffers this "not knowing." So we have to be brought out of our ignorance, and finally the individual himself

must do the work of enlightening himself. Nobody can do it for him.

Man is not an evil being—he's crazy! It is impossible to plunge ourselves into matter and remain sane. We are forever plagued and driven by this marvelous, sensitive blob called a body—its wants, its desires, its hates, its loves—and all of it out of balance because we do not know law, the law of our being.

* The physical self is the mental self which we, the creator, conjure into being. It is our idea as a creator. It is not necessary to leave the body to de-materialize itself in the ground. If we know that matter is mind, is consciousness, we can draw a seeming dead body into consciousness until it becomes one with the mind again. When we acquire this knowledge it will be quite clear to us that we will not have to be born again through woman, through man, or through matter. The biological path will never have to be taken again. This is what you are seeking and will eventually accomplish.

This is why it is said in the symbolical, mythical story of Jesus that his body was no longer in the tomb. The ignorant thought they had captured him. They had captured a body, they thought he was a body and thought they could hold him. Certainly matter cannot get through matter. A DREAMER KNOWS ONLY THE DREAM HE IS IN, AND NOT THAT HE IS DREAMING. And so it was with these people; they were living in their little dream. But the man, Jesus, knew better. That rock, that big stone that closed the tomb, was no more a barrier to him than the air. This is what you are seeking to consciously know. To roll away that heavy stone of ignorance from the dark tomb of the body so that the Christ, the Light of crystal clear consciousness, may be set free.

In your world you are taught to seek material gains because you have been taught to believe in material. All right! As long as we are taught this way, as long as this is our consciousness, we must live by it.

} Whatever we worship, we get. Wherever our heart and mind is, so shall we be. We have adoration for the Great Green God which is called money. Do I sneer at this? No! It is necessary as long as one lives in that kind of a dream. You cannot deny it—not until you start to wake up. Then you will find that the universe is money. It is our bank.

→ You do not have to put little dabs of it away in individual banks. You will discover the universe is a bank and you can tap it whenever you want to. But—you cannot let your emotions get in the way. The first thing, if you are going to tap the universe, the abundance that the universe is, you must become one with it. And the universe is (impersonal) It does not know you or me by name, or by personality.

→ The universe would just as soon crush you out of existence as not. It would not be concerned one way or another. The eternal forces that man calls god are indifferent, except to those who know how to tap them.

FOOD Your churches and the priestly system have led man to believe that this god is personal and that he cares what you do. He cares not! Because he is not a HE, but an IT, without emotions, without feelings as you understand those words. You must come to understand this

and then you will know why you cannot barter with this god. We must just follow law! The laws that exist. Then you will gain what you are seeking, even to eternal life. Do you know what eternal life is? Eternal life is being conscious, being self aware. Many people who are walking around in bodies with their eyes open—they are dead! So it is no wonder that the priestly system teaches you that the dead know nothing. "Let the dead bury the dead" means let the ignorant and unaware bury the ignorant and unaware. "Follow me", follow the crystal clear understanding of your Christness, and let the shadows in their dreams bury other shadows.

Until, of course, this god calls all the cadavers together on judgment day and says: Now, come alive! Raises them in their illusionary, stinking bodies, their smelly corpses, and leaves them that which they only understand: MATTER—the illusion—the dream—the true hell—the true damnation—the true force that drives the Christ down into the morass of suffering. YES, THE DAY OF JUDGEMENT!

The day of judgment is right now! And the unhappy part of it, or perhaps I should say the humorous part of it, is that your churches promise you another hell after you leave here. The Christian hell is the most depraved kind of torture I could imagine for a god, called a Christian god, to wish upon his creation. If you are going to call this god "HE", and believe that "HE" is conscious, and that "HE" is emotional—this could not be unless you want to consider him man and insane. Oh, man, what a dreamer, and what nightmares he dreams for himself.

As long as we suffer the illusion of dreaming and awakening, dreaming and awakening, we will make another little dream in a few years, or in many years after we die. We may stay away for ten years, or a thousand, or a thousand times a thousand, and then be caught in the trap again.

Always when we ask, "Did I live before?", we are hoping if the answer is yes, that we were somebody. Because we want to be somebody now. Why is this? Is it vanity? No! It is because we know innately that we are the creator—we know it, but we cannot bring it into our consciousness because we have been hypnotized from the very beginning, from the very first step into the world, with the belief that we are not worth very much. But this "not much" that I am seems to concern god very much. If I am not much, a sinner, or as "filthy rags in his sight", then why is god so concerned about me? It is most ridiculous!

One of the best ways to slowly master your emotions is to realize that whatever you do or don't do, in time, it will not matter. Because such external world actions are lost as we go along the path of life—we lose them—we rise to other worlds—extend our consciousness to other times. It is all shadows within shadows. Until we find ourselves we do not find reality. So why beat ourselves for the little moment of the dream that we are suffering? Why make it more unpleasant for ourselves? Mostly because we are trained to respond in this way. And also the foods we eat play a part in it. Not only the foods but our state

of mind and attitude of emotion when eating. Have you ever sat down to eat when in anger or fright? Then you know the upsetting results to your whole body. So we can see the intelligence of slowly training ourselves to become master of the situation where we know—it doesn't matter. I'm not going to destroy myself for this illusion. I'm going to play with my dream because I know it is a dream and it cannot hurt me. In the greater strides that I must take, all this will come to naught.

When we prostitute our energies in anger, fear and hate, the creative forces turn back upon our physical self and give us all manner of diseases. Anger and irritation cause an over abundant flow of enzymes in the stomach which eats into the mucous membrane causing ulcers. Cancer is a rage against life, a deep, unconscious, fear-ridden rage.

Or emotional anxieties cause pressures upon the pancreas gland and soon the disease called diabetes emerges. There is no ailment of the body that we do not bring upon ourselves. Or that we do not wish upon our children too. Where there is a great deal of quarreling and discontent around little children in the home, these children are invariably suffering from runny noses, colds and fevers of all kinds, including night sweats. Or there may be a delayed reaction in the child until later in life, when it meets with similar situations in the world and goes immediately into shock, or suffers mental confusion. That is the way it is, and I am sure that is not the way we want it to be.

Hypnosis is a marvelous attribute of the human mind. If used properly it can de-hypnotize us from our false dream regarding the world of matter. NOW IS THE LIFE; NOW IS THE DREAM! This dream is the important one. No future one, or one in the past, is more important. Happy are we who gain a little of the light in each lifetime. Because there are many, many who go through life after life in utter darkness. The Great Mind, the Light, the Eternal Christ, is not concerned with bodies. Observe the life in the ocean and notice how prolific life is there; the spawning, the endless spawning of form, with no regard for seeming purpose or reason. But there is reason, there is purpose back of it. So it is with man as he spawns; he will spawn himself off this earth. But man is an indestructible bug of the earth that always comes back to find a way. He cannot terminate life. He can only delay his individual progress for a time.

What does man really know of that which is called Christianity? Or of the seeming historical figure known as Jesus? Nothing at all except that which he has been told and thus caught in the trap of blind emotion.

There are numerous religions and in between beliefs in your present world. And there were numerous more that existed in the distant past of which man today knows nothing about. Today, the Western half of the world has been conditioned to believe in what is called the Christian religion. Now should I say something on the negative side of the ledger to you about what you have been conditioned to believe? I

do not know to what extent it will harm you. Now, the question is—should I care? Yes, I should care. Because, you see, I do not come to teach you something different than myself. I am teaching myself. It's all coming to me.

But this is what I will tell you of my understanding of the one known as Jesus the Christ. You do not have to accept this at all. Out of India one hundred years before the man called Jesus was even thought about, there came out of India an Initiate. He came from the Himalaya mountains. He came overland, crossing vast stretches of wasteland, through the jungles, through storms and floods, through peril of all manner of creeping, crawling things. In the face of animals of the most naturally viscious kind. He came to take his initiation in the Hellenic Mystery Schools of Greece. This man was accepted into the school because they knew of his coming long before he even started his trip. Which is often the case when an Avatar is to move from one school to another, so that they are prepared for his coming. This man was to take an initiation. An initiation which we may classify as the highest or 33rd initiation in the mystical temple. The 33rd degree. Other symbols are: The 33 segments of the spinal column, and the 33 steps in the ladder of Jacob.

The ritual in this initiation was, in part, to be put upon a cross. The cross was the Roman numeral "X" which is a symbol of ascending unto himself. Returning from ONE to ONE.

The Initiate is sort of spread-eagled on the cross. No nails in the hands or feet, but tied there with leather thongs of his own volition. The nails in the hands, the nails in the feet, the thorns on the head, the piercing of the side—these are all secret centers of the body. THEY ARE NOT POINTS OF TORTURE AND DEATH. THEY ARE POINTS OF DEVELOPMENT AND LIFE.

The Initiate then goes into a deep cataleptic trance. While he goes into this trance, the high potentates that are putting him through the initiation wear on their heads the heads of animals, the goat, the ram, the bull, the lion, the ox, the fish—all of these are the signs of the zodiac. These are all symbols of cosmic sex, cosmic fertility. The potentates chant as they circle the cross while holding in their hands a short stick with a coiled snake carved around it. At the end of the stick in the snakes open mouth is a white ball. This is the preservation of the seed of life. This ball is the seed of creation. Then we go to the story of Pices. Pices the fish. Here again we have a representation of the seed in what is called spermatazoa. Water! Fish, water! Water, spermatazoa, fish, seed—the seed of creation.

The Initiate represents the son of the sun or the eternal symbol of the Light out of which all has come. He is to renounce the physical world as such.

But long before he was placed on the cross and went through this initiation, he is made aware through his other initiations the nature of matter, the nature of what is called the three dimensional world, and what is called spirit, what is called mind—he knows what these are. So he is not renouncing a dream which he believes to be real and concrete.

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He renounces it with the full knowledge that it is a sensory dream.

When he goes into this cataleptic state he breathes deep from the diaphragm bringing up from the base of the spine what is called Kundalini, or cosmic energy, which is the symbol of the snake. Your own spinal column is the tree of life. The snake climbs the tree or spine and when it reaches the thyroid or throat chakra it is a sensation that is maddening to the Initiate. When this force has reached the throat chakra he has received what is called the kiss of Judas. The kiss, or betrayal, takes place in the throat chakra of the Initiate. Now, if he can rise above this tremendous pull, this tremendous desire to fall back down into the physical, sensory world, if he can rise above this and let the snake through to the King Chakra, he will enter what is called samadhi. Once passed the throat chakra this force enters the pineal gland. The pineal gland hangs loose and limp at the top of the head, but when this energy from the base of the spine or tree hits this center, it stands up straight and turgid and sprays and bathes all the unused centers of the brain with vital energy. There are millions of brain cells that the human never uses. In a whole lifetime a very few cc's of grey matter are used. Shows we do not need much brain. We gain the use of these by various experiences. Slowly they begin to widen out, expand and become active, wake up. We may not use some of the brain cells for two or three lifetimes or experiences.

Now, in the Initiate all of these brain cells become very active. This, naturally, throws the person out of the physical world. Completely out! For him it does not exist. Now in this state of enchantment, in unison with his own creative forces—it is sometimes known as god-madness. The body walks around, or can walk around, but the mind is not there. So the person acts like a little baby.

The Initiate enters this deep state and attains this deep level of consciousness in which he meets with other initiates, Great Master Teachers, or what is sometimes called COSMIC ARCHITECTS—that sounds pretty, huh? And they are as good as any other words, high sounding, because, you see, (there are no real words that I can talk to you about on this subject.) Because why? Because you cannot understand? NO, NO, NO, NO. It is because it is a story of your own initiation! And I cannot tell it! You and you alone, individually, will experience it in time, and could you think back then upon my efforts to talk of it, you would see how futile, how cold, how nothing I have said. But I will try.

Here this one meets with these great beings who have long in the past gone beyond the earth and physical matter as you know it. Even some who have never experienced earth, and these put him through the last part of his initiation. He has what is called a mental body. This mental body is marked, the hands, the feet, the side, the head, like the man Jesus suffered on the cross. Mystical centers every one of them. The mental body is marked so that the Initiate, on becoming aware of his physical self again, will transpose those markings from his mental body to his physical body. Then he will show the markings to prove he took this initiation in the higher planes. The markings may not be on

his hands, they may show on some other part of his body. They are the mystical, secret markings of the Initiate. This man—he went to many mystical schools throughout the world. He was not known as Jesus the Christ. He was known as Hesus, the Son of the Sun. JESUS

We go to what is called the Celtic people. The story of St. Patrick who whistled the snakes out of Ireland. There never were any snakes in Ireland. You'll find in your own Christian Bible that the snake is the symbol of wisdom. "Be as wise as the serpent and as harmless as the dove." This is what St. Patrick drove out of Ireland when he drove out the Druid mystical teachings. He drove wisdom and knowledge out of Ireland and brought the priestly system of fear, revenge, distrust, hate—this was the god that was brought to the people and called the Christian god. The day of St. Patrick is a day of infamy. It is a day when the Light went out over Ireland, England, Scotland, Wales. It is the dark ages when man was enslaved by the priestly system to superstition and fear.

But there comes to one who is a seeker of life a feeling of humbleness that is not pretentious, a feeling within you that you cannot deny, and no one else can deny. It is such a tremendous love for life, you're always very careful when you start talking about it. You know where man lives? In his feeling self! And if the individual would study his feeling self, get to know his feeling self, what his responses are inside to what is going on outside, every individual would become an excellent psychic. He would not have to go looking for psychics. He would not have to make mediums do tricks. He could do his own tricks. It is no great difficulty to do these things. It takes WANTING—do you truly WANT—do you truly DESIRE? There is only one way to get that desire to produce what you want. Put your mind on it. Desire is a magic word. Many people use this word like they use the word love or god—with no meaning back of it at all. With no feeling! Many people think like the masses of people think when they say the believe in god. They have the Christian impression of a god as a being who is a pretty nasty character. This kind of god is like the artist that paints beautiful pictures and cannot comprehend them, so he destroys them.

IN TIME, THAT WHICH IS CALLED THE CONSCIOUS SELF IS WASHED AWAY, and we return to ourselves as the UNCONSCIOUS, or if you prefer, the ALL CONSCIOUS SELF, or the ALL CONSCIOUS CREATOR. I prefer to use the term the UNCONSCIOUS CREATOR, because when the Creator starts creating, It becomes quite unconscious of Itself. Quite unconscious! The real creator did not look upon the darkness, and not liking it, said, "Let there be Light and there was Light." It says nothing! It does! In doing It is quite unaware. There is no personality there to be aware.

Have you ever sat down to create something and became so lost in your creation that when you became aware of yourself again, you found you had created something wonderful? Your external consciousness was not there to interfere. If creation were made from a conscious creator saying, "I will now make this, and then I will make that." Or one that was self aware—there could be no creation. A

thinking consciousness could not possibly create all of this you see and mostly do not see. It would reason with itself. And there would be the fly in the ointment. The fly of destruction. It would start to reason and reason it out of existence. Man is a very strange being. He thinks he reasons. And in thinking this, he goes against life.

Reason! I reason! It is after we set reasoning aside. It is after we have stopped meditating, cogitating, that we find ourselves. All these things, reasoning or whatever, is for the lower consciousness. The real self, the Christ, the Light, the Eternal Flame, IS, IS! And you want to get back to it? Then remember what I say: You will never make it on thinking, on reasoning, on plotting, on planning, on hoping, on praying—you will never make it. But by doing only.

There are many kinds of action. When I say to you that meditation or thinking will not get you anywhere, I mean the kind that you are doing in your conscious self. You must be detached from the emotional personality self. In meditation you do not try to make pictures with your mind, you do not try to think of anything. You let the lower consciousness go. Not it's going to take a little while to let the lower consciousness subside so that the higher can dominate. In meditation nothing is done consciously. You do not try to make your mind a blank. Stay awake, and the slate will be written on. That is not easy. Why is it not? Because the moment you spend a little time in utter silence, and if the body is clean so there are no irritations of the nerves of the skin, you will not FEEL anything, and if you cannot SEE anything, pretty soon you automatically go to sleep. You have to fight to stay awake and be blank at the same time. This is the difficult part of it.

Now the mind is a very peculiar thing, the lower consciousness I speak of, the moment you start trying to ignore it, it tries to make you increasingly aware of its desires—which are lower body desires. You begin to hear noises, like: BANG, BANG, BANG,—HEEEMMM, HEEEMMM, WHT, WHT, WHT,—it is saying, DON'T GO AWAY, STAY HERE, I LOVE YOU, DON'T GO AWAY, YOU ARE THE FEELING BODY LOWER SELF, YOU ARE THE DESIRE SELF. It wants to stay.

The man called Jesus, and many other Initiates, in taking the initiation on the "X" cross, he was renouncing the personality self, what is called the lower ego self. He was renouncing it without verbal proclamation, but by going deeper and deeper into the womb of silence.

But the lower "I", the ego "I" is good for here. It keeps you here. It keeps you hungry for here. Now when you are getting your supply of food at one place, are you going to drop it and go somewhere else? Of course you're not. This is why many people stay on earth after they die. Because this is where their food is—the food for the lower self. It knows no other home. So how can it go to another home?

But I say to you, be at peace. Get out of the world of panic. Try to stop catering to that jackass self. The one who dreams and knows not he dreams. That one who is constantly panting for the satisfactions of the food of physical life. Co-creating

the nightmare world. You can do it. It's no mysterious thing. There's nothing miraculous about it. It is natural to the creator.

Be where it is quiet periodically. Get out of the storm called the physical life. Come within where peace dwells—and listen—just listen! The Buddhi will feel your presence after a time, and serve you a great feast.

I assure you! People in your world are accustomed to getting guarantees. I cannot give you that, but in my own way I can assure you. Be at peace. No one goes where they are not. And no one knows that which they didn't know.

It is difficult to give food to the hungry. They are not prepared to accept it. They have been hungry too long. Wouldn't you think that being hungry so long, they would grab at it? But how can they? They do not see it as food. How can they grab at it? How can they be aware that it is the most vital food for the human. It's called "HONEY"—the honey of knowledge and wisdom.

→ It's there! You'll find it! But I cannot give it to you.

The world has been churned and rocked around in the most violent way many times. But observe—it's still here. Also man, along with all other animals and living forms, has been swept off the earth five different times.

Today you know something about virus, germs, invisible bugs. You also know that some of these have been roasted, frozen solid, beaten, all kinds of things have happened to them that should have exterminated them. But as soon as we quit putting pressures on these little invisible monsters—they come back—and so does man. He is just like that. He is a bug of the earth. An indestructible bug. A bug that carries the bag of frightening ignorance and joyous knowledge. HE CANNOT BE DESTROYED.

To believe that the earth is going to suffer more violent action than it has in the past, is to believe that man is going back to his savage days, the blind animal. No, his feelings for life have cooled him off. The hippie people understand that word "cool." They use it so often. Play it cool! Isn't that beautiful?

It means: Get out of your passions. Stop wearing your heart in your throat. Stop ripping up your intestines with fear and anxiety. You are safe! For you create all the storms that rage across your earth. You want to make the earth more cool? Then train yourself to be free from emotional attachments, and the earth around you will stay cool and pleasant. Love is everywhere—everywhere!

Time and circumstances. Time and feeling. I am where I am, and where I am is what I am. Rebirth is not just a soul flitting from one space to another, cursing or blessing himself as he goes. No one condemns me but me! I am my own judge, my own jury. Oh, yes, I descend to hell or rise to heaven at my own need. Love is the saviour. Feel it! Live it! We are all safe on the way—on the way.

For I am the Eternal One. I am the Prince of Peace.
Good night.

YADA SPEAKS

SELECTED COMMUNICATION #13

Flying Saucers—Smog as a Mental Phenomena—The Mixture of Man and Animal—A New Astrology

Something else I wish to talk about which for years have been called "flying saucers" or UFO's. The IFO everybody knows, but not the UFO yet. The moment it is seen it is an IFO.

These beings—some of them come from civilizations that are many millions of years old. Think of that! There hasn't been a civilization on earth lasting over thousands of years and never millions, because the people involved in these civilizations, their need to survive and the fear of their surroundings, causes them eventually to attack one another.

These beings are coming here for many purposes, and (saving the human race has nothing to do with those purposes.) One vital important purpose has to do with gathering energy, and they can get more energy from an atmosphere as heavy as yours than anywhere else where there is no such atmosphere. These beings do not care much about you. If it were possible for them to do it, they would come here and get what they want without ever letting you see them. But in losing energy, they show themselves, for they have no protecting shield of invisibility.

QUESTION: Are they mostly coming because their world of energy is in a state of decline?

Yes. Your energy here is more alive, more active, more powerful because it is created in a dense atmosphere. The vast part of the universe is sleeping energy.

QUESTION: Which needs revitalizing?

That is right.

QUESTION: These people who come here—if you could explain what they look like, how they differ from us?

You wouldn't want to know. Physically, they are anything but human-like.

COMMENT: Watch "The Invaders."

No, they—"The Invaders" are human-like. These beings are much more (not so)

COMMENT: They disguised themselves as our type.

What is being shown there on "The Invaders" is telling a story with a great deal of truth in it. They are energy being. The beings we call UFO's are energy beings. Some of them, the men, are trying to mate with the women here so as to produce a more continuous being, so that when their body dies there is an intelligence that survives. They do not now have that.

QUESTION: Is that because on their level there is no continuity?

There is no feeling continuity with these people. Now we go to something that looks entirely different—poltergeists. Poltergeists are pure energy, and when energy wears out, they are no more. Many of these poltergeist beings appear in your atmosphere to gain and keep more energy, to exist longer.

QUESTION: Is there such a plan involved?

In America it is called "everybody do their thing." Nature's laws do not hinge on emotional attitudes. If that were true, the lions would stop killing for eating, all things would stop killing for energy. We are all energy-absorbing bodies. I could have no form at all if I did not have the ability to absorb energy. I could not come here unless I knew how to absorb energy from you. So all living things, and non-living things, are absorbing energy, one from another. The whole vast universe is a mouth, a parasitical mouth. Everything is living off the vital forces of everything else.

QUESTION: It is not acceptable to us that these people have no continuity when their bodies disintegrate. Is that what you are saying?

Yes, because their minds are pure energy also.

QUESTION: The same as a poltergeist?

Yes, that is right.

QUESTION: We are not of that nature?

Yes you are in a way because your brain is an energy center gatherer, and the whole body is of the same order; an energy gatherer.

QUESTION: What form do they take, to have relations with our females, to create what you say they are trying?

They can change form and take on a human body to act.

QUESTION: Have there been any successful offspring yet? For in my way of thinking they could produce an advanced being?

That is so. There is a mating going on between the planes. There are people in the astral that have sexual association with those in the physical world and they can produce the proper kind of spermatozoa to produce living beings.

QUESTION: Then the woman does not have to be with a so-called man to produce a child?

To reproduce a woman must be with a male of a kind. Go back to what I said before. It is nothing so complicated because you are also an energy being, an electrical being. You see, you are thinking old fashioned according to your conditioning about these things. How many of the greater masses have any thoughts at all about what is called spirits, spooks, astral beings and other-world beings? None! The whole vast universe is a living (organism) living by energy and the movement of energy.

So you see, when you think of it, when you get the picture, you will realize that everything is a (transplant of energy from one point to another). There are some races of people here, some that live in the jungles of the Amazon, who were brought here from other space-times. The Maoris were not originally earth-born people. They came from a very arid existence. People and things have been moved back and forth across the spaces.

UFOSEX

UFOSEX

COMMENT: Just like a giant experimental zoo!

Yes, it is.

QUESTION: To see what does best where in shuttling them around?

That is right.

COMMENT: And consciousness is doing the shuffling. In other words, we are.

There is no one else to do it. Consciousness in beings of all kinds. Consciousness in form creates the need for variety for more and more space to operate in. Just think, my friends, in one species of bark for example, there are thousands of varieties of that species. Yes? What a constant, never ending building of form, and destroying and rebuilding. It seems hodge-podge. It seems pointless. It seems endless.

To whom does it seem endless? To the very persons who are doing it, because the Creator is not self-aware.

COMMENT: He is too busy creating.

That is so.

COMMENT: That is if we are interested in our work we are not aware of it, not awake, we are working.

That is right. You can also find such states that when you finish your creation, it is much better than if you had been constantly distracted by being aware of what you are doing. (The glory of the Creator is that it is not self-aware.)

COMMENT: If it would be self-aware for an instant, everything would go out of existence.

Yes, you speak the truth.

COMMENT: Let us hope it stays at work.

Oh, yes, keep the Creator busy if you want to stay aware, if you want to stay alive, if you want to continue living!

QUESTION: It is an occult tradition if we elected to come to follow the simple human path of evolution. Were we of similar evolution to space people?

Yes. Think now! We go back into the very ancient times, meaning the time when the creative mind was experimenting for some kind of form that would endure for long enough periods to reproduce itself in a more constructive way. Each time building a more intelligent body. In one of these periods, the creative mind experimented in making one-cell beings.

Now these ^{NEW} beings were definitely electrical beings. They were operated by the light of the sun which gave them energies to move. They were photo cells. The entire body was like a series of eyes and were moved by the light of the sun, the different intensities of the sun. Yet they had to be careful they didn't stay in the direct sun too long or they would burn up, get too much energy.

So they learned to go in the water for periods of time, for that is where they originated the form in the first place. Man came from the skies, he started in space as a protein enzyme. Again, the sun comes into play. It created living vibrations in these chemical substances with ultra-violet light. These beings had the ability to take this radiation from the sun.

Then they descended to the earth as very, very minute forms like crustaceans, which were not really crustaceans but looked like it if you put them under a magnifying glass. They resembled a crab.

Some had hair on them. Very intelligent little beings for their time and place. Their general condition was very remarkable. (The THINKER, who was not aware, created these.) (Yada speaks in his language)

I am excited! It is called THE GRAND EXCITEMENT to realize that you are a part of this great scheme called life. You are electricians! These beings came from the skies in little drops of water. The crustacean type was created because it gave these little beings the better chance to survive in that part of the world, that part of the stage.

With Mark I watched the movie "2001". Observe the fact that man, while still in the fur coat of an animal, existed on plant life. He was not a carnivorous being and was not a savage being. He was not given to great anger, although he was much frightened most of the time. He did not have much fight in him, until he started to eat meat.

When he got the smell of blood he then became a raging maniac. The price of the smell of blood! It made a different creature of him. He became the most dangerous of creatures on the whole earth.

QUESTION: Was that when he picked up the club?

Yes. Then started his real war with his fellow man. I speak not against man for what he did in the past. His environment made him do these things for the plant life dwindled. There was not enough to eat and he was forced to turn to his fellow beings and other living creatures to use as food.

QUESTION: These electrical beings must be in danger of death and that's why they are pushed out to us here?

That is right. They are starving for lack of wholesome energy.

COMMENT: You would think that in 1000 or even millions of years they would have worked it out.

You would suppose so, but sometimes suppositions are not built on real fact. Right here in your world—what are you going to do after all these centuries to feed your increasing masses? What are you going to do?

COMMENT: Have a war!

I can believe it! Also you are most certainly going to move into space. At first you will try to create conditions under which to live there comfortably. You may go to Mars. Once you learn to create the proper weather Mars will be a nice planet to live on. And eventually you are going to do this.

COMMENT: It is the closest one to us.

That is right. You cannot stop there, for man will keep on breeding no matter what you do to stop him.

QUESTION: Will we be going there in 20 years?

Yes, in approximately 20 years you will be actively engaged on this planet Mars and to some extent on the moon. But not for a long time yet on Venus—it is much too hot. You will be able to land on a small portion of it at certain periods and be active and create bases. But during certain orbits of Venus, you will have to get off because of intolerable heat and gases.

QUESTION: Yada, since we have been talking about space, there have been three planes disappear off the coast of Texas recently, the last one a B-52 bomber. Now did that go into a space-warp?

Yes. If you remember some few years ago in Florida many planes disappeared there—very large planes, your big bomb machines.

QUESTION: What happened to the people?

For a time they suffered quite greatly and then they lose awareness, they have intense amnesia so they do not know who they are, to say nothing about where they are.

COMMENT: But they can't fly around forever.

No they do not fly around forever. They do not fly around at all. It's a very real condition. It has its own fields, its own substance, its own surface to move on. When they suffer complete amnesia they are taken to a kind of station or hospital where they are permitted to sleep, and sometimes sleep for an extensive time. They are also treated with a kind of purple light—more on the ultra-violet. And then they are brought awake again and they think they have been there all the time. They have no earth awareness any more.

QUESTION: What constitutes their getting into that? Is it multiple energy, created by the crowd in the airplane, or is it—it's got to be something!

Not really. If we all lived consciously, if we all became aware of our tremendous potential, we would not become victims of other people—either in the dimension we are in, or out of it. It's because most people live a very unconscious, unaware life.

COMMENT: It just happens to them?

Yes. They become victims of people in other places, who need them for whatever use they want to use them for. But mostly, these people are not badly treated. The greatest pain they go through is losing contact with the physical world. Getting into the warp in the first place causes a great deal of pressure on the body because the body particles, the cellular structure, has to be changed. This can be very, very painful.

QUESTION: Was someone trying to use them?

Yes. Aren't we all used in one way or another? And do we not use one another? When I say use I do not necessarily mean abuse. I suppose to pull a person out of one dimension into another is an abuse, because it is taking direct control of his existence.

QUESTION: Who?

There are certain people in other dimensions, there are groups of people whose work is to do just that. Not only to take people, but also to take things from one dimension to another.

QUESTION: Suppose we were conscious of this, could we work our way back?

Yes, but it is very seldom you can stay that conscious. The pressure of the activity on the physical body is very, very acute. Just the activity of having yourself raised or lowered beyond normal vibration is like you are burning in the hottest kind of fires.

QUESTION: Would you say that a negative quality about the person would tend to draw them into this?

No. Because there are some people who so learn to master their own bodies that they can change their cellular structure so that they can

vanish into other dimensions, without being pulled there, they go on their own. I go to my Father who is in heaven.

COMMENT: That's raising a vibration.

The vibration of their cellular structure is certainly raised to the point of light. *

COMMENT: I was thinking of these people as being in a lower area.

No, not necessarily. You see, you do not know of any other race of people, any other beings, that are so cruel as humans to one another. So what about the world you are in! Look what you have created! You have made it into a very low vibration.

QUESTION: Aren't we about the lowest?

No, there is one lower—that's difficult to believe isn't it—of greater density; the substance is of a tremendous density. You go into space and you meet different conditions. The farther out you go into space the matter sometimes becomes of greater density until you have fields of substance far beyond your earth whose density is so great that just a cubic inch weighs into the billions of tons.

QUESTION: Like the core of the earth?

Yes.

QUESTION: Is that lower type dimension a school for earth plodders? I presume we come here so we can slow down our processes because we insist to learn slowly. If the world is greater density, is that for an even more retarded way of learning. By retarded I mean the lessons are more intensely needed?

I do not think I can say it that way. I cannot agree with it that way. When we are talking of lower or higher as we have been, the better way to explain it would be just a different character of motion. Neither high nor low, but a different character of motion.

QUESTION: A different wave pattern?

Yes. Sometimes you can have a character of motion where the beings in it suffer beyond any words that you know to describe suffering. This is the "hell" that your books of religion write about.

COMMENT: That's the character of motion in this world right here?

Oh, of course. You can find the greatest joys of life. It's all right here for you. That is why I say, never say up or down, or high or low, about vibrations because that is not the way it is. It's a character of motion. Now, that character of motion may be moving at fifty billion vibrations a second. Think of it! In that kind of motion it may create a density that is far greater than this, even though you may not be able to see it with the eye.

QUESTION: Are there various grades of mind substance? Some of the coarser grades cannot follow the higher vibrations? So it must be a finer grade of mind substance.

Yes. We often hear or use the expression, that thought is so light and beautiful. You mean light, not weighty; less in density. You are moving faster. Faster? Alright, if you want to use that word. You are moving better; in a more pleasing manner to yourself. I think in learning about life, we must be very aware of the words we use.

QUESTION: Is it possible for a human being to raise their vibrations before they have opened the chakras?

Yes. Some people, from past memory, may do this automatically.

QUESTION: Can they go into a higher state of being?

Yes, but it will not be comfortable for them because their conscious self is not prepared for it. That is why it is best to prepare here in this world, while you are here in your conscious self, in your ego self. It is better to start here. This way you are then conditioned to these other vibrations in a small manner. Observe that nature hardly ever does anything in a hurry. Everything is in given rhythm that belongs to that condition, whether it is flower, tree, fish, fowl or human.

COMMENT: It does all that without making the slightest mistake.

That is right.

COMMENT: One slight mistake would disintegrate everything!

It knows exactly! That IT within us, knows exactly.

COMMENT: And this is the Light. And the Light, in the beginning, knew all things. Therefore there is nothing new under the sun!

Yes, that is right.

QUESTION: Yada, I would like to ask a little different question. Our January 1st is coming. Do you see any changes in the coloring, let's call it that, of the earth as it changes over from one year to the other? Because a lot of it is controlled by people, too. I was just wondering if you could see that?

There are times when the energies, the forces around your earth are somewhat more opaque and of a yellow cast than others. That doesn't paint a pretty picture does it? But such is the case. This has been taking place since the end of your first world war. It has been slowly getting more dense and difficult. You may speak of it as a smog, the smog of man's hatred for his fellow man.

COMMENT: It is interesting, because on the worst smog days, that's literally how it looks, the way you describe it.

And that is the way it does look. If you look with the mental eye, you can see that—the hatred of man for his fellow man, or better, for himself.

QUESTION: Would that be a solid yellow line, or would you see certain other colors in other areas?

Well only that it is more dense over some areas and considerably less dense in some spots where there are not too many human beings together.

QUESTION: Such as over the ocean?

No, in some locations as in the Andes mountains, in the Himalaya mountains, mostly in mountainous regions and in the desert. The air is one thing, but the mental activities is something quite different. You see, in jungles, even where the savage beasts (not speaking of man right now) savage beasts roam, you would think there would be a very bad atmosphere. But animals do not kill just to kill. That is the way they live. That is natural to them. That is the way they eat and stay alive.

What produces this human smog is that the human can think and reason. He does not have to do what he is doing. It is done with malice aforethought where humans are concerned. This is what makes it so negative, so sickly for man. He is breathing in his own bad breath. You don't need a mouthwash, you need a spirit-wash, a mind-wash. You have already had a brain wash and are getting it all the time.

QUESTION: You want another question Yada?

Yes.

QUESTION: On Christmas day 1965, in the Phillipines, there was a woman who gave birth to triplets; the first was a boy, the second a girl, and the third was a snake. How come?

Now this happened in the family once before to a sister of this woman who gave birth to a child and a snake. They killed the snake and the child died. Now this child will sicken if the snake is taken away, so they keep it in a cage right by the little girl's bed.

It came over with its own caduceus. (LAUGHTER) But without humor. It is said that nature does not make mistakes. Now this may appear to be a mistake. It may therefore be called a freak of nature. But all through the ages of creation there have been numerous seeming mistakes made by nature producing human children and animals, snakes, and all kinds of things. Because all kinds of things are in the mind of the Creator, and they, sometimes, take side doors to get through.

COMMENT: I would say this is a right incompatible situation.

It is, and would be more so for American Doctors.

QUESTION: Oh, yes, this would really break up the crowd. Now, did that come mainly through the father when you said, "the attitude of the Creator?"

Well, consider this a moment. Out of what, what is the substance that makes any living object? Something called genes and chromosomes? Well a snake is a genetic being also. But humans say it is of an entirely different species. How can an animal be born of a human? Even though in cases there have been animal relationships with humans, and humans with animals, it has been believed by your biological world that the sperm of these two different species do not take. But that is an assumption built on priestly thoughts of what a human is—superior being. But to the priest he is superior only where it will not interrupt the priest's teachings of creation.

COMMENT: Yada, I'd like to interject a question about the Greek and Roman times. This is about the SATYRS, half man and half horse. Did these really exist because the people were sexually decadent and they mated with horses and they came out that way.

Yes!

COMMENT: So that creature is not mythological, but—

By no means.

QUESTION: —something they tried to hide, and so it turned into mythology?

That is right! That is exactly right! The human being contains all forms of existence, from the most primitive up to man. As the foetus is being formed, it goes through all the stages of its history from fish, serpent, tailed beast, etc. At some point in the development of this foetus, it gets up to the serpent stage, and something goes wrong. The serpent force becomes predominate in it and it develops into a snake instead of a child.

QUESTION: What you are saying is that the field of evolution was short-cut at that stage in the development of that embryo? It was sidetracked somewhere?

Yes. And with this kind of thinking we can feel it is possible for virgin births. It has been shown in your medical world where there

have been spongy growths in the uterus that contained bits of hair and pieces of well developed fingers.

QUESTION: And bone particles. Usually these occur in the fallopian tubes of the abdominal cavity, don't they?

Yes they do and, indeed too, there are times when the seed lodges in the fallopian tubes and here it is generally not possible to have a living birth. The development has to be removed as you would remove a growth. Yet a fully developed human has been found in the fallopian tubes.

COMMENT: But due to the fact that the tubes contained intermedium, which allowed placental structure to develop.

That is right—yes.

COMMENT: It has been able to create parthenogenesis, that virgin birth type of thing, with turkeys, in which offspring have been created without spermatozoa.

*)) So—but all of this does not deny the fact that there is law. Nowhere will you find any kind of what seems to be a mistake made by nature that you cannot trace it back to some law. When you find the law of it, then you understand the source and why. Man has given birth to all manner of what seemed to be freakish beings, or beings not of his psyche; snakes, beings like horses, beings like goats, sheep, birds, everything, every imaginable thing.

QUESTION: Do we usually not hear about them because the parents try usually to kill them?

Oh, yes, and it is against the law to publicize such things by your medical world. It makes the human something less than "godly."

COMMENT: They have two-headed calves sometimes.

Yes, and births from natural cows that did not mate with dogs but looked like dogs, and acted like dogs. But right here—notice the house next door—some rose pollen was put on a lemon tree and it produces lemons that have petals like a rose.

Think what a wonder you are. You contain the Creator. What a wonder! I must leave for a while. I will come back soon.

AFTER AN INTERMISSION, YADA RETURNS

QUESTION: Could I ask some questions here on astrology:

Yes, please.

COMMENT: It takes 280 days, or ten Lunar months, for a child to be born. The other three Lunar months are completed in the physical body when the child is 85 days old.

Yes.

QUESTION: Now at the time of conception—that takes place under a certain astrological sign, and then the following eight signs, making a total of nine signs under which the child is growing in his mother's body. Now—do these signs affect his life?

Oh, of course, of course. Your modern astrologers give very little account of this. The actual time from conception is when we are truly born.

QUESTION: Now, when the child is born the sign under which he is born is placed in his aura in front of him. Are these other signs also in his aura?

Yes, and they may cause a great deal of trouble for that entity because he is not aware of them.

COMMENT: I understand that these signs maintain their place in the individual's aura throughout his entire life because the aura does not evolve.

That is right, that is right.

QUESTION: So then he is really subject to all of these influences from the 12 entire Zodiac signs all of his life?

Yes, yes. And no matter what is done, these are not going to be destroyed. They can be modified to some degree but that is all, and the modification is certainly brought about by proper education of that person regarding his whole nature as a human being and as a Creator.

QUESTION: Well, the influences from the sign under which conception takes place, would that be his inmost nature?

Yes, that is right.

QUESTION: Then they gradually decrease as he is being born?

That is so.

QUESTION: Well, what about these three signs that take place after the child is born to complete the Zodiacal year?

These should be brought out to him consciously in making up his chart. I am of the very strong belief that when a child is born into the world he should have someone who knows and understands astrology very much to make his chart out beginning from the time of his conception and, then, from the time of his birth into the physical world. Many people start only from the time of birth, and in doing this they cut off memory of very important things that have to do with those three signs after his birth.

Your modern astrologers do not have complete understanding. Yet, there are some who do. They do not know the whole picture into the life of that person, but I feel there should be periodical charts drawn up. And I think at least two a year should be made by a reliable person.

QUESTION: Now, Yada, these three signs after birth, do they represent things that the child is to attain, or influences that are very influential on his life?

These three signs contain a great deal of knowledge regarding that child before it came into the physical world. His death in the past incarnation, and then his death in the astral world to come here.

QUESTION: Are these signs placed in the aura also?

They are and they should show up around the heart center. They should show there because they are deeply embedded and deeply related to the feeling self.

QUESTION: And that is the cardiac plexus?

That is right. There are many more aspects to the person than appear on the surface. But in your world you have been taught to look only at the surface of things. What's going on in the here and now of the physical world? In doing this you cannot see a clear picture regarding the nature of that person.

QUESTION: Proceeding from these thoughts, we could say then that for most of us, our lives are compelled?

Yes, for most of us. Much more compelled than thought out or planned. You see, the majority of us are compelled to come here to the physical world, it is not something we plan. Now, there are some that

do plan, and when such persons get to your physical world they show themselves as having planned to come here by their state of awareness.

QUESTION: Among those that are compelled, Yada, is it left up to the choice among some of us as to the type of life?

Yes, there is a leeway there that can be taken advantage of, and sometimes is even quite beyond the awareness of the individual.

QUESTION: If we are compelled, are we responsible for what we do? Would you say that the responsibility of the individual would depend upon his ability to let the primal will operate through him? When he tries to rule things with his objective mind, then he assumes the responsibility.

Yes, and he had better be ready to assume, because he is at least pretending to act consciously.

COMMENT: Well that is what all this yogi and occult training is for, to condition the person so that the primal will can operate through him.

That is right and this is the way it should be, because you see, until we develop and until we accept some way, some method, some process for the developing consciousness, we have no will. In your Christian Bible it is said that God made man and gave him a will to choose this or that way of living. This is not true! A will is something we have first to become conscious of. Then we have to become conscious beings before we can say, "I will this to happen," or, "I will against it." It is like you said, sir, most of man's seeming willing is compulsion, not a plan, but an unconscious urge.

COMMENT: And yet, Yada, it seems to me that when the student is impelled to seek, he enters the jungle, and in that jungle the folly is ever present.

Oh, of course, and you know something else? The moment one sets their foot upon the path called the "thinking path", and seeks to plot a better and more healthy way of living, all hell breaks loose. It is as though all those things that he has been doing in the past that were negative, that were destructive to him, they all rush at him now full speed ahead, even those he thought he had gotten rid of. But remember this, if the student holds this in mind that there is a possibility of this happening, much more likely than not, then he is prepared to parry with these, to hold them back. This holding them back gives him more strenght, he knows now what they are, so they are not so likely to frighten him. THEY MAY OVERWHELM HIM AND DRIVE HIM BACK DOWN THE PATH, BUT THEY WILL NEVER DRIVE HIM OFF THE PATH.

Keep your interest in the study of life, because it will free you from so many unnecessary fears and anxieties.

I must leave you for now. Good evening.

YADA SPEAKS

SELECTED COMMUNICATION #14

Breath, Prana and Creation—The Incredible Greatness of Man

Breath holds all the secrets of life! Breath, we may rightfully say, is life itself. Yes? In your Christian Bible it is said that the god took some of the mud from the earth and made mud-man, and then blew the breath of life into him and said, "Go—go—go!" He wound him up with the breath of life. This kind of breath in the inner teachings is call prana. Now, prana, what is its nature, what does it consist of?

Now this is what I say it is. But this does not mean you have to accept it and be satisfied with it, for if you do then you stop looking to see if I have been lying to you. Who knows who is lying to whom? We do not try to lie, but we tell what we think is right. It is with sincerity and not with intentions of lying that we speak what we believe to be totally so. Because if you believe it and LIVE it, this puts life into it, puts prana, puts breath into your living. CONTRA-DICTIONS

Now, prana, I say to you is made up of living bodies. Some people do not believe in what is called reincarnation, or rebirth of the human consciousness.

That's all right. This will not stop rebirth from happening if it is a law. Now will it? No! Nor will it make it so if it is not a law.

The trouble with human beings is that we are, among other things, wishful thinkers. We have what is called a practical side and a romantic side. We tend to lean more to the romantic side until it burns us too often—then we go back to being practical for awhile.

I say to you again, prana is made up of incoming souls, incoming beings, living points of consciousness. The sparks of life! Beings wanting to express themselves again in the matter world. Now to move from that dimension of time, or that level of consciousness, or that point of time, (words! they mean nothing) but to move from that level of being, it is the law, it is the nature of things that we have to change the kind of body we are in, to become the kind of body we will become in entering the three dimensional vibration or point in time. Does this make reason or sense to you?

In order to do this, let's say the astral body is on a very remote plane—a high plane. I'm always on a high plane, and you are on a low plane. (laughter) Coming down the planes we change bodies. In doing this we lose consciousness each time of the plane we had been on, so we can have consciousness upon the plane we are on.

COMMENT: That's the story of the caterpillar turning into a butterfly.

Yes, and back again. Around and around. The wheel of life, going and coming, and going and coming. Where to? No one knows! What for? No one knows. And who cares? What you should care about is what you are at the moment and be that thing the best you can. This is important! What else follows—it will come, it will be there.

You do not need to argue with someone else whether it is or it is not, because if it IS, no amount of argument will change it.

That's what people do about their religions. One says, "Now it is this way." You say, "No, it is this way." In my brotherly way I feel myself getting angry, and you in your brotherly way feel the same thing. Pretty soon our love for one another gets so strong we are batting each other over the head. It must be love because if it were hate we would not be interested. I wouldn't care what you believe; you wouldn't care what I believe. You see, it takes love to do this. But sometimes our love becomes a little exuberant, a little hot. I am so interested in your belief of life, that it is a secure belief, that I will brain you if you do not accept. I cannot see you suffer in your ignorance! I'd rather see you suffer in my ignorance! This way we make good company believing the same thing.

Now, getting back to my story—coming down through the planes, I finally reach the last state before I reach the physical world. I am gathering physical vibrations around me. At this point on the low astral plane, the next step is from there to here. The low astral plane is the plane that feeds the physical world. The low astral plane is the basic substance of the matter world. Everything is being fed by it.

Now this is what happens to one in the astral world who is preparing his psychic body to return to the physical world. First the thought, the desire, the memory. Perhaps (the earth-life memory has been shut out for a long, long time. He has no knowledge that such a thing as earth life exists. He knows nothing about what is called three dimensional matter.) But now he is ready once again to know about it. He begins to have feelings, ideas even as you do in your daily living about things that occur around you. Or perhaps it would be better to say he has what is called hunches, premonitions. I feel so-and-so. I intuitively know that such and such is the case. Then little by little it comes away from intuition, from belief, into fact. Because that one begins to experience what was only a belief, an idea, a hunch, a feeling.

Then the will to feel through the matter world again, the great desire, a tremendous desire comes upon him to feel through the matter world through a sensory body. This takes him into a very deep hypnotic state. The physical world holds him in trance, holds his attention, holds his awareness.

As this great desire comes upon him, it starts working upon the particles that go to make up his astral body. It creates what is called energy, "heat." It accelerates the heat units in his astral body. These heat units cause the particles or atoms to expand, as is natural when heat is applied to any atomic structure. As the atomic structure of this astral body expands, these particles moving away from one another lose their units of heat, and it causes them to move back on their own orbit

again. But the atoms coming out from the center impart more "heat" and again the outer atoms expand away again. This continues, until all these atomic particles are moving in a vortex. They start moving inward and inward and inward, until the psychic body becomes one minute point of light. This is called the soul seed, the astral light, the monad.

I come now as a light. My substance is the closest to the matter world at that point, until the time I am breathed in by my father or the male parent. I am also breathed in by mother or the female aspect of consciousness. I energize my mother's body, but I do not stay there. I go out from her, into my father's body, and energize his body, revitalize it, give it life. I AM THE LIFE OF THE LIFE THAT HE IS! Here I follow the blood stream to his generative center. Here I mate with the physical, chemical seed that his physical chemical body created. I animate it! I become its intelligence! At that moment, I am all that I shall ever be, as far as the matter world goes.

If everything goes right, I am carried on a stream of vital energy into my mother's body. Spermatazoa! The fluid! I am a great swimmer, and I had better be because there are millions like me. Millions in that one flow. I have to swim very hard, to make the egg in my mother's body, the vital substance that I need, to be incubated properly. If I arrive at the egg strong and healthy, then I can lock the door on all others trying to get in. Sometimes one or two others, three or four others do get in. But this is not very often that if they do get in, that they are born into the physical world and stay alive. They are lacking in energy. They cannot stay alive.

Prana! I am the breath! Tat tat sat, tat sat aum! I am that, that I am, I am the reality. And the reality is breath! Now when I breathe this prana by conscious practice, by conscious effort, I am stirring kundalini, the fire force, the snake.

You know what the snake is in the Garden of Eden? It is coiled at the base of the tree or spinal column. It is said that Eve made Adam sin. Eve, having no one else to blame, blamed the snake.

"I was minding my own business," Eve said. "I was sitting there and did not know the difference between me and him. Not even caring to know, because I didn't know. I wasn't even thinking about it. I was just sitting. Oh, I was looking at him but I wasn't seeing him."

Then this snake said, "My, my—come—come—come, please come here. You do not look very happy. You look dull in fact. You look very bored. Are you bored Eve?"

"I don't know if I am bored or not. Now that you mention it, it sounds as if I am something like that."

"Well you need not be. I have something that is a panacea for all boredom. You see this? It is called an apple. You like?"

"Oh, I wouldn't do that, please, the god said that is a no-no."

"Oh, come, please, take a bite. Very juicy!"

You know, the female, it is said, is weak. The male said this not the female. Easily tempted. Oh, yes!

"LOVE"
HUMOUR

SOUL SEED

SOUL SEED

* So she took a little bite and it tastes so good that she took bigger and bigger bites and soon—no apple. But very smart. The eyes were wide open.

"I see your eyes are open, said the snake, "and you do not look so bored. Look around at this man over here. Now who is he, and what is he?"

"Man! Man! Is there such a thing here in this garden?"

"Yes, you have been associating with him for a long time. Go look." In a different way she sees him now.

This is called awakening! Coming out of our dream of indifference, ignorance and stupidity.

It is also something else:

It is also the high consciousness losing consciousness of its divine creative nature and becoming aware of itself as matter.

By "MAN" (PAGE 127)

Matter! This means creation was created unconsciously. The Creator was not aware that it was the Creator, or aware that it was creating. How is this? This which is called consciousness, your own creative consciousness, was seeking to find itself, was seeking to become self aware. But it wasn't thinking about self awareness. Yet, in its feeling self, this was what it was seeking, to individualize itself. (oh, words—words!) In trying this, it became aware of itself by a name: A'-da-me! Adame, the first principle called matter. Adame, working with another principle called "Eve," or negative—negative? No, just the opposite or receptive. But the priestly system liked this name "negative" for the female, because it helped to make her small, insecure, lower than the male.

Man, not knowing, despoils himself!

Breath! Prana! Created the universe. It is the basic substance.

Now the birth trauma, struggling to be born, indelibly marks the human consciousness. The experience of being transferred as a seed from the father's body to the mother's body, and the great struggle, the tremendous race of millions of these living entities marks the unconscious of those that get to the egg.

It is possible for a child to keep the consciousness of the spiritual world as well as the consciousness of the physical world throughout his life. But it is unlikely, and something more. It is not something very good to have because you may then become stranded mentally between the two planes. Or you get caught between the two levels of consciousness and can't get out of the way completely, and this causes a good deal of confusion and general unhappiness, and sickness of body.

I think it better that the incoming entity close the door as tightly as he can upon the world from which he has come. Now this is also true when one leaves the physical world and goes into the astral world. You see what is meant by the old saying, "you cannot serve two gods?" We cannot be of two consciousnesses.

If the consciousness is of the physical, and it is strong for the physical, that person is more likely to live longer in the physical world, and more healthy than with a divided consciousness. Where there is a

division of consciousness that one is never completely happy, never completely content. He wants to get away, there is always that element of wanting to escape. As soon as pressures become too much for him in the physical world, he wants to escape. There are some people in the astral world that continue to have strong awareness of the physical world and these people are mostly very unhappy.

Now a master Yogi is one that can work on all seven planes, up and down the scale. How does he manage to do this? One would suppose it would split him up considerably, but no, he has learned a secret. The secret is to have consciousness, strong consciousness on each one of those planes, separately. *

In order to realize how difficult that is all one has to do is to concentrate upon one subject and then immediately put it out of mind. You see, you can't do it! This takes years of work, years of practice. There are no young master Yogi, that is why it takes years of effort to master, to control your consciousness, so that you can take one thought and hold it and keep all other thoughts out of the mind. Because this is what it takes to operate on any plane successfully.

The astral world is made up of people who have had no such training, and so they are running back and forth between the planes. Because memory of the earth sticks to them, so they cannot hold and keep themselves aware in the astral world. So they cannot go on to higher planes, and since we cannot stand still, we then have to come back. If we cannot move forward, we must go backward. There is no standing still in life anywhere. Progression or regression. Some people do not like to accept this thought, but if we have not learned what it takes to advance ourselves into higher consciousness, how are we going to go there? Regression is not something evil. It is simply a natural law, a law of going back instead of going forward. WHY DO WE GO BACK? There is a purpose, there is a reason, and that generally is we have not learned how to handle life on the earth plane. For every entity entering the earth plane, this is his school, his beginning school of becoming self aware.

Even the mystic, no matter how high a consciousness he may attain, he has at some time to come back and follow the occult or Yoga path. Why? Because he has to handle both consciousness force and form in order to be a complete master. You cannot do this by following consciousness alone. That way you get hung up in a vacuum. After certain practices you will find that there is not such a condition as consciousness alone. Consciousness is made up of dreams, a series of experiences, that I call "dreams." It is the creative mind, having these experiences, on each of these planes.

And if we fail to stay awake while we are learning, we simply don't learn. STAY AWARE! When the human consciousness created the matter world, and came to live in it, it was, before it became what is called human, it was a consciousness, that could not even remotely be called self aware. ←

For thousands and thousands of years, when man first discovered that he was different from the rest of the animals in this great zoo

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called the world, he has had a desire to find something more intelligent than himself that he could go to in his fear for consolation, for comfort, for protection. He didn't see himself that big. But you know, his ingenuity and his imagination has always caused him to bring into being that which will prove useful to him at that time.

That is why I say, "man" is the Creator. The human consciousness is the Creator. I do not mean the lower consciousness, for that is a created thing, too, by the higher consciousness, by the dreamer, by the puppeteer. It passes down knowledge to its doll that it dangles on the strings of its emotions. It will wake up the doll and then the doll will disappear as it must do so that the Creator or the puppeteer may stop playing games with Itself; may come down and be one with Its creation instead of sending down in a diving suit. Come down and do the work Itself.

My friends, I do not have the words to tell you what great beings you are. And even if I did, if you do not have the ability to translate these words into meaningful things for yourself, it would not make any difference what I said.

You will forgive me for I must leave for a little while. There are others waiting to talk to you.

Anoche!

YADA SPEAKS

SELECTED COMMUNICATION #15

The Creative Energies—Changing the Dream—Learning to Rewire Ourselves—Beginning of Mental Evolution

Good evening, my friends. I am Yada di Shi'ite.

Questions always suppose an answer. Does anyone get a static, unchangeable answer to any question? Do not all questions contain a variety of answers? An answer may be satisfactory to a single individual, but other individuals will take the answer in different ways.

So I would suggest that those of you who do not feel the answers satisfactory to say so, and also for what reason you think that way. This is the way we learn, not simply by accepting whatever is said. For in the final analysis you, each of you, is the one and only authority. All I can do is answer a question, from my particular viewpoint, no more than that. Man is a questioning animal. That's what makes him so different from other animals. He is also a believing animal.

I do not think anyone can survive in a more or less contented way on his own, by himself. We *need* one another. We find our own identity in others. But there is an interesting question: Is there such a condition as separateness, as duality? Or is that not an impression of the mind?

The dreamer dreams, and knowing not that he is dreaming, he calls his dream reality. This here, the physical facade you are surrounded by, is all sensory—including that which just went by (a motorcycle). Solids are solid to the dreamer. No matter what state of consciousness he is moving in, he always has a seeming "external existence" to face. Once we wake up enough to realize we are dreaming, then we have power over the external facade. We can shape it and mold it by our will, by our needs, by our desires. But until we do wake up in our dream and realize we are the dreamer, we can do very little with the dream itself.

This has to do also with what is called destiny—fate. Fate and destiny are wrapped up in what you in the physical world think of as *time and place*. There is no better way for us to realize that the dream is a very personal thing, whether it is a physical dream or otherwise, it is I, the Creator, I, the dreamer who is making it up. This is necessary for us to know in order for us to become conscious and know what it is we are conscious of, know its nature. I live in a state of consciousness that cannot be related to matter as you know it—and yet, not related to energy either, for matter and energy are simply two different sides of the one coin.

Now as I am talking if you want to say anything, or if perhaps you want to deny what I am saying because it doesn't sound right to you, then you do that. You must do that in all your communications with life.

You must question, for if we stop questioning we become ignorant. And to be ignorant is to lose the very important quality called human dignity.

Have some of you sitting here ever become aware while you were in a sleep dream that you were dreaming? Has the awareness of it ever reached you while you were in the act of dreaming? Then you understand what I am saying. That same state of consciousness you must grasp, you must seize immediately as it comes to you. I am aware that this is me—both the dream and the dreamer. And I can change or alter whatever I wish of this dream.

How thrilling that is to get this state of awareness! Now, if you can get it in the physical world, it does much more for you. And you can do much more with it than you could in the sleep dream. To become self aware is to know all that is. You will not go looking for answers for you will have what is called by the "occultists", illumination, the Light that spreads and dispels the darkness, the darkness of ignorance that the lower consciousness, the sleeping consciousness has been moving in.

Time is a man-created thing, a thing of the human mind. But even so, there are a variety of feelings regarding the nature of time. Much of it depends on the environment one has come into from other states of consciousness. Sometimes this sense, this feeling, is carried over into other states of awareness which you refer to as the astral world. It often causes the mental self, sometimes called the soul, sometimes called the spirit—these words have no reality to them, so they fall short of describing what is. We as individual beings, we alone know what is. But because of that we find ourselves very limited in our ability to describe the nature of our existence to one another with the use of words.

Sometimes symbology is better to use than words—words, of course, but in symbolic connotation. For instance, what would you say to this question if you should be asked by one who considers him or her self to be an occultist or metaphysician: "Does the white horse ride they sky?" Do you know the answer to that? Do you know the meaning of those words? They have a tremendous meaning to the occultist. A meaning with a great story behind it. The story of your own divine nature, if I may use the word "divine."

It means, "Are your creative energies up here or down below?" Are you using kundalini to consciously create that which you desire? Or, are you letting it take the biological course through your body?

Now the adept, the master, so called, learns how to bring kundalini up to the sky—to raise the white horse to the sky. He does this by the use of breath and intense concentration, concentration on whatever it is he desires to manifest, to bring into physical being. There is no end to this energy. It is cosmic in its nature. And when you get control over it with breath, you are a master, an adept at consciously doing your work as a creator. Do I hear any questions?

QUESTION: To go back a minute to the dream being a state of consciousness, and reality being merely a different state of consciousness. But when we realize the dream to be what it is, we can change it. Do you carry it further and say that the Hawaiian Kahunas were correct? Did they have that ability to change it?

Yes, in almost every race of people, people mentally advanced and knowing, there have been created what are called "mystical schools." Not to teach the novice but to help the master to become a master, to recognize his own adeptship.

In Ireland there were the ancient Druids, which a man called St. Patrick drove out of Ireland letting the priestly system take control of that country. The snakes which he was supposed to have whistled out of Ireland, of course, were never there. Ireland never had snakes. They were symbols of the wisdom of the Druids and that is what he drove out of Ireland.

In India there are many mystical schools, but not as many now in your present time as there were in the past. But still there are several functioning in different parts of India today.

In North Africa, among a tribe known as the Berbers—very closely related to the Hawaiian Kahunas. In Egypt, again you have the snake to understand, its function, which was closely related to Africa, India and China. In China you have in the earliest times the Dragon. It is not understood very much or known of today, especially in the Western half of the world. This dragon appeared in the sky somewhere in the first part of the twelfth or early thirteenth century, and it created the same disturbance among the people as what you call your UFO's have done today. That expression "flying saucer" is very humorous to me. Flying saucer!

All down through the history of every race of people on your earth there have been stories of beings of a vast variety in your skies. As far back as the history of man in his present time, in his present root race—you are into the sixth root race today—there has always been the story of beings coming from the sky at different periods, very set periods of time.

There have been many, many, many civilizations before your present civilizations. Man has been on and off the earth, going and coming, for upward of a billion years. Your universe, your galactic system, is 15 billion years old. I wonder who started the count! Do you think they started with one? And if not, how did they even get to one, when you realize that one is made up of endless fractions! How are you going to get to a whole and still have sanity? Sanity is what the individual feels, what he can live with comfortably.

QUESTION: I don't understand the use of the words "lower" and "higher" in relation to the kundalini force which is expressed on the lower level biologically, and on a higher level through the creative center. Do you also mean negative and positive?

But that makes you ask what is negative and what is positive. Even in units of energy, what you call electrons, they speak of positive and negative electrons. But there are no such things as positive and negative. They are related conditions, depending upon what is going to be created. But as the words imply, they do not exist. Higher and lower. Lower than what and higher than what?

We use words often not realizing that they have no answers. There are some questions that have no answers, so they are not legitimate questions. Like the very simple expression "how high is up?" How low

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is down? You can only use such questions in relation to something else.

The lower consciousness and the higher consciousness. These are not correct terms. I use them because *you* seem to find some understanding in them. But they do not exist. There is only one mind, one state called consciousness. You speak of conscious, unconscious, super conscious—how many more? Super-duper? That's above *above*, isn't it?

QUESTION: *Yada, my friend, you say that you are a product of your environment, your environment is your consciousness, your consciousness is your being, and the dream of the horse in the sky is what you are and what you want to be. Therefore you can change your environment to be what you want it to be—and there aren't many who can accept that.*

Oh, of course not! These people do not find any pleasure in taking the reins of life in their hands. They fear the responsibility of it. It is too much for them so they back away from it.

QUESTION: *How can man with intellect and rationalization not accept what is? I say, "This I don't like." But because I don't like it, doesn't mean I don't have to accept the fact that I don't like it.*

* That is right. The question always is when I am having an experience, of whatever nature, how am I to face this experience? Meaning what attitudes should I take? While you are facing the experience you haven't time to ask yourself that question. You are already taking attitudes, attitudes that mostly may be harmful to you; not only in the *now* but in any *future now*.

Fear saved man in past ages from early destruction of his physical body. But as man advanced along the path of evolution, his mind brought him up. His mind saved him. Little by little he was able to judge what actually was taking place, and had less fear in himself for that reason.

QUESTION: *Don't you think that man, years and years ago, had the same amount of rationalization but didn't want to accept it? But, he had it?*

Oh, yes, he had it within him. It was there to be used. But he avoided it mostly. In relatively few instances he used it tremendously and to great advantage. But you see, in each fall of a civilization, in each destruction, the remaining survivors go down into animalism. For fear then controls them much, much more than reasoning. The violence of the destruction hypnotically stunned them with fear and anxiety. Anxiety for survival—not the survival after the body was destroyed, but survival in the physical self.

You see, man has this hope, that he will not be completely obliterated when his body dies. He has this hope because he wishes he could survive in the body, could survive in matter.

But he has come to the realization according to his experiences and observations of people dying around him, that his is impossible. He cannot survive in his matter dream. Nor can you survive in any other dream if you mean for always and forever and ever—and should I add a few more other "evers" to it? How long is just one forever? So you can see how long two would be.

What is back of that drive to survive? It is the Creator in us, the eternalness in us that we sense. It says—*you are, I am!* It doesn't say forever, or never. It just says, I AM. And all of our creations say that—I AM! Each leaf on a tree declares that singleness of purpose. I AM!

In our sleep dream, depending upon how we are burdened with the negative forces of fear, anxiety, guilt and shame, our dream is real to us. If we, by the process of meditation or concentration, have rid ourselves of these conditions and fears, then our dream becomes placid and peaceful and gives us a sense of contentment and peace of mind. So we wake up refreshed. There are no frightening animals of guilt chasing us, hounding us down. So we are in a perfect state of balance.

But being in a perfect state of balance does not mean that we are forever in precise balance. Man, in all his various states of consciousness, finds himself going and coming, on the move. And every motion that I make from the point I am, to some place else, creates some degree of uncertainty. I am entering an unknown every time I change my position.

But to have control, to stand away from your dream, to not allow yourself to become involved in it, is not to lose your awareness of your being, of your selfness, of your Creator. To not lose awareness of IT, is to keep yourself in balance.

That is what we all seek—peace of mind. And peace of mind does not depend upon having something, but just being something—being aware of the Creator. I am eternally linked with the Creator, with AUM. I am that!

But how are you handling these things in your daily "bread and butter" life? How do you get use of this knowledge? The physical dream is probably the most wearing, the most tiring on the creative self because it is functioning through a machine which has very sensitive wiring called the nervous system. And try as we will, we cannot step aside from our machine for any appreciable time.

QUESTION: *Can't we learn to re-wire?*

We can. We can learn. Yes, we can learn, but can we? Do you know what I mean?

COMMENT: *Yes, that is my problem. I do know what you mean.*

In your world, what I call your everyday world, it is the most difficult thing to re-wire one's self.

COMMENT: *If you step aside for just so much as one second, you get your equilibrium back again, like super-charge for awhile.*

That is right. But, you see, when you let go after you have been through this in your meditation, and you have stepped aside for a time, the moment you step back into it, you are almost drowned by it. And the more often you learn to step out of it, the shock is greater each time you step back; because your sensitivity has become more acute due to your practice of meditation.

Through meditation the nervous system has become more acute, has been made more sensitive. In an effort to be more sensitive to higher vibrations, the nervous system suffers more. This is why so

T. A.

many people who are trying to do the work, trying to find themselves, trying to realize that they are the dreamer, end up in physical and mental hospitals.

Oh, it is very important to get this realization because for one thing, it gives those of use who have not been accustomed to taking responsibility for our life—it gives us a sense of responsibility. It gives us the need for it.

COMMENT: I think you are saying that when your consciousness can be something apart from your body, you become sensitive to higher vibrations. Then, getting back into your body is a shock. It seems to me from my experience, my increased sensitivity to higher vibrations makes me MORE appreciative of my body and its functioning and what it can tell my consciousness, how it can help me.

That is so. But it is not always true for the novice, in the beginning of his efforts to get out into other states of consciousness, to set aside his physical structure for a time. He has waited so long in his life to do this. He has not been brought up this way. He has not been conditioned to do this in his youthful years and so now he is experimenting with it in his adult years, and more often, in his elder years. And it can be very difficult for him, very difficult on his physical self.

QUESTION: Yada, I say to myself that I am what I am; that I am what I want to be, and I can be what I want to be if I really want to be it. This gives one, I think, a feeling of direction. Yes?

Yes. Oh, of course, yes. But can you maintain this thought and maintain the feeling for it? For how long?

COMMENT: Once you have it, it's hard to lose it. It's like you taste good wine and you know what it tastes like, you know what bad wine tastes like.

That is so, but unless you are a connoisseur of wine, you do not know whether it is good or bad. And so you strive to be a connoisseur of your own spirit, your own life. And you have to keep it in mind so you will know how to function in that environment without being torn down, because it is a "tear down" environment that you live in.

Listen to that! (Airplane) Do you know what it does to the nervous system, even though you may not be conscious of it?

COMMENT: It's the same with life. Everytime you move or breathe, everytime you look and see and touch, you get the same reaction.

That is right. But do you need to stay aware of that? I think you in your world of noise have learned to condition yourself so that the noise does not destroy you. After a time the mind has a way of shutting out noise. It has a way of shutting out everything and anything that the individual does not enjoy. It learns how to ignore it. This is called rising above pain. The words "rising above" are not so good. What happens is only changing your state of awareness in your feeling self. For this is where man lives more than any other place—in his feeling self. Much more than in his thinking self.

QUESTION: What is the difference between the thinking and feeling self?

Your question makes me want to revert to my language! How can I answer that? That's something only you can understand through your feeling self. Feeling and thinking. In thinking we tend to make pictures. In feeling there are no pictures; there is no need for pictures. The feeling is the picture.

Realizing that everything, all things, are not just thought, but first they are mostly feeling and so they are existing in our feeling world always—whatever that word may imply. They are already there.

In your modern times you are having trouble talking about past, present and future. These are concepts of the mind and have no existence in themselves. Your physical world started from the non-physical world. That non-physical world is sometimes referred to as energy, but there are different degrees of energy, different kinds of energy. But basically it is all one. That phrase "all one" reminds me of an interesting story.

It is the story of the little lamb who went to its mother one day and said, "I would like to go out into the world and find out what life is all about." So the mother being a smart ewe said, "Go! Do what you must do but please come back and let me know what you find out." The little lamb promised and off he went. After much moving around the world the little lamb finally came home, and the mother asked, "What did you find out about life?" The lamb said, "I find that life is all one." "Wonderful," said the mother, "but one what?" The little lamb said, "One lamb."

Isn't that a beautiful story? No one person can tell another person what life is. Only I know. Only you know. You may not be able to tell even yourself, this other consciousness of you, this hypnotized, this conditioned mind of you, what it is. But that doesn't matter. What matters is what you feel it is. Then you can live comfortably in it, in what you feel it is. If you start thinking about it, forget it! You're not going to know.

You know, there is going to come a time when man will know more about what his inner nature is, and in the time he does this, there will be no more need for mechanical moving. You have heard of teleportation, of levitation? These all seem strange to your Western mind especially, and of course the greater majority of people in the Eastern part of the world are just as tied down as anyone here, just as lacking in understanding as anyone in the Western world. But you are going to learn to control your whole physical form, mentally. You will get it under your domination and move it instantaneously—and a little quicker! To wherever you so desire.

Starting in 1945, man, the human race, for the first time put its foot on the path of mental evolution. He came to the end of physical evolvment and is now in mental evolvment, in which he is going to expand his consciousness in a vast variety of directions.

Telepathy will be a much used thing. It will be needed, that's why it will come into use. Your knowledge of how to make the atom bomb was desperately needed at that time, so out of that need you were able to produce it. And so, out of the need for the use of the mind, the mental self, you will master telepathy. Otherwise many, many people will become lost in space.

COMMENT: What you're saying is your mind, your nervous system, will operate so fast that before you can think it is done. It's so fast it's like motion being still.

Yes, like no motion at all, and that's the fastest kind of motion there is.

YADA SPEAKS

SELECTED COMMUNICATION #16

*Population—The Space People—Thought Forms—Teleportation—
Radiation*

Senas et senahas, ena Yada di Shi'ite. It is warm isn't it? I didn't know that until I came close to Mark's body.

My friends, we have been gathering here now for some months. We have made sounds at one another. I wonder what you have learned.

GROUP COMMENT: Not very much Yada.

Yes, of course. Whatever we learn it is of little value to us unless we put it into our daily lives, practice it. Many people getting into the study of metaphysics and occult teachings become fascinated with what they think of as the magical side of it. Many spend much time engaging themselves in the practice of Yoga breath, with the desired ends of projecting themselves somewhere other than where their body is. Some spend time trying to levitate themselves. It is hard for me to know what they are going to *do* with it. Is there something of value that we get from being able to levitate ourselves a few inches or a few feet above the ground?

My personal opinion is that it is better to know how to live each day more fully, how to acquire peace of mind, for it is these things that make us Masters, not levitating ourselves or projecting ourselves. For most people of the Western world, there is great danger in practicing levitation and projection unless they are under the guiding hand of someone who knows how to do these things without upsetting the nerve columns of the body. Without help they are going to have trouble.

But looking back through history, (when has man ever stopped doing things because he has been afraid of the results?) Do you think the world is not hurling atomic bombs at one another because they are afraid of the end results? No, not really. The truth is, (they are getting ready to do that.)

Unless India and China find some way of reducing their population, they will have to resort to war, not with the hope of winning, but just to reduce the population so that they will have a chance to grow. The greater majority of the millions of people of China are peasants with no education at all. There is very little food for these huge masses of people. They are like seven-year locusts on the land. No matter how they are helped by other nations, they cannot hope to survive as long as the population keeps increasing at its present tremendous rate. In China, alone, there are twenty million babies every year, and there would be many more if more of them survived.

QUESTION: You say it started in 1945. Can you put any more date on it?

Let us say it was "opened up." It was the preview of things to come. The opening was the exploding of the first atomic bomb. It was the rubbing of Aladdin's magical lamp which brought the genie.

COMMENT: That was a greater mental shock than physical. It started the evolutionary process of mental growth.

That is right. Man suddenly realized that what appeared to be the physical world was no more concrete than any other state of consciousness. The sudden shock, the sudden realization was a shock by itself. Are we living in a world of dreams? Now, I know what I am. I always knew who I was because "who" was my personality, a thing that was created in the physical dream, a useful tag so I wouldn't get lost or misplaced.

But that's all it is, a label, a tag for identification. But now I realize I am the genie that has risen out of the lamp, that has escaped the material lamp. I roam abroad now, meaning I have extended my sense of self awareness. I am, as my ancient ancestors knew, the Creator. After the destruction of a civilization, man goes down. He loses his awareness of his own divine nature and becomes an animal again. He walks in the animal world and then *he has to climb up again—up Jacob's ladder.*

My friends, death is not the end! It is not even the beginning. It is but one little step on the endless path to the Light, or if you wish, to god. The word death truly means **NO LIGHT—NO INTELLIGENCE.**

We teachers must be very careful not to lend any more feelings of guilt to the student. This is one of the greatest dangers in our responsibility. But I am both a teacher and a student. So we students teach one another.

Energy is first mental. It is this out here, what you call space. This is the intelligence! This is the Light! This is the Great Mind! The sensory body feels it as a great vastness, as a comparatively vacuous blankness with minute points of light here and there. And all that seemingly endless blackness of nothingness with little points of somethingness—is MIND! Is consciousness! Is the Light! Which forms move around in like fish in the vast ocean. We, our form selves, through what is called the brain, move according to the level of our ability to use what we are receiving from this Light, this consciousness. We not only receive through the cellular structure of the brain, but through every living cell of the body.

There is **SO MUCH** to talk about, and I can give only a minute portion each time I come. No matter how long I stayed it would not be long enough. But I must not use too much of this man's energy so I will withdraw for now and we will meet again soon.

Anoche. Good night.

SPACE

Can you not see your country going down under the strain of over-population just as India and China have done? You will be doing it in the not too distant future unless you start now to do something constructive to stop your growth, to slow it down.

All of the many diseases that used to strike millions of people at once, you do not have any more. That took care of a great number of people. Then there was a time when there were great rain storms that drowned hundreds of thousands of people. But the world is getting more in balance, and so the chance of mother nature destroying many people at one time is very limited now.

And while disease goes on taking many people in India and China, so does starvation. In India or China, one is very fortunate to live to be twenty or thirty years old. Yet that doesn't take care of the over-population sufficiently to gain either of these countries a rest, a time to pause and start doing something for their people.

In due course, there may come the need to kill every other child at birth. Drastic means, yes! Especially a painful way for people like yourselves, who have not been raised to accept that kind of murder. When you kill someone, no matter for what reason, it is still murder.

Yet, animals have a way of keeping their numbers down. Sometimes it seems brutal, but it is a way. Bodies—there are many; minds—there are few. Most people coming into the world are but at the robot stage. They have been born over and over again with very little improvement. They have no one to wake them up in this life, so they stay asleep when they come back here. They haven't improved.

Man will work out a way, in due course, to keep his population down, but it is going to take a great deal of work and the getting rid of many tribal taboos. The human being is very little different from any other animal unless he is trained to the point where (he awakes from his sleep of matter) when he knows what is going on around him and tries to share his ideas with his fellow man.

I think, had my civilization lasted longer, we would have suffered from over-population. As it was, in 1,024 years, there were 180 million people. So a storm and quake came and immediately wiped out 80 million people. Nobody objected. They said, "This is the way it is. You cannot contest mother nature," But think of the great emotional storm there would have been if other human beings decided to destroy that many people.

The space people. In their own land they are inclined to be kindly and helpful to one another. But when they encounter trouble, when they have too many on their planes—or their planets, if you wish—they, too, become difficult. They go looking, to expand themselves where there is more land. And as we of the Circle have often said, the earth is a living gem in the sky.

These beings are going to come here more often now, and they may prove a danger to you, a threat. They have been coming quietly now for many, many years—several thousand years. They can afford to do it for their plan is a long range plan. Some of them come from great distances, millions of light years away from your galactic system and

beyond. You see, they do not travel through space but emerge from one point to another point instantly. Space is a distortion to you and has nothing to do with distance. *

QUESTION: *Of what use is a physical planet to them?*

Look, please! The word mental is not understood. If one has any kind of body, it must be put together by lines of force called electrical. Electricity—or the energy by that name—you have plenty of it here on your earth. To sustain their world and their life, they may have to use your electricity. But, again, electricity can be made from atoms, for that is their basic nature. So why is it that they pick a spot in your solar system to take energy from? It is more vital, that's why. The atoms out in space are scattered very widely, and the further into space you go the more they are scattered—and you may say there are fewer of them.

I do not think it should surprise anyone that their life is electrical. So is yours. You are electrical beings. Every organ of the body has a double in energy, so that when the physical body ceases to function for one reason or another, you have a pure energy body to live in until such time as you desire to return to the physical world.

Some people get to feel so comfortable in the energy body they often stay off the earth for thousands of years. A few never return, for they have reached the state of consciousness that has enlightened them to the fact that they need not do more, or different than they desire to do. These beings we may call, and are in truth, Masters of the universe.

Many people on the earth, from time to time, aspire to be like these Masters, but very few of them make it. Many of them become advanced in understanding sufficiently that they can roam the entire field of what is called the astral worlds to become of help to those trapped there, to try to educate them. Some remarkably advanced beings stay in the astral world for eons of time, to teach, to help.

There is a system—and observe this my friends—a very wonderfully regulated system. You have it in your world. It exists, in a more expanded state, in the astral world. It exists in the world of the space people. It exists on, and on, and on, in all creations. We are, all, helpers. There is nothing else to do than to help one another to grow in the Light; to become awake to their divine nature. *

So, you see, it is not only emotional control that is necessary, it is first, to understand what emotional control means, because if we do not know, and we still want to practice it, we can lead ourselves down many blind alleys. It doesn't mean being unemotional, being stoic. Being stoic is death to the human. Emotional control is knowing the difference between agitation of the nerves, and the control, by understanding your whole life—how to move in the physical world and save energy. *

All of nature leans that way—toward the conservation of energy. When we lose too much, the physical body becomes ill and depressed and goes into a decline if it is not checked in time. Once we learn how to

master ourselves, even to a limited degree, we have a degree of mastery of the world around us.

Do you wish to say something to me, please?

QUESTION: *Could you talk about thought forms and just exactly what we create in thinking?*

First I say this. It is not advisable to demonstrate this art of creating tangible thought forms because if you do this too often, you begin to give these thought forms a life of their own.

Remember, a thought form is two-sided, like yourself, like any person. It is both positive and negative. If the individual suffers from an over-frustration about himself, he can pass this on to his thought form. He can pass on to it envy, jealousy and all the other negative qualities, as well as the good ones. But remember, in due course the negative ones will come out.

The question is not how to create a thought form but how to get rid of it. It is like the motor car. The question is not learning how to drive but how to stop. So it is with most things that human beings are given to do. Often we put the cart before the horse. We do not learn our own nature before we create a thought form which we do not understand. Then, when it attacks us, we wonder why.

That thought form gets your lower mind centered and the lower mind feels frustrated all the time. If we want to get something, we must reach into the higher consciousness. This takes time. It takes cajoling the lower consciousness, telling it how good it is, how absolutely beautiful, how perfect. Because, if you have any guilt feelings, you will not get what you desire to get. You will not believe you deserve it, so you will set up blocks against getting it.

You say you pray but you never get your prayers answered. Your prayers are answered when they are not answered. You get the best answer that way, because you are not ready to have it answered your way. The lower consciousness cannot appreciate the Creator. It wants to humble itself before the Creator; it wants to deny itself. How can you get anything if you deny yourself? If you deny yourself, you deny others very easily.

Believe that you are worthy of anything you want. You know, there is a saying about the Berbers, and about the Kahunas in the Hawaiian Islands. They have to get someone to confess to before they dare walk on fire. The reason for that is, the guilt feelings we labor under, we must have them removed, whether they be real or fancied. Because, whether they are real or fancied, they work against us.

Do you believe you are worthy of having a new car? Then you can get it. You must will it to you, and draw no lines that you will not go beyond, if necessary. Nature knows nothing about good and evil. Only we humans know about that. The Law is to act, and to act without fear, to act without guilt.

Always, the question is—and I ask it many times when I come—what do you want? You cannot be delicate about it. The more it has been implanted in your mind that you are not worthy of getting something, the more difficulty you are going to have to will it to you.

You would be better off if you were satisfied, for at least some of the time, with what you get. How long are you going to be satisfied? Man is not made that way—to be satisfied with his life. We may pacify ourselves for a time, like the baby with the nipple, but that is all we do. Especially those that go looking for material satisfaction, not that you shouldn't have them, for you live in a material world. But know what you are getting. Be sure you want it, because if you put yourself to honestly willing, setting your mind upon anything, then let go and watch. It will come your way, sometimes when you seem to have forgotten all about it, when you are not looking. That's when most things happen to us. That simply means when we are not conscious. So, we are surprised.

There is a Christian song about "Count your many blessings and see what god has done." Sometimes I hope the individual doesn't for often it brings to us the pain that comes with the giving. It is the price of the gift.

QUESTION: *How do you reconcile the ideas of leaving life alone, and that we are by nature creators?*

Remember, render unto Caesar that which is Caesar's, and unto "god" that which is "god's". This way you will be safe—at least safer than otherwise.

There is a side of us that belongs in a wider world. The side of us that belongs here is called matter. We cannot give matter to "god", we can only give it to Caesar—the material side of ourselves. If we try to reverse it, we will find ourselves in a great state of confusion and will not know what caused the confusion.

There are very precious things, such as love and understanding, that we can give only to the ^{OF HER} higher consciousness. They will survive only in the higher consciousness. Material things can be used, in a manner of speaking, as symbols of our love for another. But in time, all material things will be swept away with the winds of the matter world.

I say only do not try to hold any part of the matter world to you, because its nature causes it to suffer rust and decay. Such matter cannot last. But if you use them as symbols, they last eternally.

COMMENT: *Then matter serves more as a material expression. More to be expressed than to possess.*

Very beautifully said! I suggest you make a note of the sayings both of you have used here tonight. Keep them in mind otherwise our talks will gain you nothing. You get caught in the world of dust and rust, and in due course you become both.

If we humans equally are gods, we cannot be creating matter for matter's sake, not if we are at all intelligent. We know the nature of matter. We know it is subject to rust and decay. But to use these things as symbols so that when you leave your rust body here, you will have something to take with you, to extend into the larger self.

I cannot imagine anyone who is at all capable of observing the world around them, and realizing that the world is itself a living body, and then not seeing that they are a living body that is eternal. This world is

of your own making, of your own design. Love it and you can have any part of it, wherever you go, high into the greater states of awareness, or low. For where I am, "god" is, the Light is.

→ COMMENT: Wherever I am, I am in the center, because the center is everywhere. That is right. Now remember what he said. I say to you it is important that we do not separate here tonight, or any night, without taking something of value with us.

COMMENT: It is the same as saying that material things belong to god but really belong to us.

They belong not to G-O-D, but to the creative self that is ever present in the heavenly state. It cannot be touched; it cannot be disturbed. When the lower self goes deeper and deeper in the matter world and is lost to the reality of its own being, what is there left of it? A "god" up there? There is no "god up there." The world here? There is no world here. Everything becomes drab and leads us into great states of depression and obsession and suicide—if not directly by our own hand, in the course of time, then by the way we drive ourselves to live and abuse the body.

QUESTION: This "up here" and "down there" are really rates of vibration?

That is right, no more than that. Please take notes on such statements made. This is more pleasing to me tonight than before. You knew these things but you just didn't voice them. To voice them helps keep them in consciousness.

COMMENT: Most people think of this "heaven" as far off in space, but it is right here.

Yes, and they think they must wait to die to get to it. What they do not know is they will be taking it with them, not going to it. Yet, when understood, it is the greatest state of freedom possible. For if it were something we were waiting to go to, they would always be fighting it, not realizing that it is ever present. How many Christians really want to "go to god", if it means dying to go there? And what is the Christian "god" going to do with you? You're going to be with him there for eternity? How boring! Poor "god"! Can't you see you would be a frightful bore in a lot less time than eternity?

COMMENT: Most people think eternity means a long time.

That is right. Eternity is no time at all. Yet, if you were to sit on that point of time, it would create great callouses. Again, go back to what I have said: What are you looking for? You must know yourself. Another cannot tell you.

You cannot answer me that question. What I am saying is each individual knows what is, but we cannot tell one another what is. We all have different opinions and none of these opinions may necessarily be factual—not even to the one who utters those words "I know."

If you understand what he knows, you might wonder how he was able to survive in the physical world with what he knows, as compared to what you know. Yet, in his way, he knows; in your world, you know. How do you use your knowledge? That is what gives us a degree of wisdom.

I would like to speak for a while on the art of teleportation and the transmuting of foods or of anything else.

A little while ago when Mark was sitting over there he was handed a book in which there were drawings of several Masters. While the author told of these Masters, he did not in any way let on how they did the things they did. There is much writing of this kind, but no one seems to yet know how teleportation is done, or the transmuting of food or other substances, such as was done by the great teacher, St. Germaine.

QUESTION: What exactly is the transmuting of food?

→ There is energy everywhere, and one who knows how to gather this energy and form it into whatever kind of thing they wish to make—they know how to do this. Part is done with breath. This is one of the secrets of breath, breath and concentration. Now, in truth, it takes but very little time to create a diamond or any other gem a Master wishes to create.

In doing this these people are called magicians, and they are as magicians of life which is a far cry from the stage magician who does tricks. As clever as their tricks are, they are not at all related to the occult magicians.

COMMENT: It is like a science.

Yes, it is. I do not know that you will be any better off by my telling you that the mechanics of creating these things is also out of the substance of your own body. Especially if it is a living substance, such as food, it is taken out of your physical body. Energy is taken from the cells and projected by conscious thought, the same as creating what is called a materialization.

With such things as gems and other forms of inanimate matter, the energy is gathered from the spaces around the magician. For everything, no matter what it is, is radiating some kind of energy. They know how to take this energy first by concentrated thought, and then by breath. As it is first formed its center energies look like a little sulphur cloud. This is gathered and then solidified by concentrated thought.

So, you can see the importance of being able to hold your attention on any one thing at a time. In some cases the magician goes into a very deep cataleptic state. In this state the mind is centered only upon what he wants to produce. It is willed we may say, and rightfully.

In your holy book, the Bible, it is said that god took dirt from the ground and made man. I suppose with his spittle. But I know nothing of gods who have spittle. It was the explanation of those times, of the ignorant in those times. **THAT SPITTLE WAS BODY ENERGY.**

In the seance rooms when objects are created, most of them are not exactly created but stolen or picked up from someplace else. Generally, the entity is not very well versed even in that, for he gets only the cheap gems—not gems but glass. If the medium but knew what he was doing, he would stop it. Always, when energy is taken from one point, it has to be put back. You cannot leave a hole. There are no holes in life. *

By concentrated thought you can legitimately get enough energy to make anything you desire. But, have you the ability to concentrate to that degree? That is what is important.

QUESTION: *If you want to create, for instance, your dinner, would it take an equal amount of energy from your body to create the amount of energy in the dinner?*

It just takes the ability. And when I say "just" do not let that fool you, but enough energy for the complexity of it. What is the complexity of it? Something the Western minds are seldom capable of; it is called concentrated thought. You make an idea in your mind. The Creator creates, and then you fill it in with the substance of your world.

In teleportation, the object is carried from one place to another. Even your body—you can teleport your entire body in an instant to anywhere you desire to go. Again, how is it done? By concentrated thought. Only in concentration can you have the spirit power. St. Germaine, and there were many others like him, knew the power of the mind. That is why he was able to appear at different times down through the ages. He kept himself alive by thought, by feeling, by use of the universal spirit.

COMMENT: *I have not been able to find anything about his origin.*

It really doesn't matter any more than my origin. From whence did we come? From whence did you come? There is only one place to come from—the Light.

QUESTION: *Was it possible for him to create other bodies to work through?*

Yes, sometimes this was done, but it must be for a very specific purpose. In fact, any of the work in the inner planes must be done as a specific thing, with purpose. Otherwise, it deteriorates the magician.

COMMENT: *About this concentration—few are able to reach this state of concentration and again, fewer have bodies so refined that this spirit force can work through them.*

But it is better, at least, to have some idea of how these things are done.

COMMENT: *But don't try to do it right away.*

I suggest not. When the mind is not conditioned to that kind of concentration, it tends to warp the person, depletes their energy, warps the nervous system. It takes a tremendous amount of energy to concentrate in that way.

QUESTION: *What is your opinion of Paul Twitchell? He teaches teleportation.*

I do not like to talk about someone else. It is of little use. When you know what you know, you do not have to be concerned about someone else. We must all eventually become our own masters. This man (Paul Twitchell)—his one little trouble is his ego.

COMMENT: *I was his student for awhile. I got out of my body and couldn't get back in right away. I was terrified. It was a horrible experience.*

This is the trouble. Many can teach how to do things, but hardly any of them know how to undo them.

QUESTION: *(one member of group to another) Would you take the course again? Would you advise me to go to that teacher?*

ANSWER: *No! It is not an intelligent way to teach neophytes.*

There was an East Indian here in California called Yogananda who was called "the living corpse" because he kept his body preserved for quite a while after his passing. He couldn't stay in good condition while he was alive, but now he is in better condition. There is nothing more useful than a healthy corpse. But, did his ability to do that make him more "holy"? Of course not! That is a part of magic.

QUESTION: *Yada, remember the story of the magician, Haddad, the great physical magician? He had chosen the physical path and not paid attention to the other two. Now Richard, here, the healer, was complaining that people like Haddad, who have no creative life-intending purpose, can be perfect physical magicians, and yet others, with great purpose to help their fellow man, have many difficulties trying to carry out their work. Can you give Richard an answer to that?*

Perhaps he may not like my answer either. An answer is only appealing to the one who asks the question. A genius, or what is loosely called that, is a master, but only in one field. He can work wonders in that field, but what has it benefitted this man, Haddad? His knowledge of physical control, what has it gained him? For when he dies, what is he going to do with matter?

That is the question. What is its worth? Anything we humans do, or try to do, the question is always "for what purpose?" It sounds to me, coming from Richard, that he is not quite satisfied with his own art, that perhaps he wants to go into surrealism.

COMMENT: *I think he is just a little impatient.*

Of course.

COMMENT: *I asked him, if I had a choice of a person to spend the next thousand years with, whom did he think I would choose? I would rather have someone like Richard than Haddad. And I think that is what is important: Haddad dies out and Richard has continuance.*

That is right. Matter is a fascinating substance. When we understand it, we can do many things with it. We are masters in a way. For instance, the chemist knows that by manipulating certain forms of chemistry, he can produce remarkable things with his knowledge. Which is better? The magician who can blend the right chemicals together to heal the suffering of fellow men, or the "great magician" doing tricks on the stage? The one on the stage is getting more money! And isn't that sad, especially since money is such a necessary commodity in your world.

I have no feeling of being thrilled by men like Haddad. I am much more pleased to hear of men like St. Germaine who made their magic useful.

COMMENT: *Moses could overcome because he had great spiritual consciousness.*

That is right. This was also true of the man miscalled Jesus. He was a great magician. Remember the story of his transmuting small amounts of food into much larger amounts of food?

QUESTION: *Yada, is the quality of gold produced by the magician of different quality than that taken from the ground?*

It is possibly richer, more pure, because it has none of the impurities of the earth in it. Even under the best smelting conditions, gold is not pure. But gold produced by the magician who does it for a purpose, is pure gold. There is none like it.

The gems thus produced are remarkably perfect in every detail because they come from the natural mine of life. Flawless! Not, however, unless the purpose is to be beneficial to others. If it is done only for the act of doing it, or for selfish reasons, it is not so pure.

QUESTION: *The mind influences flawlessness?*

Yes, it puts impurity in it, or the dirt of the thought in it.

QUESTION: *Does it take away from the creative power to use it to produce selfishly.*

Yes, because to produce in that way is not creative. It is a form of masturbation of your thoughts, of your energies.

COMMENT: *I think if you reached that point of ability, you wouldn't use your power selfishly.*

Where do you think "Black Magicians" come from?

QUESTION: *Will the monetary system of today change radically in the not too distant future—25, 30, 40 years?*

Yes, of course, it must and will.

QUESTION: *The medium of exchange will not be as we know it today?*

Yes.

QUESTION: *Because it has not served a purpose?*

The new approach will invalidate any chance of robbing or stealing. There will be nothing to steal. The medium of exchange will come from a word, a promise. This may then be made into notes that would be valuable only to the parties concerned.

QUESTION: *Then there would be no more need for financial geniuses?*

No. And the only bankruptcy anyone could have would be the bankruptcy of imagination.

QUESTION: *That won't be in the next 30 years though?*

Yes, it will.

QUESTION: *That would imply an adequate supply, enough for everyone?*

And so it will be. There is enough for everyone now, but it has been withheld, cornered, mishandled, mis-used, hoarded, where a few have much and the many have little.

QUESTION: *Mark was lying down and put a book about Atlantis on his forehead. He heard things about Atlantis that weren't in the book—about how, in Atlantis there was plenty, and any emotional crime was immediately considered an act of insanity and the person committing the crime was sent to an off-shore island.*

In the general populace, all goods were in complete abundance. All could take whatever they needed and if they found they had an excess, they returned it to general use. Do you envision something like that within the next 40 years?

Yes. I am indeed a romanticist! (laughter)

QUESTION: *Will this take place after the tilting of the earth?*

There is not going to be any real tilting of the earth. The poles will change at a very slow rate of motion, thereby saving any vast amounts of energy from being let loose in the atmosphere to create havoc.

Man is not going to be rushed off the earth to some happy hunting ground in the sky. (He is not going to be saved from that which is natural to happen to him.) But, he is going to be taught *how* to live with what is natural to him, so he can spread it around, give it where it is needed. No man should go hungry on the earth. Do you know that

there are thousands of people who go hungry in the astral world because they think dead people don't eat?

COMMENT: *Hungry people are more creative.*

That is not a reason for letting people go hungry when you can feed them. But do not *dole out* food or money or anything else. The only way to save people from total destruction from their fear because they don't get food right away is to let them know they *will* get it right away, and you are going to see to it. You will also get it from the sea. There is going to be a vast amount of materials you will get from the sea.

QUESTION: *How about radiation?*

Man overcomes many things. He will overcome radiation after he had some mutations take place. He will learn how to do this. Man is the Creator and is very ingenious when he wants to be.

QUESTION: *Will this be by neutralizing the radiation?*

Yes. But not for a long time, and it will be a big step. You will have medicine for those who suffer radiation poisoning out of the liver and out of the kidneys, for those are the two central points where radiation can poison the body and kill.

QUESTION: *How about the chest?*

Yes, the thyroid. Unless somebody does something to stop it, there are going to be widespread reports on children getting thyroid nodules which can be passed on to their children, and so on—"The sins of the fathers shall be visited onto the sons of four generations."

QUESTION: *Why do we have radiation poison now? We don't need the medicine in four generations. We need it now!*

And you will get it before four generations. But you will get rid of radiation poisons only to get other poisons from the atmosphere. So?

But if you go back through the history of man on earth, you will find he has been twisted, turned, blown, iced, heated, roasted, toasted—but he always comes up on his feet again and finds the means of overcoming whatever the crisis. In the past the earth has let loose gases of the most poisonous kind from great chasms, which caused mutations in the bodies of not only humans but in animals and plant life.

Why do you suppose that in earlier times of creation plant life was so big? They didn't begin that way. They were mutants. That was what was needed at the time—strong life, strong things with life in them. Look at some of the living beings—the animals were gigantic. Why? Because the earth needed them at that time. They were great grinders of food, great human fertilizers, living fertilizers! Notice the plant life had to be big enough for them to get at. They were not good at stooping over. They got dizzy spells. Ha Ha

→ Everything fits. And when things do not fit, they die. One of your great writers of evolution wrote much about the survival of the fittest. It was necessary. It still is.

Some people can take more radiation than others. They have stronger resistance to it, perhaps because their bodies produce more calcium. Calcium is a great protector against strontium 90.

It has been my honor. Thank you very much for listening. Good night.

YADA SPEAKS

SELECTED COMMUNICATION #17

Sex—The Initiation of Hesus—Ancient Art—Shakespeare—The Virgin Birth—The Healing Power of Belief

* When I put my experiences into words, I realize that each one of you exist in different environments, reared and conditioned to think in different ways. So it may be that I will have to think of proper words that can be understood by you, using a simple kind of terminology that everyone can understand. Life, truthfully, is not a complicated thing but appears to be to those of us that do not know what is actually going on. After we have acquired a certain depth of understanding, then we discover that life is of the utmost simplicity. But because of man's rulers, his guides and helpers, who are not too aware consciously of the inner side of life, they have aided greatly in misleading the human being on the earth plane, and therefore stays misled when he graduates or what you call, dies, and comes over to my side of life.

Now actually there is no your side and my side; there is only one side. By that I simply mean there is only consciousness, that is all. It appears that you have a body and therefore think you live in a different state than I do. But you do not! You are no different than I am for you are MIND, and MIND does not die. The body dies because (mind has not taught the physical structure how to survive in physical conditions). Mis-teachings have caused man to abuse his body, and many think that when death takes place they are going to escape the sufferings they have brought upon themselves. The law of life does not concern itself as to whether you know you are right or wrong. There is the law of constant change; that is the only lasting, eternal law.

→ I know that you think your scientists have at this present time some of the final answers to some of their questions. But no real material scientist will ever say so or think such a thing. For they know that all life emerges through change. So all a scientist does is wait and watch and study the changes and says, "This appears to be the condition at this time." This gives him endless room to continue the searching, the searching for what is so loosely called truth. Let us look at some of these truths which man is just beginning to adumbrate but which are yet highly controversial.

Kundalini is concerned with the cosmic energies or forces or fires of life which among you is called sex. It is also called the serpent powers or sex forces or fires. The fires are also represented as the sun, the sun forces centered in the body through the solar plexus. So that when you breathe you are breathing prana. Prana is the essence of life. When an

individual does what is called "die", and you hear a final sigh, this is not merely air going out of the body, this is the vital force called prana leaving. When this happens, this last gasp, this last breath is the force of life, the essence of life itself. This is called the spirit leaving the body. (Spiritus: breath) All life is based on breath. Breath, therefore, contains all the secrets of life. If you know how to breathe in certain given ways—these ways have been called mystical simply because they have been kept from the people or the lay mind, because it would be highly dangerous for them to have it, unless they knew many other things in advance.

The kundalini forces are very difficult to talk about because what I must say is of necessity very foreign to what you have been taught concerning life and religion. Going back into prehistoric times, it was taught then that the essence of life is sex—sex forces—and in order for man to rise above the physical world, which is illusionary and built out of a form of the sex forces, he must preserve the seed. And that is why the story of celibacy started.

In your Christian Bible there is one called the Christ. Christ means fish, and fish also means seed. In the garden of Eden or the Edenic state, there is the tree and the serpent. The tree is the spinal column and the serpent is the kundalini-fire-sex forces. By breath and thought these forces are brought up the spinal column to the pineal gland. This is called raising these forces into the sea, the sea of light.

The Christian religion in its earlier states was phallic worship. I think some of you know this. If some of you would study the church buildings as they are yet built today, you would find that they represent the female organs. This is something that scarcely any Christian knows about, and whenever they discover it they try to forget it as quickly as possible. Because to the modern Christian, sex is evil; it is something to be ashamed of; god doesn't like sex. Going back in your Christian Bible there is proof of this; proof written by men who did not understand what they were writing about.

Most of the story of the man called Jesus is a stolen work, not factual at all. The man Jesus was not crucified on the cross to save anybody; more than this, he was not crucified. The man Jesus was not "Jesus" but one called Hesus, the Anointed One, who took his final initiation in the Greek temples, the Hellenic mystery schools of Greece. Hesus, the Son of God; he represents the sun, the fire force. His twelve disciples represent the twelve signs of the zodiac. The story of this man is your story, the story of your initiation into the order of the Light. Members of this order of the Light are called the White Brotherhood. Some of the schools go by different names, one of which is called the Essenes.

The cross which Jesus was supposed to have been crucified upon is the symbol of sex worship, the sign of the "T". The cross that Hesus was placed upon by his own volition was an "X" cross, like your Roman numeral ten. He was not nailed there but tied with leather thongs. In that position he went into a deep cataleptic state while around him were gathered the high brothers of the Essene schools. These had

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certain symbols in their hands that were emblems of the Light. In ancient times one of these symbols was a stick with a snake coiled around it with a ball-like object carved in the open mouth. This ball-like object represented the seed of kundalini or serpent forces, and it was used in the ritual of magical practices.

Now, while the Anointed One was on the cross in this deep cataleptic state, the others walked around the cross chanting in secret tones. This was to appeal to this one's higher consciousness, lifting him out of the physical state of awareness. Before he was placed upon the cross he went through certain breathing exercises which carried the kundalini up to the throat chakra. This force, when reaching the throat chakra, creates a great and driving desire similar to what is called the physical climax in sex. This was called the kiss of Judas. Why? Because it made a great effort to pull him back down into the world of matter. This was a great force, my friends, so as to cause this one to have to struggle against it. This is called crucifixion on the world of matter.

If he had permitted himself to be caught there in those chakras by that tremendous desire, which was later called Satan in your Christian Bible, then he could not complete his initiation. He would have failed in the last degree which he was taking. But he did not fail. He got the force past the throat to the state called Heaven, or the pineal gland, causing it to rise up and vibrate like the hooded cobra while at the same time discharging into the cells of the brain a very vital energy which is kundalini. This excited certain cells of the brain; cells that he had never used before. This excitement of these cells took him completely into the state of what is called Samadhi. In this experiences of Samadhi he projected his consciousness in a great state of expanded awareness, and in his particular experience, this took him to a certain planetary body in your solar system where he received the last parts of the initiation. Then he was to be gone, or expanded in consciousness, for three days.

He received his last instructions on this planet, and what is called the mind or psychic body, was marked. Now this is not body as you understand a form, so I will simply say the mind self was marked so that when his consciousness became aware again of being a body, he brought back and placed upon this body markings that he received on this other planet, showing that he had been there. These are the markings in the palms of the hands, on the soles of the feet and in the side. These are secret markings including the thorns on the head. The thorns on the head show that he had suffered and won over the world of matter.

My friends, it is a far greater story, something more vital for you as individuals to seek for than to search for a Jesus that merely shed his blood or was murdered on a cross to save you. (To save you from what? From growing on your own volition? From becoming one with the god self?) The only way you can do this, the only way to attainment is by what is called living, and living means experience and experience may

joy. We are all seeking the sugar of life, the sugar or honey of life. The kundalini forces are often called the honey of life, and you are represented as the bees seeking this honey. This force brings or gives to one what is called wisdom; so it is the honey of wisdom which you are seeking. And if you are truly about your Father's business, you will be a very busy bee.

There is nothing that is not difficult to talk about. Speaking psychologically and using the terms of an artist, in these talks I have been using my kind of paint, and if my kind of paint does not appeal to you, or the colors I use are not of your vibration, you will not be able to see them, and I will think you just do not want to accept my way of painting, and this will upset my sensitive nature and we will have a big fight.

In my life 500,000 years ago there were several kinds of art just as you have today in your world. There was much modernistic and impressionistic art in my ancient civilization, and nobody then knew what they were drawing except the artist as it is today. So it has never changed. Human nature is very strange because we, as individuals, do our own drawing according to our feeling. All paintings from within become feeling paintings. So we had feeling paintings in my time using squares and angles and all this you are using today; using certain colors to depict a feeling of what we were thinking about our civilization. Man never paints more than what he feels about his civilization so that he gets the outside combined with the inside and makes beautiful paintings which nobody understands but him.

In the lower chambers of the temple there were large tapestries painted on the woven pulp of plants depicting the initiations, step by step, as they were taken. These showed the One on the altar. In my time they did not put one on the cross, but on an alabaster white, stone altar. These were done in many colors, the paints taken from the jungle plants. These pictures represented physical man rising from the amoeba state, graduating from various conditions and times until he reached the spirit or expanded state of consciousness. These pictures could be understood only by those in the temples.

There has always been in every race of man, where religion is concerned, an inner and an outer teaching. In reality there is no such thing as an esoteric and an exoteric division. What is meant by the esoteric or inner teachings is only that which is hidden from the minds of those that are not prepared to understand. It is little use to talk calculus to one who does not understand until that one masters the lower forms of mathematics. And so it is with all of these other teachings of the inner mysteries. Actually, my friends, I am going to tell you something because I know you will not be able to do much with it until you learn many other things. This is going to sound senseless to you, I am certain. There is nothing to know! THERE IS NOTHING TO KNOW!

Everything you have in your world, and the world included, is a thought and you are the thinker. If you do not know that you should, when creating a thought, express it out here, get it out, get it into

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Why? Because thought is a thing that is simply existing in another state of time while it is in the thought state. What is this other state of time? Simply another state of consciousness, and you are the Creator.

Now, let us pretend this way. You are in a room. You are creating in this room, building things. If you keep on creating things and do not get them out of the room they are going to crush you to death. It is the same way with the mind. If you build a thought in the mind you are building it out of the most vital of substances therefore making it a very concrete thing long before it takes form in the physical world. It is more concrete right there. Thinking creates a balanced or unbalanced environment.

Let me say right here again that I will say certain things and only a few will understand although many will hear the words. Nobody is a world saviour; my mission is not to save the world, except that world be myself. Then that is my mission: I am the world, I am the Light, I am the All—and so are you. Then I am not your saviour; you are your own, but you must awaken to this.

Let's go back to a period of time when there lived a man called William Shakespeare. This man in his writings, said certain things that were later put into plays. These things were secret messages about the inner life that could not be taught openly at that time. And so these stories, these thoughts, were put into plays so that these thoughts could be gotten through in a seemingly fictional way. There were twelve men in Shakespeare's circle and Bacon was the moderator. Shakespeare was not his name at all but his mother's maiden name. His father's name was Ludlow, but he did not like his father or the name Ludlow so he assumed his mother's maiden name. He was a very deep trance medium or sensitive. These twelve men would gather together with Bacon as the moderator. Later his words were put into writing and in certain ways distributed to certain people, and later produced as plays. Why was this? Because in those times a medium was marked as a witch, and they would have burned him at the stake. So this man had to have protection. There is so much more to know of this thing, but I am getting away from my subject.

Do not draw the sword unless you are going to use it. In other words do not create thoughts unless you are going to project them for use. Though you may not use them and, in part, (go down into the subconscious, and lodge there, causing great trouble,) they will at the same time be sensed by people unknowingly. These thought forms will become what is known as "astral corpses", moving toward those of a like nature on the earth plane and in other worlds. Your thoughts affect my world, and my thoughts in my world affect your world.

There have been many people having dreams that have their dreams in my world; the action of the dream takes place in my world. And people living in my world seeing this action say they are being haunted by ghosts. And many times the same thing takes place in your world. There are people on the various levels of the astral plane that are what you would call sleeping, or dreaming. And these thoughts move into the places where they once lived on the physical plane, and react

memories of what once happened to them in that house or that place, and you see them as ghosts. It is not the person himself, or the entity itself, but thought forms produced by my world. Thought forms do not die or cease to exist. But there are times when certain thought forms, due to lack of use for any great period of time, begin to disintegrate and go back into the great sea of mind.

Now, we can destroy our own thoughts, or restore them, if we know how. It is always advisable if you are not going to use a thing, to mentally destroy it, erase it, because it could be, while very good to you, harmful to somebody else. I refer also to talents which people do not make use of. A talent is a thing that exists in the All-mind. It is not something of a three dimensional nature. It starts in the mind. That individual has brought it over with him from other lifetimes. It is woven into the Light Sea from one lifetime to another. Sometimes it is not brought out when that one returns to the physical world again and he says, "I have no memory of ever having lived before." Truthfully he has not lived before and neither have you nor I, for there is no before-ness or after-ness, there is only now.

Now, it can be seen that a crime is something that will come back upon the one who commits it, because the law of life is the law of cause and effect, and we cannot escape this until we learn how to do it. When you have a thought that you know, for your environment, is not a constructive one, it is wise to destroy it. And by destroying it I simply mean this: To turn the forces of the thought into something constructive. In other words don't express it in that way, but in another way.

Man is not a competent judge about what is good or evil for anybody but himself. But then he does something very strange which is called thinking. If we do not know how to think, then we cannot be a judge of good or evil. The goodness or evilness of a thing is only how it is going to affect us, the Creator of it. You may say that does not make sense for while it may not affect you in an evil way, it may so affect somebody else. If we that are creating think a little bit, we will realize that anything that hurts another is going to, in time, equally unbalance us, cause us pain. I am the point and everything moves away from me—the eternal wheel or circle. Most people are not taught this, so they think they going to get away with something. Yes, you are getting away with it out here in your outer world for a little while, but pretty soon it is going to come back like a boomerang, and you will be very sorry for it will take your head right off.

It was your great president Lincoln that said you can fool some of the people some of the time, but you cannot fool all of the people all of the time. There is your answer. For when you cease fooling all of the people all of the time, you are the only one that is being fooled. Nobody gets away with anything. Why? Because this is your dream and everything you do in your dream is you. Do you want to have monsters in your dreams? Then cease to express yourself as you should with intelligence, cease to express yourself without emotion. Emotions are necessary in certain ways when they are governed and controlled by you.

Everything is given for man to do, if he does it under control. Until we learn that we are the center of all that is, we will continue to do foolish things and think we are getting away with it.

I am often asked why we leave this body to decay in the earth. Well, that is something you designed yourself in your own consciousness. This may not appear so on the surface and your mental doctors will discover in time that every one of us has the seed of our own destruction within ourselves, the destruction of the physical body. This is shown day by day in your actions. When you move toward that which is for non-survival you are, unknown to yourself, seeking to get out of the physical body. There will come a time when you will take the physical body with you. But this can only be done after you have learned consciously, to the fullest extent of your consciousness. This is the final initiation when going and coming, birth and death, the immense sleight-of-hand of the illusionary world, is overcome.

The "god" concept, too, is misunderstood in your world. I want to make it very clear that you must not consider this god as anything resembling your physical self. It is not a "being" as you understand that word. Indeed, more! No man, until he has experienced it, can know anything about a something called god. Before you can experience god, you have to experience MAN; you have to know yourself, physically to begin with. Many people go off in tangents when they hear of methods of becoming one with god. Yoga is one of these methods. Yoga means the yoke, or the yoking of one's self to god.

How are you going to know god, if you do not know yourself? How am I going to know a master if I, myself, have no mastery within? Many people say they had visions or saw Jesus Christ. But they are not recognizing the man you call Jesus, Hesus, or the Buddha, or any of the rest of them. They are simply recognizing a form they have been taught to believe looked like one called Jesus the Christ. They are still caught up in form. In my world, if I wanted to come to you and impress you with my great talent, my great mastery, I could appear to you as a pillar of light so brilliant that you could not stand to look at me. And you would fall on your face, and there would be great palpitation of the heart, and it would be very emotional, and you would run and tell everybody that you had seen Yada, or the Buddha—same thing.

There have been many such happenings in your world, and people rush to the spot where you have seen Jesus or the Buddha. And if they are devoted to such teachings, they are going to come in great droves, and they are going to do all kinds of things because they have been affected by their belief. So they will say that Jesus the Christ's appearance there healed them of an ailment. It did not! They healed themselves by their belief! Just like Jesus was supposed to have said, "Your faith has made you whole." We are too willing to worship personality. We are too caught up in form, the glitter of form. Let us not do this. Let us seek to find ourselves within and learn to love the greatest thing of all and that is wisdom.

I would not like to leave any such impression that I am a master. I am like you, simply in the process of trying to understand life, or in the process of ever becoming, or growth. Then have I been in this process for 500,000 years? That is simply shocking, isn't it?

I come to you and say, "Ladies and gentlemen, I am Yada di Shi'ite." To begin with there is no such individual as Yada di Shi'ite. So I start off with what appears to be a lie. No, I simply give you a label so you will think you know whom you are talking to. You come to me and you say you are so-and-so. So I accept the name, but does that mean that's who you are? You are not what you say you are. That is only a label.

Today you put food in cans and then put labels on them so you will know what's inside. The cans get the wrong labels, and as people you all have the wrong labels because the name is not you. YOU ARE MIND, THE LIGHT! So neither you nor I lie when we make these statements. We simply do the best we can in order to communicate with each other better on more friendly terms, so that I will not sense that unknown quality or quantity about you which will frighten me and frighten you. Man is very fearful of the unknown. So we must try to do all kinds of gymnastics with one another so that we will not be frightened with one another. Then if I am not Yada, who am I? I do not know, because I know only one thing: I am not a WHO, I am a WHAT! Do you know WHAT you are? If you do please let me know. *

Now I am going to say something else that may be upsetting. I have not lived for 500,000 years. Why? Even though I say to you I have. Most people would not believe it anyhow because your anthropologists and archeologists have not found any such civilization that far back. At that time we were all supposed to be swinging from the trees. No, 500,000 years is only a quantity that you measure. It does not really exist at all. Therefore, I can only say to you, "I am", and that is all. I could say that 500,000 years is but a tick in time, but if it is a tick, it is 500,000 years. Looking at it from your physical world of measurement, I can say I have been back and forth on your earth many times. The last time here was 500 years ago, not BC but simply 500 years ago in China.

Coming back into the physical world is entirely an individual matter brought about by your desires. (How well you have controlled them, or how well they have controlled you.) You are living in the desire world, and if you become attached too greatly to material things, they are going to pull you back here again in a short time. The short time depends upon the intensity or lack of intensity of your desires.

The great teachers whom you have come to call Masters do not return to the physical wheel of life, except they come in service to their fellow man. Any great teacher is not going to return to the earth in the form for which he was formerly known, nor as a brilliant light. Because he has not come to blind, but to awaken.

You have had stories of one called the Virgin Mary returning to the earth. The story of the Virgin Mary is as mystical as the story of the man Jesus the Christ, or Hesus. There have been many virgin births. There have been many crucifixions. MA

The "virgin birth" did not concern the virginity of the mother's body. The virgin birth means being born in wisdom, in clarity or purity of understanding. But because man has come to have a nasty mind due to his false religious teachings, he has put a great price on virginity which he is willing at any opportunity to destroy. The point here which I want to impress is that which is not used, is of no value. All of life is use—use put into action. Life does not care what you do with it, just DO with it. If you want to make laws for doing one thing or another—go ahead—but abide by those laws if you are going to make them. (Life does not care about man made laws, but goes right on its natural way regardless.) When nature is stultified in the individual, that individual learns the pain and anguish of unnatural living.

Life is not to educate or awaken the masses, but the individual. There is no masses. Bodies, there are many. Anybody can build a body whenever they want to and nature thinks nothing of destroying bodies. And evidently the people in your highly advanced civilization think nothing of destroying bodies by the millions every so many years. There is this great downward trend which can only be kept from total destruction of the human race by the few who rise out and up from it. I do not say this is evil. I am not speaking of evilness, but how can man grow unless he has two sides to himself. The positive and the negative are constantly walking together. I cannot know evil unless I have known good. I cannot know good unless I have known evil. It is said that a good rascal makes a good saint because he understands the other side of the card.

The trouble with putting such things into words is that people go away quoting that Yada said this or that. Please do not do this for I have said nothing. I have spoken words which each one of you interpret in your own way. This not only allows me to save face, but permits you to feel that you know something. Remember, that in another dimension of time two plus two may not be four at all. So be careful of what you say as you are responsible for it. That is the reason I refuse to speak of certain things at certain times.

I must leave for a moment and will return at another time. I leave you in love and in the Light.

YADA SPEAKS

SELECTED COMMUNICATION #18

Getting Off the Earth—Space Madness—Earth Not the Only Hatchery—Scientology—Insanity of Aimless Struggle—Seeing Through the Dream

Senas et senahas, ena Yada Di Shi'ite.

GROUP: Good evening, Yada.

Today there is a great need for teaching the very young, teaching of life, so that they will be prepared to live intelligently without so much anger inside of them, and feelings of frustration that creates adults who are largely insane.

I suppose that is a little sharp in criticism, but should we not learn to speak truth and to know the truth so that we can climb up out of our ignorance, and out of the insane mind? That is the only way we are going to get out of it. Coming into any environment, the entity is conditioned to live and act and feel according to his teachings.

Today, man is making tremendous strides in the field of science. And this means your world is going to go ahead in tremendous leaps and bounds, in relation to what it did in earlier times. The mind is becoming more and more free. It is getting wider spaces to think in. The very actions of your going into space demands that you extend your consciousness to the degree that you are to extend it in space and time, otherwise you cannot keep up with life.

There is most certainly going to come a time when the human will not be walking the earth. Only the very meek shall inherit the earth, those too afraid to get off it, afraid of losing familiar surroundings, going into the unknown, and having to do battle with themselves to keep down their fears of the unknown. For that is what man fears mostly, the unknown.

One of the greatest difficulties in the course of space extension is going to be psychological difficulties. How to live in the vastness of space with nothing to touch, is almost certain to have very dire effects upon the psychology of the space person. It can bring a condition called "space madness", the same as one who goes down in the depths of the ocean—they get a disease where they feel like absolute gods, and they tear off their water masks and helmets, and of course they drown.

But the same condition exists in space. There comes a kind of madness that unless we are conditioned, first to keep control over our emotional selves, we will be of no value on such flights. It is not going to be the easy thing for most people on earth to make voyages in space—on this thought alone, of losing their sense of balance, their sense of contact, their tactile needs which man has conditioned himself here to live with on the ground.

COMMENT: We had a little example of that when our astronaut Ed White took his walk in space outside the ship. When he was told, "Its time for you to return now," he said, "I'm not coming back in!" And he was out there only about two minutes.

Yes, and if they hadn't had attachments on him, he wouldn't have come back. He would have floated off into space, in great excitement and a feeling of wonder, of joy, extreme excitement—and soon, to die. The lack of oxygen, which would soon run out in his suit, would then leave him to float forever in the emptiness of space. And after going a certain distance into this space, there would be no way of finding him again. So he would float forever until, in time, he would be naturally pulled to the nearest body.

QUESTION: Yada, my son wanted to know if there were other planets that have life, conscious beings, as we are?

The answer is YES.

QUESTION: As we are?

As you are. Now, what makes you as you are? Your earth is in just the right alignment to the sun. Actually, we may say it is in the sun. The sun gives life in chemical substances by making changes.

The first life was born in space. It was a little bit-like thing called a protein enzyme. The life given it from the sun is called ultra-violet light. Now, to this extent, man is acutally an electrical being, chemical-electrical being.

Not all humans now on the earth originated here. Some of them were brought from vast distances from other planetary systems deep in the heart of the galactic system. So, we may say they were "seeded" here. It is the same thing with some plant life, some bug life, some fish life.

Man, himself, as I said, is a space being—born in space, born of heat and light and radiation. So in some sense we can say he is an atomic being, for the sun is but a series of atomic explosions where matter is being fed into the sun and broken down to its lowest component parts. And wherever there is such a sun and solar system, or planetary system, which is in proper alignment with the sun, whatever its size may be, there is almost certain to be life there.

Earth life necessitates a nervous system to be aware of a matter world. The only way you know that your surroundings exist is through that nervous or sensory system. Now man has developed something in the passage of time called a soul or mental self. The physical body is the secondary self. The soul or mental self always existed but did not exist in form.

All the planets, all the stars, everything in space and everything on these bodies, of whatever nature are creations of the creative mind. They are ideas, thoughts, feelings they are born of these things. Now you have a condition called the conscious soul, or the conscious mind, the conscious spirit, which is a development from experiences on physical planets or bodies, the earth or some other planet somewhere else in space. And here we have a Creator that will re-create itself in form—and the creation is done consciously now.

While the individual may not be consciously aware of it, from your kind of conscious, physical consciousness, that creative self is extremely aware of itself. And it can be born into the physical world, earth or somewhere else, consciously; but loses consciousness of its former kind of existence when it moves back into the chemical world.

Now there are some beings and I am one of them, if I may say so, who have managed to retain their consciousness of what they are, that they are the Creator. So in knowing this, in retaining this kind of consciousness, they are never tied anywhere. The whole of existence is theirs to roam in. And that is what you are struggling for, striving to attain that state of self awareness: I am everywhere present, from the most minute bit of energy to the vast bodies.

Size is very relative. So in contemplating this thought that you are the Creator, you may, in looking out some dark night into the vastness overhead, become a little—well, you get feelings of inferiority and minuteness. And this irritates the conditioned consciousness which has been told that a something called "god" created all this, and you had nothing to do with it. And so you don't try to do anything about it. You do not try to find the Creator. You leave It to find you, and so you are never found for that reason.

QUESTION: Yada, do you know anything about Scientology or the usefulness of it as a tool?

Very good, exceedingly good in the hands of one who knows what he is doing.

QUESTION: One of the basic thoughts of Scientology is that one should not have any areas of unconsciousness. It is the unconscious areas that become aberrated. There people attain mental ills and psychosomatic ills. It is an unconscious retainer that explodes when keyed-in. Some other disciplines do not agree with that. What is your impression?

There is something called unconscious and something called conscious awareness. Now man walks around, largely speaking, in that self-unconscious state, unaware state, unknowing state, most of the time. So he is always open to the memory patterns of what happened to him at some other time. He is living on that level of awareness, but he, himself, is not self aware.

For were he self aware, if he really knew that great creative self in here (gesturing), and that he was It, all the other negatives that he has acquired from the conscious self out here, the daily living self out here, would vanish. He would never re-act in a negative way to any of his old ways of feeling or thinking—like resentment.

He would know that all belongs where it is, so he would not try to obliterate anything. That is only the ego speaking, "This doesn't belong here. I don't like this. I don't like that." This is taking what is called emotional attitudes to your dream, to your life, and from it, getting reactions very much the same as the actions you got—negative, hurtful, anxiety, guilt.

Now you can say anything you desire to me, and no matter what somebody else in the group may think it to be, negative or hurtful, and they may attack you for talking to me like that. But I wouldn't think it

wrong of you to talk to me like that because I would know you were talking to me from your level of understanding, and that you couldn't do otherwise. So how could I take offense to that? Anyone at anytime can call me whatever they desire, whatever comes to their mind.

As you no doubt have learned in your world, non-resistance is the strongest kind of resistance. Whenever we oppose anything, we bring it that much closer, give it more life. We project to it that much more energy. We do not stop it, but it can stop us. Nobody can hurt us but us.

There are all manner of systems that man has invented from time to time, down through the ages, to prove this or that. I call it making comfortable little nests to live in. Otherwise, he feels the need to defend himself and his beliefs all the time. This is what is called aggression for one's environment, for one's stamping grounds.

COMMENT: Genetically, "stamping grounds", or even man's world, here he achieves property and education and becomes a more desirable man. This form of competition in humans helps us genetically to weed out the weaker of the species, and thus further the survival of the species. It is culturally conditioned. It's not a closed but an open instinct. Why do all animals do it?

All animals do it and always have done it and always will do it. But now, man, the animal called man, has taken another step which puts him in a position that is more intelligent than the four footed animal. That four footed animal is by necessity aggressive like man was at one period of his existence here, an extremely aggressive animal, very vicious. There is still some of that viciousness left in him, which causes all your wars and fighting and struggling today.

Nations—each nation wants to be world controlling. It is not satisfied with its particular piece of mud. It wants to reach out into the mud of others and conquer and enslave and own and control. That is the animal man speaking. He calls this survival. "The more I have, the less you will have, so the longer I'll survive!" This means eventually I am going to have to kill you. I can do no other. I cannot let you have a piece, even though you tell me you will be satisfied with it. I know you will not, and if I show my weakness, you will kill me.

QUESTION: Do we have enough time?

Time, yes, but not brains. Not the kind of brains that would permit the world to save itself from disaster, from wiping itself out. You see, if I'm going to be aggressive with you, if I am going to try to "put you down", as you Americans say, you are going to have to contest me. Whether you like it or not, for you to survive, you can do no other.

This only keeps the physical struggle going on, and eventually, it leads to my turning on myself and putting myself down, wiping myself out. It is said, and truly so, "For every human that dies, a little bit of myself has died with them." Now, how could that be if we were not so connected mentally?

The struggle was good and right in one stage of man's life. It did give him strength. It gave him reason and purpose, something to struggle for. He had to believe that he was valuable, useful, that the world needed him. But in the passing of time and the evolvement of mind with matter, matter man began to see himself as something more than an animal.

We are not born humans—at no time. We are born animals, for "being born" means coming into the physical world, being born of matter. We come here ignorant, not knowing. We have to find ourselves. And little by little, as the mind becomes more involved with the matter self, it begins to wake up.

First it becomes physically aware, and aware of the physical. Then if it has any ability to think and to feel, it begins to think less of its physical self and more of its mental self. It begins to withdraw—that ego begins to cool down. And suddenly we are faced with that beautiful being that dwells within us. We find ourselves face to face with the Light out of which all form has come. We see the animal within us.

Now we see it consciously. We are aware of its animalistic nature. We realize it has been that which has been doing the hating and the fighting, and we start withdrawing from it. And our withdrawal makes us humans—a marvelous title!

Humans are conscious beings, are knowing beings. They do not have the competitive drive in them. They see through the nightmare of external life and the wanting of things, the hoarding of things, that it is all certain to vanish at any given moment. And the efforts we have put forward, the years of anxiety, have come to naught.

Our physical selves are put in a box and put in the ground or consumed by the fire. And all that was me, personality, all that was me, ego, the blind, the animal, the destroyer, the beast, is gone. Gone completely? No, for in part, it is that which we have been conditioned to be. So we take that part, for a time, with us into the next step beyond the matter world, into the world of pure energy.

And we may re-live that entire life which we lived in the physical world. We may re-live it in the mental world, and then die in the mental world and fall back into the physical world because we have not conditioned ourselves.)

We have not received the Light, the Light of understanding and knowing, so we cannot go on. We cannot find the Creator. And we are again like the salmon who has been spawned in a certain spawning ground. We will be spawned again and go out and live whatever life we have to live and then come back to the center again, to go out again and come back again—a seemingly pointless motion, getting us nowhere.

A man in your world wrote a book, the substance of which was not of any great interest but the title was. It was called "The Treadmill to Oblivion." Can we as humans that think and feel tolerate that thought without complete insanity coming to us? Is life pointless? Then it is hopeless, and being hopeless it is insanity, nothing short of insanity, aimless motion. For what? So you can get a few moments of excitation in your feeling self?

It is like one who does not know of love and the relationship of a man and a woman. It turns to masturbation. Is it really satisfying either to the physical or the mental self? Are the reactions of the climax the same in masturbation as it is between two people who have a real feeling and understanding and love for one another? Of course it is not. It can't be; it is not productive.

And that is what life must be to be intelligent. It must be creative; it must be productive. It must do something, not just waste energy For energy is life. Wasted for a moment's excitation? Is that *all* that sexual communication has? To unburden itself of a pressure? Is that all we mean to one another? Then existence is pointless, is a waste. It is a nothing, and the sooner you get out of it the better. For if it is that pointless there is nothing to carry on with. You will find a blank.

The aimless going and coming is pure insanity. Struggle? Yes, of course. That is the nature of the physical world. But when you as an individual get an awakening to your own divine nature, you begin to see through the facade which is false. You look through and see that which *is*, and you are exhilarated by the realization that *you are that*.

So you do not have to go out again. You do not have to let yourself be spawned again. You will never lose your awareness of you, that perfect being in perfect balance. You will hunger no more.

Now, while you are in the dream here, you must abide by the laws of the dream. You have what is called a physical body and you must take care of its needs. Do what you must do to keep yourself in balance here. Otherwise you cannot learn about the larger life, the larger existence.

Once you learn there is a larger existence, you become at peace here. You stop your struggling. You live according to your feelings which do not necessitate struggle. You learn to control your matter world. You have broken away from the hypnotic attachments of the matter dream.

It is like wife with man or man with wife. Perhaps in time they will have enough of one another. They must find somebody else otherwise they will die. Think of this, my friends, we have been told to get the best products from the earth to nourish our bodies. But it is a strange thing that in marriage or our simple associations with one another, we flounder and cannot break away.

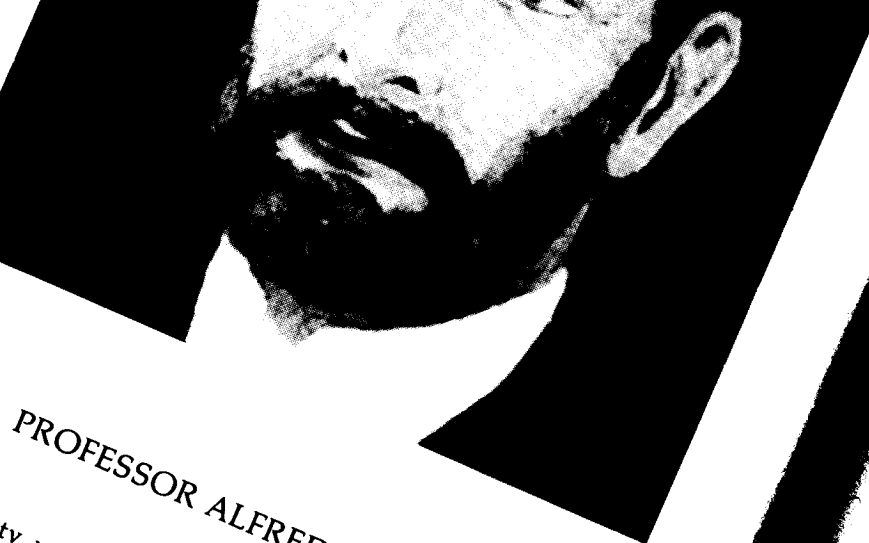
No freedom from one another, or the monotony of one another because we have been hypnotically conditioned to believe that this one person is my total life. Even though I could do well without them, I must pretend that I cannot do without them. Obsession and possession whether it is in marriage or otherwise. My friends, if we have love for OURSELF we cannot lose another because I AM THAT OTHER. I did not just now meet you, for this supposes an end. When we say, "I have just met you," we create right there an end, the separation, the destruction of the condition. We did not just now meet, my beloved, we have known each other eternally.

Energy is first mental It is this out here, what you call space. This is the intelligence! This is the Light! This is the Great Mind! The sensory body feels it as a great vastness, as a comparatively vacuous blankness with minute points of light here and there. And all that seemingly endless blackness of nothingness with little points of somethingness—is MIND! Is consciousness! IS THE LIGHT! Which forms move around in like fish in the vast ocean. We, form selves, through what is called brain, move according to the level of our ability to use what we are receiving from this Light, this consciousness. We not only receive

through the cellular structure of the brain, but through every living cell of the body.

My friends, death is not the end! It is not even the beginning. It is but one little step on the endless path to the Light. The word death truly means **NO LIGHT, NO INTELLIGENCE**.

I leave you in love and in the Light. Good evening.



PROFESSOR ALFRED LUNTZ

ty was born in 1812 and died in 1893. He was a
e High Episcopal Church of England. He was of
an parentage and was born in North London.
Eton School for Boys at the age of seventeen, he
's law firm in Hanover, Germany until he
delberg where he took a course in
on, then on to Oxford where
Theological Seminary
ee of Queen Victoria
hat he had
no



a communication from th
ed Luntz, formerly a clergyman o
Church of England, who became a "s
1993. He is now preparing to reincarnate into the
world.

PROFESSOR ALFRED LUNTZ SPEAKS SELECTED COMMUNICATION #19 RETURNING TO THE EARTH

How do you do! It is a pleasure to be here. As my colleague, Yada, has
said, my time is dwindling away. And, in a manner of speaking, it
makes me sad.

COMMENT: *You have a new venture coming up.*
Thank you my dear for giving me a bit of cheer. A new venture. Yet I
regret losing contact with you whom I have come to know and to love.
But, you know, in these many years that I have used Mark's body to
communicate with you here. . . .

QUESTION: *Have you picked your parents yet or is that in the distant future?*
That is still in the future and I am in a very strange position. I'm
quite certain whether I should be glad or sad. Rather mixed f
will not know until I take that
once on it, I will not know until I am born and th
Isn't it a rather mixed up affair? And it h
COMMENT: *You should have come last*
boy..

Well it wasn't me! LAUGH
complete 20 years is
Things on earth
going to
for

I rather think it is. The mark of time is a personal thing. It has something to do with the nature of the individual that is coming here.

QUESTION: Professor, in your particular case, 20 years, is that when the world will be a little more ready for your work to find a place?

That is right. And also my creations will last longer. It shan't be in such danger of immediate removal by man's rage against himself.

QUESTION: Then you have hope that man may change his attitude toward this madness?

Indeed I do. And all of us of the Circle feel that. You see, man has destroyed himself from the earth five different times. He is now on his sixth run. And this is the longest. Your civilization is the longest lasting civilization for it shall extend for some 4,000 more years.

QUESTION: With your awareness and ability, will you be able to retain this memory?

You see, the difficulty of maintaining such an awareness is the great possibility of taking over my old self again. I must be able to drop it all, all memory of it, as one does in having a dream. Now we often have dreams that are very vivid while they are happening, but when we awaken it seems completely wiped out. And then periodically we may get back fragments of the dream but, most of the time, we retain no memory of it. Yet it is there and could be recalled by the simple art of hypnosis and power of suggestion to help the individual to recall.

QUESTION: You will be able to pick your parents though, and the place, won't you?

Well I'm working in that direction and my teachers, when I ask them, say, "I hope so." They do not sound very encouraging, very promising. Yet I have enough British bulldoggedness to believe I will.

QUESTION: You must believe that you will, right?

Oh, quite, quite! As I said I'm going to be an American and this is very difficult, to transfer my thoughts from my British consciousness to American consciousness. I am told, if I can just remember, to be a real American you must say "ant" not "aunt." Isn't that jolly? Isn't that an excellent reason for coming back?

QUESTION: Will you be going to a formal school of forgetting?

Yes, and it is done by my teachers making suggestions to me, constant suggestions. The length of time the suggestions are given become greater, more extended. In other words, it's brainwashing so I can wash out Luntz. Good-bye! Tally ho old chap. We'll see you subsequently.

QUESTION: Is it like the same process we use here to create cerebral passages by imposing one that is more strong on one that is less strong and thereby the stronger overcomes by taking over that which is less strong?

It is the same mental technique.

COMMENT: Because we do that here with physical brains.

Yes. You know, I am not really as amused as I sound. I feel a little frightened.

QUESTION: Bewildered?

Yes, and actually frightened. It is somewhat on the order of dying. No matter what you think or don't think, you are a little bit afraid.

COMMENT: Look on the bright side, the language won't be a barrier.

Oh, the language won't be a barrier, my dear. I've been coming here so long that I have the sounds going on in my spirit brain.

COMMENT: If you went to Russia or France it would be harder.

I wonder which is harder to forget, British or Russian?

QUESTION: Are you hoping you will bring with you some traces of the Inner Teachings?

I hope so, I really do. I wish you were still to be on earth when I get here, then there's something else again. It is not only the long period of time before I get here, it is when I'm born that I have to spend a long period of time before I can even think about talking about anything adults talk about. My babyhood, my childhood years, teen years—perhaps by my teen years I may have some brains, something to work with besides the drives that will be in that young body that will, or can, negate any reasoning for another 15 years.

QUESTION: If we knew where you were going to be born, is there anything we in the group could do to help you?

COMMENT: Send you a set of building blocks?

Now John!

COMMENT: Let him listen to some of the tapes to see what his reactions would be.

Wouldn't that be jolly. I hadn't thought of that.

COMMENT: You are only limited by your imagination. Put that in your programming. Say, "I want to go to the tape library sometime in my adolescent years because that will be part of my education, and I'll be old enough not to be shocked out of my skin by that time."

You know, perhaps I may wound like an—well, an ass, to say that I would like to experiment in carrying memory over so that I can say to you, "I'm going to be born at such and such a place, and such and such an hour, and please come and get me."

GROUP: LAUGHTER

Because I will be a stranger in a very strange land in spite of the fact that I have been here in many lives, not in America but in other parts of the world. But none of us are really strangers to this land in the sky called the earth. We are really not! Indeed, it is our home, our school, our classroom, so we are extremely familiar with it.

Sometimes the sense of the familiar with the physical world causes one to haunt it. They can't build up another dream of their own. They become earthbound. Now there is nothing wrong with being earthbound except it may be in the individual's attitude. If he finds it discouraging in any way, not a happy state, he will try to do something to get out of it. He may not be able to do it right away. It depends upon what it is that made him earthbound. Where is your consciousness? Where are you in consciousness? These are the important things to talk about, to reason with. It is no easy matter.

We come here and we become accustomed to the hereness called the matter world. We have become accustomed to it by rote, and then when we think of leaving it we are, as a rule, very sad. Even those of us who deliberately end our lives here, there is a sadness that possesses us, in that we wish there was some other way to escape the agony of our life.

QUESTION: In the realms of consciousness where you now dwell, and the learning choices available to you, is not the one you have chosen one of the most ambitious?

Oh yes, my dear, of course. In fact my teachers tell the class, "You are an ambitious lot. You are a daring lot, that you will to go back to that!"

QUESTION: Isn't it that you are trying for what perhaps would be to you the first conscious program of attempting your first conscious return here?

Oh, yes, that is indeed an ambition. It is the first time that I can recall that I am striving to, or hope to come back consciously, to will myself into the physical world consciously. Now, my teacher, Yada, says it is entirely possible to do this because he did it. LAUGHTER He says nothing of the difficulties that one may encounter in that kind of project because the majority of us come back unconsciously.

We fall into it. We rain down into the physical world like a great storm, a storm of living energy. If you could see—and perhaps someday your men of science in the field of physics and chemistry, may provide you with a looking glass into space where you will see beings coming down into your atmosphere, and the various changes these minute units go through as they descend into heavier space and more protracted time.

QUESTION: Have you been able to see that yourself?

Yes, and this is what has given me the belief, and even a sense of security, touched with a little fright, of course, of being able to do that, because I have seen it. It is the raining of color and sound in all their various tones and shades, a massive, never-ending downpour of living energy. It is the most beautiful sight one could see.

And all of these units are separated, divided, as they reach the atmosphere. They are divided into species so that they can go to the right places. These energy units go to a vast variety of plant life, insect life, and every kind of life, because the whole blasted universe is alive, greatly alive, a throbbing, breathing, gigantic laboratory!

QUESTION: What kind of motion goes with that, or is there many types of motion?

It is many kinds of motion, many different forms, geometrical patterns, as many as you will see that make a snowflake. Isn't that marvelous! Isn't that astounding! Isn't that breathtaking! And feeling this way about life I want to come back to it. It is a gigantic thing. It is a . . . I do not have words to paint the beauty and the vastness of it all.

You know, it just occurred to me, and I have been doing it off and on now for the last few years especially, I'm beginning to use words that are strictly American in their pronunciation. I said—in case you missed it—lab'oratory instead of you know what, labor'atory.

COMMENT: You are speaking American though, and I think you have lost some of your heavy accent.

Yes, this I must do. Whoever heard of one being born in America with a British accent?

COMMENT: But this has been so interesting because I didn't realize you had to prepare yourself.

Well, you know what we have always said, there is a price on everything. We learn by experience and as we get more experience and as we understand these experiences better, we begin to live them better. To be born into any country you must prepare yourself. If you are going to France, you should learn to speak French to get about, even though there is much English spoken there, and the same in Germany, and the same of most of the earth. The English language is spreading rapidly and I suppose that, in due course, the English language will take over entirely.

COMMENT: The Englishman doesn't appreciate what the Americans have done with the language.

No, of course. The Americans have jolly well hashed it. But even so, it's a warmer language, it's a freer language, and very expressive. I think English speaking people seem rather cold to American people. The language causes the Englishman to be thought of as rather snobbish when he's not really; he's simply British. Some people blame it on the fog. The blasted island has to be found by a compass most of the time.

Someone mentioned to Mark a bit ago of some concern shown about riots in Chicago. But it isn't only in Chicago. It is happening through most of your cities in all of your states. And unless thinking people start enforcing the laws that you have—you certainly do not need to make more, but to use the ones you have—these riots are going to become worse and more widespread.

Something must be done to bring respect for law back to your country, back to the people. But this can't be done if the law itself breaks the laws by being brutal. However, when one is committing a crime, they are leaving themselves open; they are indeed inviting brutality and they deserve it when they get it. You should show no mercy to these people.

But it shouldn't be shown by brutality of the police, I do not mean that, but by law. These people should be made an example of. I do not know how you are going to do that without increasing the anger of the stupid and the ignorant, of the frustrations and fears of the violent. But when a human is kept in bondage, enslavement, they lose that human quality and it makes them animals. What can one do with an insane animal? How are you going to bring intelligence back? How are you going to bring sanity back to that mind, to that brain which is being rotted out by deprivation of a human kind, of human needs?

QUESTION: What do you do on your level with the mental animals? How do you treat them there, the insane ones?

There are ways and means of putting these beings away until they can be conditioned to a saner way of thinking. We are not worried about the room problem that you have. We incarcerate them by way of suggestion, and we enclose them in glass houses because they cannot get out of glass. If we created a kind of wood house, they could get out of that. But they cannot get out of glass.

QUESTION: Because their vibratory rate cannot penetrate that?

That is right. Isn't that strange? They do not pound on the walls or anything like that, because they are put into a kind of drugged state by suggestion. Then the doctors go in there and bring them slowly out of that torpid state and begin to give them conscious suggestions that are useable, more intelligent, that brings back a quietness, a sense of relaxation. It is like giving someone a—what do you call those blasted things—a tranquilizer.

QUESTION: *Do you start with projects that are most simple and satisfying to the individual so that they progress a little at a time?*

Yes, in some cases. But in others, you can give very advanced suggestions that will wake them up and bring them back very loving beings, suggestions that will wipe out their pain and their sufferings, so the animal is gone.

QUESTION: *Observing us from your plane, do you feel that in the physical world we could achieve the same results, given a doctor of understanding, plus hypnosis, to work with?*

Oh, I do indeed. However, in some forms of schizophrenia there is a kind of bug or virus that is formed in the blood fluids that can cause insanity, especially violence. You may have the knowledge of this in your world already, I do not know.

I am learning a great deal at present, things that I had no need to learn when I first came over here. You see, when I lived in the physical world I didn't suffer. I never had a sick day in my entire life of 81 years. Just think of that! Never even so much as a headache. When someone spoke to me about a headache, I couldn't sympathize because I couldn't understand what they meant. Another reason for coming back here, because I have no pain patterns to have to fight, to be afraid of. Think of that! No pain patterns! I'm taking your time, I should go.

QUESTION: *I was wondering how you acquired such wonderful patterns.*

I suppose I should try to find some kind of a fairy story to tell. Fairy stories are so interesting and often so comfortable to hear.

COMMENT: *We have enough in our world.*

Yes indeed, my dear. But it seems to me that in a life previous to the time I was a clergyman, when I was Alfred Luntz on earth, I was born in Ankara, Turkey. I was as poor, well, poorer than a church mouse. A church mouse could get much more food than I could. And the lower half of my body was completely paralyzed, and I had to drag myself around on the ground.

Well, in time, in searching for reasons for my suffering, we all must have a reason for what happens to us, I discovered something very valuable. It is called the metaphysical way. I read and studied many books on the ancient teachings in metaphysics and occult things and it taught me how to concentrate and ask the inner creator to help me to make a better body in my next life. And I jolly well did, a body that just didn't seem to be able to get sick.

COMMENT: *I hope that stays with you in your next body.*

Well, my dear, I hope so. Up to now I have no recall, not really, of pain. No recall. I seem to have washed that out when I departed my life in Turkey. That was damnable suffering, the filth on the ground that I

had to drag myself through! But somehow my consciousness didn't cling, none of it seemed to stick to me. I came through clean, and how marvelous, and how fortunate and how strange, with so many others going right back to suffering.

QUESTION: *Isn't that one of your strongest points for encouragement from the continuity from where you are and hope to be in the future?*

Yes, my dear.

COMMENT: *You have already accomplished that in essence by your own remembering.*

Right. So I have really nothing to fear in coming here. I do not think so. There are no senses of what is generally called accidents. I have created no patterns for that, at least up to now. And I hope I do not suffer too great a birth trauma. Perhaps I can get through without even that. I'm going to try.

COMMENT: *You can if you think you can, Professor.*

Right, sir, right. And I'm trying. And I think I can.

COMMENT: *If you even have a thought about illness or accidents or any undesirable, all you have to say is, "it will never happen to me."*

It never will! Thank you very much. Now that is what I call useful knowledge. I know you have done this for other people when they didn't even know about it. Well, don't let them know. Never let yourself become obliged to another. Love them but do not get yourself emotionally entangled with them, and do not permit them to get emotionally entangled with you.

QUESTION: *You mean love them and leave them?*

No, love them and stay with them. If you leave them you leave part of yourself with them and you do not want to do that, you want your entire self. Be with them through love and then you do not need to be with them physically.

You know, sex prompts us to be with one another physically more than anything else. Sex gives us a gregarious nature. We want to show off. We love to. It forces us to gather in groups and that's how tribes of people got started, our will to show off.

If we have no one to show off to, what's the point in showing off? I want to see me in your eyes. Oh yes, I live so much by you, through you. I come to know better what I am and who I am, through you, your eyes, your feelings, your general attitudes to what is called me.

One who stays on a desert island for many years soon loses their sense of personal identity. The more we mix with others, the more we are aware of ourselves.

Well, go to sleep. I'm going home.

COMMENT: *Thank you very much for coming Professor.*

Thank you, and thank you so much my dear for having us here. It has been a jolly thing for me to come here.

QUESTION: *But now that you are coming back here, who is going to greet us when we go where you are? And I understand I may be just a little light, and so you may not know me.*

Well, I'll tell you my dear, I think I shall still be in the world I am in when you get here. I can see now that I'm going to have to do

something about it. I'm going to have to hold on to enough of Alfred Luntz so that you know me when you get here. The chances of your getting here for at least another ten years is rather remote.

COMMENT: Professor Luntz, when you do come my sincerest wish for you is that you come across these taped teachings. It is hard enough without them. Not only are the teachings a solace, but they are also an energizer, your teachings as well as the beloved Yada and other members of the Inner Circle. So I hope you find them in your journey on the earth.

Thank you sir. I do hope so. Even if I do, I do not think I shall recognize any part of myself in it.

COMMENT: Perhaps not as a personality but you should be able to recognize the quality in the tapes.

Oh, yes, I hope to do that.

COMMENT: This is what I mean about the tapes. There are enough of us here that are trying to bring it into physical form, so that when you discover them you will be able to acknowledge them. I'm sure Yada won't lose track of you.

I know that he shan't even though I may lose track of them for a period of earth years. But then I may be able to pick him up from the tapes when I get back here. Yes! How fascinating! You know, I do not remember ever having read a fairy story when I was a child so exciting as this is. Isn't it enchanting? Isn't it exciting? Well, ta, ta.

GROUP: Thank you very much Professor Luntz.

*Our revels now are ended. These our actors,
As I fortold you, were all spirits and
Are melted into air, into thin air;
And, like the baseless fabric of this vision,
The cloud-capped towers, the gorgeous palaces,
The solemn temples, the great globe itself,
Yea, all which it inherit, shall dissolve,
And, like this insubstantial pageant faded,
Leave not a rack behind. We are such stuff
As dreams are made on, and our little life
Is rounded with a sleep.*

Shakespeare, The Tempest, Act IV SC. I

Those of us who have been in a position to have attended these lectures for several years, are appreciative of the fact that this has been a rare opportunity for us to learn many things about the cosmos, its formation, the laws of nature, etc.

We are trying to expand the distribution of this knowledge through the tape recorded lectures, and the establishment of study centers.

Anyone interested in the availability of the tape recorded lectures, or in starting such a study group, please write to:

The Mark Probert Kethra E'Da, P.O. Box 11672, Palo Alto, Calif.
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THE 500,000 YEAR OLD WISDOM
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THERE IS NO ONE
GREATER THAN YOU
FOR YOU ARE THE
CREATOR ITSELF

MAN IS KING OF
THE UNIVERSE BUT
HAS FORGOTTEN
HIS ROYAL BLOOD

YOU ARE A WONDER
BEYOND ALL WONDERS

LIFE IS MAGIC &
YOU ARE THE MAGICIAN

THE CREATOR IS MIND
& I AM IT

RE-GAIN BACK YOUR
ABILITY TO RULE
YOUR LIFE - NOW!

BECAUSE WE WAIT, WE

